

Timetable - W/C 6th Dec - 12th Dec					
Squad	Day	Start Time	End Time	Activity	Location
YP	Monday 6th December	5:45am	7:30am	Swim	Sennocke
YP	Tuesday 7th December	5:45am	7:30am	Swim	Sennocke
YP	Tuesday 7th December	7:15pm	9:00pm	Swim	Sennocke
YP	Wednesday 8th December	6:00pm	8:00pm	Swim	Leisure Centre
YP	Thursday 9th December	6:00pm	6:30pm	Land	Leisure Centre
YP	Thursday 9th December	6:45pm	8:45pm	Swim	Leisure Centre
YP	Friday 10th December	6:15pm	8:15pm	Swim	Sennocke
YP	Sunday 12th December	8:30am	10:30am	Swim	Leisure Centre
YD+	Monday 6th December	5:45am	7:30am	Swim	Sennocke
YD+	Tuesday 7th December	5:45am	7:30am	Swim	Sennocke
YD+	Tuesday 7th December	7:30pm	9:00pm	Swim	Radnor House
YD+	Wednesday 8th December	6:30pm	7:15pm	Land	Radnor House
YD+	Wednesday 8th December	7:30pm	9:00pm	Swim	Radnor House
YD+	Thursday 9th December	7:00pm	8:15pm	Swim	Sennocke
YD+	Friday 10th December	6:15pm	8:15pm	Swim	Sennocke
YD+	Saturday 11th December	7:30am	9:15am	Swim	Leisure Centre
YD+	Sunday 12th December	6:00pm	8:00pm	Swim	Leisure Centre
AGP	Tuesday 7th December	5:45am	7:30am	Swim	Sennocke
AGP	Tuesday 7th December	7:15pm	9:00pm	Swim	Sennocke
AGP	Wednesday 8th December	6:00pm	8:00pm	Swim	Leisure Centre
AGP	Thursday 9th December	6:45pm	8:45pm	Swim	Leisure Centre
AGP	Friday 10th December	7:30pm	9:00pm	Swim	Leisure Centre
AGP	Friday 10th December	6:30pm	7:15pm	Land	Leisure Centre
AGP	Sunday 12th December	8:30am	10:30am	Swim	Leisure Centre
YD	Monday 6th December	7:00pm	9:00pm	Swim	Leisure Centre
YD	Tuesday 7th December	7:30pm	9:00pm	Swim	Radnor House
YD	Wednesday 8th December	6:30pm	7:15pm	Land	Radnor House
YD	Wednesday 8th December	7:30pm	9:00pm	Swim	Radnor House
YD	Thursday 9th December	7:00pm	8:15pm	Swim	Sennocke
YD	Saturday 11th December	7:30am	9:15am	Swim	Leisure Centre
YD	Sunday 12th December	6:00pm	8:00pm	Swim	Leisure Centre
AGD 1	Tuesday 7th December	6:00pm	7:30pm	Swim	Leisure Centre
AGD 1	Wednesday 8th December	7:20pm	8:30pm	Swim	St Michael's
AGD 1	Thursday 9th December	7:30pm	9:00pm	Swim	Radnor House
AGD 1	Friday 10th December	7:30pm	9:00pm	Swim	Leisure Centre
AGD 1	Friday 10th December	6:30pm	7:15pm	Land	Leisure Centre
AGD 1	Sunday 12th December	11:15am	1:15pm	Swim	Sennocke
AGD 2	Tuesday 7th December	6:00pm	7:30pm	Swim	Radnor House
AGD 2	Wednesday 8th December	6:20pm	7:20pm	Swim	St Michael's
AGD 2	Thursday 9th December	6:00pm	7:30pm	Swim	Radnor House
AGD 2	Friday 10th December	6:00pm	7:30pm	Swim	Leisure Centre
AGD 2	Sunday 12th December	11:15am	1:15pm	Swim	Sennocke
JD	Monday 6th December	6:00pm	7:00pm	Swim	Leisure Centre
