



COVID-19 SSC Factsheet – Minnows Walthamstow Hall

- Parents and swimmers are to arrive 5 minutes before the start of their session. They should queue down the path from the top of the car park, leading towards the pool building. Social distancing markers are in place.
- An SSC COVID Officer will be there to greet you and take a register.
- Changing rooms will not be used. Swimmers must arrive and depart beach ready – they can only towel down at the end of a session, and put onesies, or similar, back on.
- Equipment - Swimmers should bring hat, goggles, water bottle and towel.
- Swimmers will then be taken into the pool building reception area, where they will be shown to store their shoes and then led poolside.
- Swimmers will be asked to shower before entering the pool. They will be assisted into and out of the showers by COVID Liaison officers.
- Parents are not permitted inside facility unless there is an emergency. They will be contacted by the COVID Liaison officer if this is the case.
- Parents may view the session from the outside of the pool building, adhering to social distancing measures.
- Swimmers should be collected by parents, and go back to the car park, via the pathway alongside the pool building
- Coaches and COVID Officers will wear face masks when swimmers are poolside and take them off once swimmers are in the water.
- Swimmers are asked to use the toilet before leaving home. A toilet will be available for use in the changing rooms if required.
- Poolside will be cleaned in between sessions
- PPE will be available at each session – face masks, gloves, hand sanitiser will be on hand for each Coach and COVID officer
- Parents not permitted to speak to coaches before or after sessions. If they have a query it must be sent to the Minnows representative. (minnows@sevenoakssc.org)
- As per Swim England Guidelines, swimmers/parents must complete Health Screening, Risk Awareness Health Declaration and Code of Conduct documentation. Swimmers will not be allowed to participate in lessons if they are not completed.



If a swimmer, or member of their family display symptoms of COVID-19:

- The swimmer must not come to sessions, should self-isolate for 7 days and ideally get tested.
- The Club Covid Leads must be notified immediately.
- If the test is negative, they can return to training subject to NHS recommendations supplied with the test result.
- If positive, then the swimmer must follow government guidelines and not return to training until fully recovered. Follow guidelines on returning to exercise after recovering from Covid-19

If such an incident should occur a club-wide decision will be taken based on the guidance at the time

COVID Liaison officers will be present at every session. Below is a description of their role.

Swim England Definition:

- A liaison officer attends the sessions and makes sure protocols set by the 'lead' are in place, working, and being followed.
- Speak to any members or workforce breaking those protocols.
- Report back to Covid-19 lead (Tracy Miller and Liz Wallace) if things need to be amended or improved.

What are SSC Protocols?

- Swimmers to queue outside of facility adhering to social distancing guidelines
- Swimmers to be registered upon entry (by Coaches in Team Unify)
- Liaison Officers must ensure:
 - No sharing of equipment and/or water bottles
 - No usage of facility equipment
 - Swimmers are maintaining social distancing
- Post swim COVID Liaison officers will lead swimmers out of the pool building, ensuring they are met by a parent.
- Liaison Officers must ensure they always wear face masks while children are outside of the pool.

What else will Liaison Officers be expected to do?

- Make a record of any disciplinary incidents (including those swimmers not maintaining social distancing rules), and report to COVID Officers.
- Assist swimmers with any medical issues – Record any medical incidents during sessions, and advise COVID Officers
- Use emergency contact details in Team Unify contact parents if necessary. (Coaches are able to access)
- Ensure parents are adhering to guidelines set – spectators are prohibited, and parents must not try to talk with coaches before or after sessions.
- Supervise swimmers requiring use of the toilets – 1 in, 1 out.
- Stock check PPE – advise COVID Officers when more is needed
- Ensure all paperwork has been cleared from poolside once sessions have been completed.

SSC COVID Leads: Liz Wallace (sec@sevenoakssc.org) & Tracy Miller (treasurer@sevenoakssc.org)