25m, 8 lane pool, anti-turbulence lane ropes with electronic timing

This meet is affiliated to ASA South East Region and will be held under ASA laws and ASA technical rules together with the conditions and rules described in this document (“Conditions”).

This event is aimed at Club Swimmers in accordance with ASA. Open Meet Licensing Guidelines Level 3.

# **Age Groups**

Age groups are 9, 10, 11, 12, 13, 14 and 15+

Ages are as at **14th July 2018**

Swimmers must be, or have applied to be registered with the ASA and may only enter events in their own age group.

# **Events**

Heats will be run with all ages seeded together based on entry times and the slowest swimmers first. The final heat will be spearheaded.

The promoter reserves the right to amend the Programme of Events in order to ensure the smooth running of the meet.

When called for an event, swimmers must report to the competition stewards to be allocated a heat and lane number.

It is the responsibility of the individual to report to the stewarding area in sufficient time for each event.

The Promoters will not be held responsible for a swimmer missing the start of their particular heat.

Starts will be “over the top” where possible, at the Referee’s discretion, to ensure that the events run to time in each session.

# **Awards**

All events will be operated on a heat declared winner basis and awards will be made to the top three placed swimmers in each age group.

Presentations will not be made. Awards should be collected from the awards table.

Invitational races – qualification on the day – see details at the end of Conditions. Invitational races are not subject to ASA Licence.

# **Entries**

The **Closing Date** for entries is Sunday 1st July 2018. Entries will be accepted on a first-come-first served basis.

Entries must fall within the qualifying times as detailed in the attached table. Entries with no time will be accepted.

All submitted entry times must be slower than the upper limits specified. Swimmers with a time faster than the upper limit are not eligible to enter and any such entries received will forfeit their entry fee for that event. Maidenhead ASC reserves the right to check submitted times and refuse entry to anyone who has breached the condition.

All swimmers will be placed into heats based on their submitted entry times, slowest to fastest.

Entries must include date of birth and ASA registration number details. The names and club for each swimmer must be the same as that registered with the ASA.

Club entries *must* be made in an electronic format using the Sports System Entry Manager software. The entry file set will be available for download via <http://www.maidenheadmarlins.com>. No manual entries will be accepted.

Individual entries will be accepted for individuals who are the only entry from their club via the manual entry form available from <http://www.maidenheadmarlins.com> .

All clubs must return a fully completed signed Summary Entry Form by post or email. Entries will only be entered into our systems and processed once a fully completed signed Summary Entry Form and any fees due have been received and cleared.

Correct fees for entries, plus coach should be paid either by direct bank transfer (please use your club name as a reference so that we can identify your payment) or by cheque (one combined cheque per club please).

Cheques should be made payable to **MASC**.

Bank transfers should be made the the following account:

Account Name : MASC  
Account No : 49327143  
Sort code : 60 - 13 - 35  
Reference : [Your club name]

Any entry not accepted will be refunded in full; no other monies will be refunded. Funds for any entries not accepted will be available for collection in the coaches’ packs at the start of the meet.

Entries must be received before the Closing Dates. Details of accepted entries will be posted on the Maidenhead ASC website as soon as possible after closing.

The submission of entries will indicate acceptance of these Conditions.

# **Charges**

Entry Fees: £6.00 per event (to include the regional levy per event)

Spectator Entry: £5.00 per session; £8 for both sessions

Programmes: £1.00

Coach Passes: £15.00 each to include lunch, refreshments and a car park pass. *Note – in previous years, free parking has been available in the Hines Meadow Car Park opposite the Magnet; if this is the case this year, clubs will be advised and no car park passes will be issued.* Only competing swimmers and swimming coaches/Team Managers displaying the appropriate pass (max 3 per club, at Promoter’s discretion) will be allowed on poolside for Health/Safety Insurance reasons.

# **Officials**

Without sufficient licensed ASA officials we will not be able to run this meet. We would really appreciate all clubs sending swimmers to provide names and contact details of as many willing officials as possible on the entry form. Thank you.