JD	Wednesday 8th December	6:00pm	7:30pm	Swim	Radnor House
JD	Friday 10th December	6:00pm	7:30pm	Swim	Leisure Centre
JD	Sunday 12th December	8:00am	9:30am	Swim	Radnor House
CD	Monday 6th December	7:15pm	8:30pm	Swim	St Michael's
CD	Thursday 9th December	8:15pm	9:15pm	Swim	Sennocke
CD	Saturday 11th December	8:00am	10:00am	Swim	Radnor House
CD	Sunday 12th December	6:00pm	8:00pm	Swim	Leisure Centre
OAG	Monday 6th December	6:00pm	7:15pm	Swim	St Michael's
OAG	Thursday 9th December	5:30pm	6:45pm	Swim	Leisure Centre
OAG	Sunday 12th December	9:30am	11:00am	Swim	Radnor House
OAS	Monday 6th December	6:00pm	7:15pm	Swim	St Michael's
OAS	Thursday 9th December	5:30pm	6:45pm	Swim	Leisure Centre
OAS	Sunday 12th December	11:00am	12:00pm	Swim	Radnor House
OAB	Monday 6th December	6:30pm	7:30pm	Swim	New Beacon
OAB	Thursday 9th December	5:30pm	6:45pm	Swim	Leisure Centre
OAB	Sunday 12th December	11:00am	12:00pm	Swim	Radnor House
Club	Monday 6th December	7:15pm	8:30pm	Swim	St Michael's
Club	Sunday 12th December	9:30am	11:00am	Swim	Radnor House
Masters	Monday 6th December	6:30pm	7:15pm	Land	Zoom
Masters	Wednesday 8th December	8:00pm	9:00pm	Swim	Leisure Centre
Masters	Thursday 9th December	8:15pm	9:15pm	Swim	Sennocke
Masters	Sunday 12th December	8:00pm	9:00pm	Swim	Leisure Centre
WPJ	Sunday 12th December	10:15am	11:15am	Swim	Sennocke
WPS	Wednesday 8th December	9:00pm	10:00pm	Swim	Leisure Centre

Timetable - W/C 13th Dec - 19th Dec					
Squad	Day	Start Time	End Time	Activity	Location
YP	Monday 13th December	5:45am	7:30am	Swim	Sennocke
YP	Monday 13th December	6:00pm	7:30pm	Swim	Radnor House
YP	Tuesday 14th December	5:45am	7:30am	Swim	Sennocke
YP	Tuesday 14th December	7:15pm	21:00	Swim	Sennocke
YP	Thursday 16th December	7:00pm	9:00pm	Swim	Radnor House
YD+	Monday 13th December	5:45am	7:30am	Swim	Sennocke
YD+	Monday 13th December	7:30pm	9:00pm	Swim	Radnor House
YD+	Tuesday 14th December	5:45am	7:30am	Swim	Sennocke
YD+	Tuesday 14th December	7:30pm	21:00	Swim	Radnor House
YD+	Wednesday 15th December	6:30pm	7:15pm	Land	Radnor House
YD+	Wednesday 15th December	7:30pm	9:00pm	Swim	Radnor House
YD+	Thursday 16th December	7:00pm	8:15pm	Swim	Sennocke
AGP (competing)	Monday 13th December	6:00pm	7:30pm	Swim	Radnor House
AGP	Tuesday 14th December	5:45am	7:30am	Swim	Sennocke
AGP	Tuesday 14th December	7:15pm	21:00	Swim	Sennocke
AGP	Wednesday 15th December	6:00pm	7:30pm	Swim	Radnor House
AGP	Thursday 16th December	7:00pm	8:15pm	Swim	Sennocke
YD	Monday 13th December	7:30pm	9:00pm	Swim	Radnor House
YD	Tuesday 14th December	7:30pm	21:00	Swim	Radnor House
