**Aldershot booking dates for Performance squad**

**January => July 2020**

**Sundays 07:00 => 09:00 on the following dates :**

* January – 5
* February – 2, 9, 16
* March – 1, 8, 22
* April – No dates available
* May – 17, 24, 31
* June – 7, 14, 28
* July – 5, 19