

City of Milton Keynes Swim Club**Summer Open Meet Programme
Licensed at Level 3 (License 3SE180991)
Saturday 16th and Sunday 17th June 2018****Programme of Events****Saturday 16th June**

		Event number	
Session 1	08:30	Warm-up	1 400m Freestyle (male)
	08:35	Sign-in closes	2 50m Butterfly (female)
	09:40	Start	3 200m Backstroke (male)
			4 100m Individual Medley (female)
			5 100m Butterfly (male)
			6 100m Breaststroke (female)
			7 200m Individual Medley (male)
			8 200m Freestyle (female)
Session 2	12:30	Warm-up	9 400m Individual Medley (male)
	12:35	Sign-in closes	10 200m Breaststroke (female)
	13:40	Start	11 100m Freestyle (male)
			12 200m Butterfly (female)
			13 100m Backstroke (male)
			14 50m Freestyle (female)
			15 50m Breaststroke (male)
			16 50m Backstroke (female)
17-21			Boys Skins

Sunday 17th June

Session 3	08:30	Warm-up	22 400m Freestyle (female)
	08:35	Sign-in closes	23 50m Butterfly (male)
	09:40	Start	24 200m Backstroke (female)
			25 100m Individual Medley (male)
			26 100m Butterfly (female)
			27 100m Breaststroke (male)
			28 200m Individual Medley (female)
			29 200m Freestyle (male)
Session 4			12:30
	12:35	Sign-in closes	31 200m Breaststroke (male)
	13:40	Start	32 100m Freestyle (female)
			33 200m Butterfly (male)
			34 100m Backstroke (female)
			35 50m Freestyle (male)
			36 50m Breaststroke (female)
			37 50m Backstroke (male)
			38-42

All events are HDW.

AGE GROUPS 9, 10, 11, 12, 13, 14, 15 and 16 years & over.