YD	Wednesday 15th December	6:30pm	7:15pm	Land	Radnor House
YD	Wednesday 15th December	7:30pm	9:00pm	Swim	Radnor House
YD	Thursday 16th December	7:00pm	8:15pm	Swim	Sennocke
AGD 1 (competing)	Monday 13th December	7:15pm	8:30pm	Swim	St Michael's
AGD 1	Tuesday 14th December	6:00pm	7:30pm	Swim	Radnor House
AGD 1 (not competing)	Wednesday 15th December	7:20pm	8:30pm	Swim	St Michael's
AGD 1 (competing)	Wednesday 15th December	6:00pm	7:30pm	Swim	Radnor House
AGD 1	Thursday 16th December	6:00pm	7:00pm	Swim	Radnor House
AGD 2	Monday 13th December	7:15pm	8:30pm	Swim	St Michael's
AGD 2	Tuesday 14th December	6:00pm	7:30pm	Swim	Radnor House
AGD 2	Wednesday 15th December	7:20pm	8:30pm	Swim	St Michael's
AGD 2 (competing)	Thursday 16th December	6:00pm	7:00pm	Swim	Radnor House
JD	Monday 13th December	6:00pm	7:15pm	Swim	St Michael's
JD	Wednesday 15th December	6:20pm	7:20pm	Swim	St Michael's
JD	Saturday 18th December	8:00am	10:00am	Swim	Radnor House
CD	Thursday 16th December	8:15pm	9:15pm	Swim	Sennocke
CD	Saturday 18th December	8:00am	10:00am	Swim	Radnor House
OAG	Tuesday 14th December	6:15pm	7:15pm	Swim	New Beacon
OAG	Sunday 19th December	9:30am	11:00am	Swim	Radnor House
OAS	Monday 13th December	6:30pm	7:30pm	Swim	New Beacon
OAS	Sunday 19th December	11:00am	12:00pm	Swim	Radnor House
OAB	Monday 13th December	6:30pm	7:30pm	Swim	New Beacon
OAB	Sunday 19th December	11:00am	12:00pm	Swim	Radnor House
Club	Sunday 19th December	9:30am	11:00am	Swim	Radnor House
Masters	Monday 13th December	6:30pm	7:15pm	Land	Zoom
Masters	Thursday 16th December	8:15pm	9:15pm	Swim	Sennocke
Masters	Sunday 19th December	8:00am	9:30am	Swim	Radnor House
WPJ	Sunday 19th December	10:15am	11:15am		Sennocke

Christmas Timetable 2021 - W/C 20th Dec - 2nd Jan					
Squad	Day	Start Time	End Time	Activity	Location
YP	Monday 20th December	9am	11am	Swim	Sennocke
YP	Tuesday 21st December	9am	11am	Swim	Sennocke
YP	Thursday 23rd December	10:45am	12:45pm	Swim	Sennocke
YP	Tuesday 28th December	9am	11am	Swim	Sennocke
YP	Wednesday 29th December	11:45am	1:45pm	Swim	Sennocke
YP	Thursday 30th December	9am	10:45am	Swim	Sennocke
YP	Sunday 2nd January	11am	1pm	Swim	Leisure Centre
YD+	Monday 20th December	12:30pm	2:15pm	Swim	Sennocke
YD+	Tuesday 21st December	9am	11am	Swim	Sennocke
YD+	Thursday 23rd December	10:45am	12:45pm	Swim	Sennocke
YD+	Tuesday 28th December	9am	11am	Swim	Sennocke
YD+	Thursday 30th December	10:45am	12:30pm	Swim	Sennocke
YD+	Sunday 2nd January	9:30am	11am	Swim	Leisure Centre
AGP	Monday 20th December	9am	11am	Swim	Sennocke
AGP	Tuesday 21st December	11am	12:45pm	Swim	Sennocke
