**Swimming Events - the different types**

***a) Internal Events***

These are events run by FSC and which will only involve Farnham Swimming Club swimmers. Examples are our Club Champs or our Sprints Nights.

***b) Open Meets***

These are hosted by other swimming clubs and will include swimmers from many clubs.

***c) League Galas***

Swimmers will be selected by the club to swim in these and will generally only be told which event they will be swimming once they have arrived poolside for the gala.

***d) Championships***

These include events such as the Surrey Counties, South East Regionals (SER), Nationals, Open Water, Winter Regionals and Zonals. Championships have minimum qualifying times and a qualifying date which can be found on the relevant web sites.

*For details of upcoming swimming events, see the Events page on the Farnham Swimming Club website.  The coaches spend a long time identifying meets/galas that will provide sufficient gaps between each meet to tie in with the training programmes of each squad. Swimming at meets for 3/4/5 consecutive weeks will not help your child’s swimming development and is unlikely to result in improved performances.*