**CMKSC Christmas Newsletter**

Dear Swimmers and Parents,

First of all, **Merry Christmas everyone**

**(Very) Brief Review**

Its not been a perfect first cycle for us but there has certainly been some highlights. We were yet again one of the top teams in the Regional Champs and had a high percentage of swimmers PB at Nationals. We’ve had an incredibly successful series of meets at Bletchley : thanks to everyone who volunteered. This meant many young swimmers got to compete locally and set PBs and gain racing experience. On the less positive side Hannah and I recognize County times were tougher for young swimmers this year and we are looking to feed this back to ONB and also support swimmers long term who just missed out. We’ve also had a high number of swimmers be ill and have performances effected. Now is a good time to press the refresh button and get training in for counties and beyond.

**Schedule Changes**

The new schedule is attached. This will come into use from Jan 1st 2023. There will be a number of squad moves. If moving squad you will be informed by 14th Dec.

* Academy has moved from Monday night at Wolverton to Thursday night at Leon. This provides more spaces for this growing section of the club.
* Ag3a has had significant pool time changes to link to Ag4 more often.
* P1b squad has been reinstated. This group provides some crossover from P to Ag groups.
* Friday night has been adjusted at Stantonbury so there are time adjustments for CD1, Pe, P1a, P2, Ag3b.

**Date for diaries:**

Counties and CoDerby (L1) entries for Jan and Feb have been resolved. After that….

March

10-12th March Deventio (L1) *Pe, P1a, P1b*

25&26th March Hatfield (L3) *P2, CD, Ag*

April

7-9th April Norwich (L1) *Pe, P1, AgP, Ag1, P2* OR 4th-9th April British Champs (QTs) Pe

22nd & 23rd April, 13th & 14th May *AG* Regionals (QTs) *P1b, AgP*

28th- 30th April Youth Regionals (QTs) *Pe, P1a*

19th May Manchester (L1) Pe, P1a, P1b

We will be reviewing local Level 3 meets for May but also any others suitable in the meantime.

Have a great Holiday period everyone, take the time out that you need to see family and friends but try and keep up your training too.