



## Frequently asked questions

1. How can I stay up to date with important info regarding training/galas? *Send your info to the webmaster at [info@rrsc.org.uk](mailto:info@rrsc.org.uk) or register on the website.*
2. How can I buy my child club kit (hat, bag, costume ,t-bag etc)? *Ask Debby Campion at any training session or at the club championships.*
3. My child doesn't have an ASA membership number, what do I do? *Ask Tanya Tilley*
4. What do I do if my child forgets their card at a training session? *Inform the desk of the name and number.*
5. I want to get more involved with the club, who do I ask? *Speak to anyone at the desk, help is always wanted and appreciated.*
6. Can my child gain awards through the club? *Yes, speak to Chris Green on a Friday night.*
7. How do I find out which squad my child is on? *On the website, and when they join you should be told.*
8. What are the logbooks for? *Recording Personal Bests.*
9. What if my child loses their membership card? *Tell the desk and pay 25p for a new one.*
10. My child joined half way through the year- I paid a membership fee and ASA fee when will I have to pay these again? *January each year*
11. What if my child is unhappy at the club? *Tell someone at the desk, or email a committee member- addresses on website.*
12. My child is about to do their first gala- what shall they do and bring and will someone be there to meet them? *Sign in, a coach will be on poolside, bring spare towels, hat, goggles, food and lots of drinks.*
13. Is there swimming on a bank holiday weekend? *No there is no swimming on the Sunday before or the Bank Holiday Monday.*

14. Do you run any social events? *Yes we run a number of social events throughout the year - our annual dinner and dance every January, Summer BBQ, Christmas drinks and nibbles and various theatre trips and other events throughout the year.*
15. How do I know if my child has been chosen to swim in a gala? *You should check the desk at training nights - and sign to confirm your child's attendance if their name is on the list.*
16. What is a club gala? *A club gala is a gala with a relaxed setting- a good way of getting new/younger swimmers into competing. E.g. Annual RRSC Club Championships.*
17. What is an inter- club gala? *An inter club gala is a gala swum against other clubs. It can be organised by clubs or swimming bodies e.g. Speedo. They can be graded as A, B or C which enables swimmers who might not normally be chosen for other galas, as their times may not be fast enough to participate. The coaches choose the swimmers for these galas. Your child may only swim in a small number of races/relays, but you should encourage them to participate to help create a "team spirit". These gala do not involved entry fees to swim.*
18. What is an open meet? *An open meet is the most common gala that takes place throughout the year all over the country at different levels to enable swimmers of different abilities to take part. Swimmers enter these galas as individuals- they should consult their coach regarding which events to enter for each stroke. A variety of strokes and distances should be chosen. **Swimmers must be 9 years and over to enter an open meet.** These events involve an entry fee - parents should fill out forms (available at the desk) and hand them in before the closing date with entry fees.*
19. What is a Level 4 open meet? *These are aimed at swimmers competing at a low level (below county standard) This is a good level of competition to start at as long as your child's time isn't faster than those published.*
20. What is a Level 3 open meet? *These meets are suitable for swimmers trying to qualify for County Championships. The meet can have upper and lower time limits - swimmers must be faster than the lower limit but slower than the upper limit. This is also a good level of competition to start at.*
21. What is a Level 2 open meet? *These meets are suitable for swimmers trying to qualify for Regional Times. The meet has upper and lower time limits- swimmers must be faster than the lower limit but slower than the upper limit. This is a good level for swimmers who already have County times.*
22. What is a Level 1 open meet? *These meets are the highest level of meets and only have lower qualifying times e.g. the swimmer must have a time faster than entry times shown. These meets are suitable only for the top swimmers trying to achieve National Times.*
23. What are the county championships? *These will probably be the first major event swimmers take part in. They are usually held February/ March time. It's like a level 1 open meet in that*

*there is only lower limit times which swimmers must have achieved before entering. In the autumn leading up to the event the previous year's qualifying times are published on the ASA Surrey County Website. They may alter a little from the previous year but can be used as a guide for something to aim for. If a swimmer's time is faster than the times published then they should enter for their own development and for the prestige of the club. Parents will have to fill in a form and pay to enter their child into these events.*

24. *What are regional championships? These are usually held May/June time. Clubs from the South East region are able to enter swimmers for this event if they have achieved regional qualifying times (published on the South East Region Website) This is a high level competition and RRSC would expect elite swimmers to obtain these times to enable them to compete. Parents have to fill in entry forms and pay entry fees.*
25. *What are national championships? These are usually held in August. This is the top level of age group swimming and is open to all swimmers of English nationality who achieve a national qualifying time. The qualifying times are available from the ASA website. RRSC would expect all swimmers who achieve these times to enter at this level as they would have had to put a lot of effort in to get this far.*

If you are still unsure- ask your coach.