

Upper Cut off times – entry times must be equal to or slower than:

OPEN/MALE	AGE GROUP							
	9	10	11	12	13	14	15	16+
50 free	30.30	30.30	29.30	27.50	26.80	25.40	24.20	23.60
100 free	1:06.10	1:06.10	1:04.10	1:02.20	58.30	54.90	52.20	51.80
200 free	2:24.20	2:24.20	2:20.20	2:15.30	2:07.80	2:00.90	1:57.00	1:55.00
50 breast	40.20	40.20	39.20	36.30	34.60	32.20	30.20	29.90
100 breast	1:28.40	1:28.40	1:26.40	1:21.80	1:15.80	1:09.80	1:07.60	1:04.80
200 breast	3:09.00	3:09.00	3:01.70	2:51.80	2:41.40	2:33.80	2:25.00	2:20.40
50 fly	33.60	33.60	32.60	30.50	29.30	27.60	26.00	25.50
100 fly	1:16.90	1:16.90	1:12.90	1:09.00	1:04.00	1:00.80	58.20	56.80
200 fly	2:58.40	2:58.40	2:50.60	2:35.00	2:25.30	2:19.50	2:12.00	2:07.20
50 back	35.30	35.30	34.30	32.10	31.00	29.30	27.20	27.00
100 back	1:16.00	1:16.00	1:14.00	1:11.30	1:06.60	1:02.40	57.60	56.80
200 back	2:41.70	2:41.00	2:34.10	2:28.50	2:21.90	2:16.30	2:08.00	2:03.40
200 IM	2:44.20	2:44.20	2:40.20	2:34.40	2:23.80	2:16.40	2:11.50	2:09.50

FEMALE	AGE GROUP							
	9	10	11	12	13	14	15	16+
50 free	30.40	30.40	30.40	29.40	28.00	27.40	27.20	27.20
100 free	1:06.50	1:06.50	1:06.50	1:03.50	1:01.20	1:00.20	59.20	58.80
200 free	2:24.90	2:24.90	2:24.90	2:16.50	2:12.20	2:10.60	2:08.00	2:07.10
50 breast	40.00	40.00	40.00	37.30	36.10	35.00	34.30	34.00
100 breast	1:26.50	1:26.50	1:26.50	1:22.20	1:17.50	1:15.00	1:14.50	1:14.50
200 breast	3:05.00	3:05.00	2:58.50	2:55.50	2:47.00	2:44.00	2:39.50	2:39.50
50 fly	33.50	33.50	33.50	31.90	30.70	29.50	29.40	29.40
100 fly	1:15.00	1:15.00	1:15.00	1:08.00	1:04.40	1:04.40	1:03.00	1:03.00
200 fly	2:54.00	2:54.00	2:46.00	2:43.10	2:34.70	2:30.00	2:26.20	2:26.00
50 back	34.70	34.70	34.70	33.00	31.70	31.40	31.00	30.20
100 back	1:15.00	1:15.00	1:15.00	1:10.90	1:08.50	1:06.80	1:05.20	1:04.90
200 back	2:41.00	2:41.00	2:41.00	2:31.90	2:28.00	2:25.00	2:19.40	2:19.40
200 IM	2:44.30	2:44.30	2:44.30	2:35.90	2:28.00	2:27.00	2:25.00	2:24.00