# **Facilities**

This gala will take place at **The Magnet Leisure Centre, Holmanleaze, Maidenhead SL6 8AW** (“the Magnet”) which offers an eight lane 25m pool with anti wave lane ropes and automated officiating equipment.

Pay & Display parking is avaialble at the Magnet and in the Hines Meadow Car Park (Sainsbury’s).

# **Warm Up**

The pool will be available for warm up at the start of each session. Timings will be as indicated in the Schedule of Events and the Programme.

Swimmers should swim in the direction indicated by the lane direction cards during warm up.

Warm up marshals will be appointed, but coaches must supervise their swimmers during this period so as not to endanger themselves or others whilst in the water.

Diving is not permitted during warm up except in designated sprint lanes as advised by the warm up marshals.

# **General**

For safety and comfort reasons, we request that all swimmers place their swimming bags in the lockers provided. The lockers require a small padlock, which can either be brought with the swimmer or purchased at reception for a small fee.

The changing rooms are unisex and will be patrolled during the Meet to ensure the safety of all the swimmers. It should also be noted that the Magnet has security cameras in operation in this area.

Possessions and articles must not be left unattended as neither the Promoters nor the Magnet will accept any liability for any loss or damage that may occur during the meet.

The Teaching pool, bubble pool, jacuzzis and slides are out of bounds at all times to all swimmers.

Swimmers must wear suitable clothing and footwear on poolside. No wet clothing is allowed in the spectator seating area.

Clubs should be aware that the recommended ratio of adults to swimmers on poolside is 1:10.

Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. By submitting an entry, participants agree to be bound by any decisions made by the Promoter.

# **Health and Safety**

All paticipants must observe the safety precautions in operation at the Magnet.

Swimmers and coaches must ensure that they take no action that could potentially endanger themselves or others.

Supervision and behaviour of the swimmers is the responsibility of their swimming clubs at all times.

Prior to leaving the pool area, swimmers must dry off and put on appropriate clothing and footwear.

It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the ASA Competitive Start Award. Competitors may start from the side or in the water.

# **Data Protection**

Entries for this meet will be held and processed on a computer. By submitting entries, consent is deemed to have been given, as required by current legislation, to the holding and processing of personal information on a computer. Personal data, including submitted and recorded times, will be publicly available and accessible via the Internet before and after the meet.

# **Contact Details**

The meet is promoted by Maidenhead Amateur Swimming club

**For any information regarding the meet please see** [**http://www.maidenheadmarlins.com**](http://www.maidenheadmarlins.com) **in the first instance (select the Own Open Meets Information item on the main menu).**

For queries and submission of electronic entry files please email openmeets@maidenheadmarlins.com

Please post Summary Entry Forms, including Coach pass requests, along with cheques to:

Open Meets

Maidenhead ASC

Mulberry Cottage

Winter Hill Road

Cookham Dean

Maidenhead

SL6 6PJ

# **Qualifying Times**

## LOWER QUALIFYING TIMES

There are no lower qualifying times for this meet. NT entries will be accepted.

## UPPER QUALIFYING TIMES :

**MALE: “Upper” = No faster than**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | **9 & 10** | **11** | **12** | **13** | **14** | **15**+ |
| **50 FR** | Upper | 33.00 | 29.50 | 28.00 | 27.00 | 26.50 | 25.50 |
| **50 BR** | Upper | 41.00 | 39.00 | 36.00 | 34.50 | 33.00 | 31.00 |
| **50 BK** | Upper | 36.50 | 33.00 | 32.00 | 31.00 | 30.00 | 29.00 |
| **50 FLY** | Upper | 36.00 | 33.00 | 31.75 | 31.00 | 29.50 | 28.50 |
| **100 FR** | Upper | 1:10.00 | 1:06.00 | 1:03.00 | 1:02.00 | 59.0 | 58.0 |
| **100 BR** | Upper | 1:34.00 | 1:26.00 | 1:24.00 | 1:20.10 | 1:15.00 | 1:14.00 |
| **100 BK** | Upper | 1:18.00 | 1:12.00 | 1:09.00 | 1:07.00 | 1:06.50 | 1:06.50 |
| **100 FLY** | Upper | 1:20.00 | 1:16.00 | 1:13.00 | 1:09.00 | 1:06.00 | 1:05.00 |
| **100 IM** | Upper | 1:18.00 | 1:15.00 | 1:12.50 | 1:11.00 | 1:09.50 | 1:08.50 |
| **200 FR** | Upper | 2:30.00 | 2:20.00 | 2:15.00 | 2:13.00 | 2:10.00 | 2:05.00 |

