Kent Swimming Championships 2020
Individual Event Programme

	LAC					Crystal Palace					Crystal Palace				
	Saturday, 18 January 2020			Sunday, 19 January 2020		Saturday, 25 January 2020			Sunday, 26 January 2020		Saturday, 1 February 2020			Sunday, 2 February 2020	
Warm Up Time	9am					11am					11am				
Session 1	101	Mixed 1500m HDW	Session 4	201	Mixed 800m HDW	Session 7	301	Boys 400 IM HDW	Session 10	401	Girls 400 IM HDW	Session 13	501	Girls 200 IM HDW	Session 16	601	Boys 200 IM HDW
	Presentation			Presentation			302	Girls 150 IM HDW		402	Boys 150 IM HDW		502	Boys 400 Free HDW		602	Girls 400 Free HDW
							Presentation			Presentation			Presentation			Presentation	
Warm Up Time	12:00 pm					1:00 pm					2:15 pm				
Session 2	130	Boys 100 Breast Heats	Session 5	230	Boys 100 Fly Heats	Session 8	330	Girls 100 Back Heats	Session 11	430	Boys 100 Back Heats	Session 14	530	Girls 50 Back Heats	Session 17	630	Boys 50 Back Heats
	131	Girls 200 Fly HDW		231	Girls 200 Breast HDW		331	Boys 200 Free HDW		431	Girls 200 Free HDW		531	Boys 50 Fly Heats		631	Girls 50 Fly Heats
	132-138	Boys 100 Breast Finals		232-238	Boys 100 Fly Finals		332-338	Girls 100 Back Finals		432-438	Boys 100 Back Finals		532-538	Girls 50 Back Finals		632-638	Boys 50 Back Finals
	Presentation			Presentation			Presentation			Presentation			539-545	Boys 50 Fly Finals		639-645	Girls 50 Fly Finals
													Presentation			Presentation	
Warm Up Time	3:00 pm					4:00 pm					5:00 pm				
Session 3	150	Girls 100 Fly Heats	Session 6	250	Girls 100 Breast Heats	Session 9	350	Boys 100 Free Heats	Session 12	450	Girls 100 Free Heats	Session 15	550	Boys 50 Breast Heats	Session 18	650	Girls 50 Breast Heats
	151	Boys 200 Breast HDW		251	Boys 200 Fly HDW		351	Girls 200 Back HDW		451	Boys 200 Back HDW		551	Girls 50 Free Heats		651	Boys 50 Free Heats
	152-158	Girls 100 Fly Finals		252-258	Girls 100 Breast Finals		352-358	Boys 100 Free Finals		452-458	Girls 100 Free Finals		552-558	Boys 50 Breast Finals		652-658	Girls 50 Breast Finals
	Presentation			Presentation			Presentation			Presentation			559-565	Girls 50 Free Finals		659-665	Boys 50 Free Finals
													Presentation			Presentation	