AGP	Thursday 23rd December	9am	10:45am	Swim	Sennocke
AGP	Tuesday 28th December	9am	11am	Swim	Sennocke
AGP	Wednesday 29th December	11:45am	1:45pm	Swim	Sennocke
AGP	Thursday 30th December	9am	10:45am	Swim	Sennocke
AGP	Sunday 2nd January	11am	1pm	Swim	Leisure Centre
YD	Monday 20th December	12:30pm	2:15pm	Swim	Sennocke
YD	Tuesday 21st December	11am	12:45pm	Swim	Sennocke
YD	Thursday 23rd December	9am	10:45am	Swim	Sennocke
YD	Tuesday 28th December	11am	12:45pm	Swim	Sennocke
YD	Thursday 30th December	10:45am	12:30pm	Swim	Sennocke
YD	Sunday 2nd January	9:30am	11am	Swim	Leisure Centre
AGD 1	Monday 20th December	11am	12:30pm	Swim	Sennocke
AGD 1	Tuesday 21st December	12:45pm	2:15pm	Swim	Sennocke
AGD 1	Wednesday 22nd December	10:15am	11:45pm	Swim	Sennocke
AGD 1	Thursday 23rd December	12:45pm	2:15pm	Swim	Sennocke
AGD 1	Wednesday 29th December	9am	10:30am	Swim	Sennocke
AGD 1	Thursday 30th December	12:30pm	2pm	Swim	Sennocke
AGD 1	Sunday 2nd January	1pm	2:30pm	Swim	Leisure Centre
AGD 2	Monday 20th December	11am	12:30pm	Swim	Sennocke
AGD 2	Tuesday 21st December	12:45pm	2:15pm	Swim	Sennocke
AGD 2	Wednesday 22nd December	10:15am	11:45pm	Swim	Sennocke
AGD 2	Thursday 23rd December	12:45pm	2:15pm	Swim	Sennocke
AGD 2	Wednesday 29th December	9am	10:30am	Swim	Sennocke
AGD 2	Thursday 30th December	12:30pm	2pm	Swim	Sennocke
AGD 2	Sunday 2nd January	1pm	2:30pm	Swim	Leisure Centre
JD	Monday 20th December	11am	12:30pm	Swim	Sennocke
JD	Wednesday 22nd December	10:15am	11:45pm	Swim	Sennocke
JD	Wednesday 29th December	9am	10:30am	Swim	Sennocke
JD	Sunday 2nd January	1pm	2:30pm	Swim	Leisure Centre
CD	Monday 20th December	12:30pm	2:15pm	Swim	Sennocke
CD	Wednesday 22nd December	10:15am	11:45pm	Swim	Sennocke
CD	Tuesday 28th December	11am	12:45pm	Swim	Sennocke
CD	Thursday 30th December	10:45am	12:30pm	Swim	Sennocke
OAG	Monday 20th December	2:15pm	3:15pm	Swim	Sennocke
OAG	Wednesday 22nd December	9am	10:15am	Swim	Sennocke
OAG	Wednesday 29th December	10:30am	11:45am	Swim	Sennocke
OAS	Monday 20th December	2:15pm	3:15pm	Swim	Sennocke
OAS	Wednesday 22nd December	9am	10:15am	Swim	Sennocke
OAS	Wednesday 29th December	10:30am	11:45am	Swim	Sennocke
OAB	Monday 20th December	2:15pm	3:15pm	Swim	Sennocke
OAB	Wednesday 22nd December	9am	10:15am	Swim	Sennocke
OAB	Wednesday 29th December	10:30am	11:45am	Swim	Sennocke
Club	Tuesday 21st December	12:45pm	2:15pm	Swim	Sennocke
Club	Thursday 23rd December	12:45pm	2:15pm	Swim	Sennocke
Club	Thursday 30th December	12:30pm	2pm	Swim	Sennocke
Masters	Sunday 2nd January	8:30am	9:30pm	Swim	Leisure Centre