

## Masters Summer Tick-over Training: July 26th - August 26th

TRAINING GRID	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Masters		WOKING COMP POOL 06:15 - 08:00		WOKING COMP POOL 06:15 - 08:00	WOKING COMP POOL 06:15 - 08:00		