**FEMALE: “Upper” = No faster than**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | **9 & 10** | **11** | **12** | **13** | **14** | **15+** |
| **50 FR** | Upper | 33.00 | 29.50 | 28.00 | 27.00 | 26.50 | 25.50 |
| **50 BR** | Upper | 41.00 | 39.00 | 36.00 | 34.50 | 33.00 | 31.00 |
| **50 BK** | Upper | 36.50 | 33.00 | 32.00 | 31.00 | 30.00 | 29.00 |
| **50 FLY** | Upper | 36.00 | 33.00 | 31.75 | 31.00 | 29.50 | 28.50 |
| **100 FR** | Upper | 1:10.00 | 1:06.00 | 1:03.00 | 1:02.00 | 59.0 | 58.0 |
| **100 BR** | Upper | 1:34.00 | 1:26.00 | 1:24.00 | 1:20.10 | 1:15.00 | 1:14.00 |
| **100 BK** | Upper | 1:18.00 | 1:12.00 | 1:09.00 | 1:07.00 | 1:06.50 | 1:06.50 |
| **100 FLY** | Upper | 1:20.00 | 1:16.00 | 1:13.00 | 1:09.00 | 1:06.00 | 1:05.00 |
| **100 IM** | Upper | 1:18.00 | 1:15.00 | 1:12.50 | 1:11.00 | 1:09.50 | 1:08.50 |
| **200 FR** | Upper | 2:30.00 | 2:20.00 | 2:15.00 | 2:13.00 | 2:10.00 | 2:05.00 |

# **Registration**

There will be no signing in. Once an entry has been accepted, a competitor shall swim or give notice of withdrawal. Notice of withdrawals from a club should be given to the Recorders at least 45 minutes before the start of the session.

# **Programme of events**

|  |  |  |  |
| --- | --- | --- | --- |
| Session 1 : Warm up 11.30am; Start 12:15pm | | | |
| Event 1 | Girls | 100m | Breaststroke |
| Event 2 | Boys | 100m | Individual Medley |
| Event 3 | Girls | 50m | Freestyle |
| Event 4 | Boys | 100m | Backstroke |
| Event 5 | Girls | 50m | Butterfly |
| Event 6 | Boys | 50m | Breaststroke |
| Event 7 | Girls | 50m | Backstroke |
| Event 8 | Boys | 100m | Butterfly |
| Event 9 | Girls | 100m | Freestyle |
| Event 10 | Boys 200m Freestyle | | |
|  | | | |
| Session 2: Warm up 3.00pm; Start 3.45pm | | | |
| Event 11 | Boys | 100m | Breastroke |
| Event 12 | Girls | 100m | Individual Medley |
| Event 13 | Boys | 50m | Freestyle |
| Event 14 | Girls | 100m | Backstroke |
| Event 15 | Boys | 50m | Butterfly |
| Event 16 | Girls | 50m | Breaststroke |
| Event 17 | Boys | 50m | Backstroke |
| Event 18 | Girls | 100m | Butterfly |
| Event 19 | Boys | 100m | Freestyle |
| Event 20 | Girls 200m Freestyle | | |
|  |  | | |

# **Summary Entry Form**

|  |  |
| --- | --- |
| CLUB |  |
| CONTACT Name |  |
| CONTACT ADDRESS |  |
|  |
|  |
|  |
|  |
| EMAIL |  |
| TELEPHONE NUMBER |  |
|  | |
| Total number of swimmer entries |  |
| Total cost of swimmer entries | @ £6.00 each |
| Number of coach passes |  |
| Total cost of coach passes | @ £15 each |
| Total alue of cheque enclosed  (All cheques payable to MASC) |  |