

**City of Milton Keynes Swim Club****Autumn Open Meet Programme****Licensed at Level 3 (3SE231585)****Bletchley Leisure Centre. Princes Way, Bletchley, Milton Keynes. MK2 2HQ****Programme of Events****Saturday 18<sup>th</sup> November 2023**

<b>Session 1</b>	<b>12.45 Warm-up</b>	<b>111</b>	<b>400m Individual Medley (openmale)</b>
	<b>12:50 Withdrawal closes</b>	<b>112</b>	<b>400m Individual Medley (female)</b>
	<b>13:35 Start</b>	<b>113</b>	<b>200m Butterfly (openmale)</b>
		<b>114</b>	<b>200m Butterfly (female)</b>
		<b>115</b>	<b>100m Freestyle (openmale)</b>
		<b>116</b>	<b>100m Freestyle (female)</b>
<b>Session 2</b>	<b>16:10 Warm-up</b>	<b>121</b>	<b>200m Breaststroke (openmale)</b>
	<b>16:15 Withdrawal closes</b>	<b>122</b>	<b>200m Breaststroke (female)</b>
	<b>17:00 Start</b>	<b>123</b>	<b>200m Backstroke (openmale)</b>
		<b>124</b>	<b>200m Backstroke (female)</b>
		<b>125</b>	<b>100m Butterfly (openmale)</b>
		<b>126</b>	<b>100m Butterfly (female)</b>
		<b>127</b>	<b>50m Breaststroke (openmale)</b>
		<b>128</b>	<b>50m Breaststroke (female)</b>

**Sunday 19<sup>th</sup> November 2023**

<b>Session 3</b>	<b>12.45 Warm-up</b>	<b>211</b>	<b>200m Individual Medley (openmale)</b>
	<b>12:50 Withdrawal closes</b>	<b>212</b>	<b>200m Individual Medley (female)</b>
	<b>13:35 Start</b>	<b>213</b>	<b>100m Backstroke (openmale)</b>
		<b>214</b>	<b>100m Backstroke (female)</b>
		<b>215</b>	<b>100m Breaststroke (openmale)</b>
		<b>216</b>	<b>100m Breaststroke (female)</b>
		<b>217</b>	<b>50m Butterfly (openmale)</b>
		<b>218</b>	<b>50m Butterfly (female)</b>
<b>Session 4</b>	<b>16:25 Warm-up</b>	<b>221</b>	<b>400m Freestyle (openmale)</b>
	<b>16:30 Withdrawal closes</b>	<b>222</b>	<b>400m Freestyle (female)</b>
	<b>17:15 Start</b>	<b>223</b>	<b>50m Backstroke (openmale)</b>
		<b>224</b>	<b>50m Backstroke (female)</b>
		<b>225</b>	<b>200m Freestyle (openmale)</b>
		<b>226</b>	<b>200m Freestyle (female)</b>
		<b>227</b>	<b>50m Freestyle (openmale)</b>
		<b>228</b>	<b>50m Freestyle (female)</b>

All events are HDW.

AGE GROUPS 9 Years; 10 years, 11 Years; 12 years, 13 years; 14 years,  
15 years;16 years & over