



City of Milton Keynes Swim Club

Annual Spring Open Meet Programme Licensed at Level 3 (License 3SE200502) Saturday 14th March 2020

Programme of Events

Saturday 14th March 2020

Session 1	08:00	Warm-up	101	400m Individual Medley (male)
	08:15	Withdrawal closes	102	50m Butterfly (female)
	09:05	Start	103	100m Backstroke (male)
			104	200m Breaststroke (female)
			105	100m Freestyle (male)
			106	100m Individual Medley (female)
			107	50m Breaststroke (male)
			108	200m Butterfly (female)
			109	400m Freestyle (male)
			110	50m Backstroke (female)
			111	200m Individual Medley (male)
			112	200m Freestyle (female)
			113	200m Backstroke (male)
			114	100m Butterfly (female)
			115	100m Breaststroke (male)
			116	50m Freestyle (female)
Session 2	13:00	Warm-up	201	50m Butterfly (male)
	13:15	Withdrawal closes	202	400m Individual Medley (female)
	14:05	Start	203	200m Breaststroke (male)
			204	100m Backstroke (female)
			205	100m Individual Medley (male)
			206	100m Freestyle (female)
			207	200m Butterfly (male)
			208	50m Breaststroke (female)
			209	50m Backstroke (male)
			210	400m Freestyle (female)
			211	200m Freestyle (male)
			212	200m Individual Medley (female)
		213	100m Butterfly (male)	
		214	200m Backstroke (female)	
		215	50m Freestyle (male)	
		216	100m Breaststroke (female)	

All events are HDW.

AGE GROUPS 9, 10, 11, 12, 13, 14, 15 and 16 years & over.