



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

WELCOME BACK

Prior to writing this newsletter I looked back at the same edition from last year and noted that it began as follows.

'Although titled the Summer edition of the Newsletter, for some of us who have remained in the UK during the past few months you could be confused for not having noticed the time of year!'

Clearly the summer of 2018 brought much more sunshine and heat than we got in 2017, although the August Bank Holiday does appear to signalled early onset autumn!

Despite the period between May and August including the traditional summer closure for the club, there has been much going on, and so as we head into a very busy few months this edition will hopefully bring you all up to speed with what has been going on.

As always we hope the information provided is useful to you wherever your children swim within the club, whether at our entry level Lessons or in our top Performance squads. If you have any comments on the content, and things you feel should potentially be covered in future then please contact us at

southcroydonsnews@gmail.com.

CLUB NEWS

AGM

The club AGM was held on 15 June at Waddon, with a good turn out from parents – many thanks if you came along or sent apologies for your absence.

ANNUAL GENERAL MEETING

Following the meeting, and the election of committee the following are your primary club representatives for the coming year.

Committee

Mark Purser	Club Chairman
Phyllis Grout	Club Treasurer
Lisa De Azevedo	Membership Secretary
Rachel Wootton	Teaching School Manager
Fiona Corby	Club Secretary
Hannah Davies	Gala Secretary
Mary Cooper	Minute Secretary/Committee

In addition, the following people have kindly agreed to assist with the running of the club.

Vacant (Sam Purser acting)	Officials Co-ordinator / ASA Secretary
Sheila Stewart	Assistant Finance Officer (Squad Fees)
Cindy Piper	Website Administrator
Greg Capper	SwimMark Co-ordinator
Julia Gant	Welfare Officer
Neil Gough	Press Officer/Newsletters
Sarah Hardy	SCSC Merit Awards
Hannah Davies	Arena & Octopus Team Co-ordinator
Lisa Finch	Trophy Secretary
Debbie Rotchell	Fundraising Officer

10th Anniversary Celebrations

South Croydon Swimming Club is celebrating a wonderful 10th anniversary this year. In order for us to deliver a celebration worthy of 10 fantastic years of swimming, we are planning a fantastic 10th Anniversary Event on Sat 1st December (evening). Tickets will be available to purchase nearer the time.

Prior to the event we are looking for:

- Local businesses to sponsor the awards or donate a raffle prize; and



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

- Members who work for an organisation that offers matched funding for local fundraising events.

If you have a business that could benefit from local advertising and social media promotion, in exchange for a donation / gift / voucher or an employer that might match other fundraising achievements, we would love to hear from you.

If you are able to help or would like to know more, please email Debbie Rotchell on dhed001@aol.com.



In addition, to raise money for the 10th Anniversary Awards Evening in December we've started using easyfundraising, a really clever website that turns your online purchases into free donations for us, at no extra cost to you.

By simply shopping with any of over 3,300 online retailers including Amazon, Argos, John Lewis, ASOS, Booking.com, eBay, Boden, and M&S, when you make a purchase, the retailer will send us a free donation. It's as simple as that!

To help the club in this really easy way please visit our new easy fundraising page at <https://www.easyfundraising.org.uk/causes/southcroydonsc/> and click 'join us' – we really do welcome your support.

We will be sharing more details of the planned celebrations over the coming months.

Jack Petchey Award Winners

Since the last newsletter Samih Urquhart (Junior Squad), Oliver Honeyman (County Squad) and

Kasia Titterton (Performance Squad) have received Jack Petchey Awards.

The Jack Petchey Foundation was established in 1999, and gives grants to programmes / projects that benefit young people aged 11-25. The Foundation exists to raise the aspirations of young people, to help them take advantage of opportunities and play a full part in society.



Achievement Awards are designed to recognise a wide range of achievement, it is not just about being clever, or gifted, but about putting the effort in and doing your best. The scheme works well because young people themselves are involved in selecting the winners.

Well done to all winners.

Merit Awards

Also, well done to the following recipients of June's Merit Awards.

Swimmers are selected for Merit Awards by their coaches based on the 5 MERIT principles with awards made every six months to one swimmer from each squad.

Most improved swimmer of the quarter
Effort & self-discipline in training
Respect (listening to coaches) and showing respect to fellow swimmers
Individual achievement/progress
Timekeeping at club sessions and galas

Performance Squad

Gold – Sophia Lorke
Silver – William Bates
Bronze – Steve Totev

County Squad

Gold – Phoebe and Joe Gilliam
Silver – Imogen Bates
Bronze – Millie Brown



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

Junior Squad

Gold – Harry Young
Silver – Jesse Ku
Bronze – Dylan Cornick

Club/Senior Squad

Gold – Samuel Garlick
Silver – Nadira Izzah
Bronze – Aditya Agrawal

Pre Squad

Gold – Palak Busa
Silver – Liliana Lewis
Bronze – Nell Rotchell

Surrey County Swim Team

For the second year in a row the club will be represented in the Surrey Swimming Team competing in the National County Team Championships to be held in Sheffield on 07 October.



The logo for Surrey County ASA features a blue and yellow checkered shield on the left, a blue banner across the middle with the text 'SURREY COUNTY ASA' in white, and a yellow banner below it with the text '1891 - 2018' in blue.

The County Team Champs is always a fun, colourful and competitive event played out in front of a packed house at Ponds Forge. More than 900 swimmers compete from 36 counties, with races going on in two pools simultaneously.

Surrey finished an impressive ninth last year when Amy Davies and Christopher Finch represented the club, and we're very pleased to confirm that Amy has been selected again in the Girls 16/17 age group.

We wish Amy all the very best representing Surrey!

London Region Talent Camp

Congratulations to Kasia Titterton and Jared Thompson who were both selected to attend the London Region 12yr Talent Training Camp held at Trinity School in July.

London Youth Games

The London Youth Games take place throughout the academic year and cover many sporting events, of which swimming is one both as an individual sport but also part of the Aquathlon (swimming and running).



With both the Aquathlon and Swimming events held over the same weekend in July at Crystal Place the club provided many representatives to the Croydon team.

Swimming

Swimming is split between Primary, and Secondary ages, with a further split in the Secondary races for schools years 7-9 and then 10-13 but with all race in the Secondary age group combined for the final points table. The Mini event features a combined Boys and Girls team, while the Secondary events are split between Boys and Girls as well as Junior and Senior teams.

The Croydon teams, of which Hannah Davies was team Manager, were made up of swimmers from across the borough all of whom performed very well with a number of the South Croydon swimmers winning individual race and/or relay medals, and also finishing on the podium for their team performances.

Girls (Junior and Senior combined) Team

Gold Overall – Team
Silver (Senior Girls Free) - Amy Davies
Silver (Senior Girls Free Relay) – Laura Chisholm and Amy Davies
Bronze (Junior Girls Medley Relay) - Kasia Titterton

Boys (Junior and Senior combined) Team

4th Overall – Team



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

Bronze (Junior Boys Back) - Brandon Vencatachellum
Bronze (Junior Boys Medley Relay) - Brandon Vencatachellum and Christopher Finch

Minis

Gold Overall- Team
Gold (Boys Butterfly) - Jared Thompson
Silver (Girls Medley Relay) - Imogen Bates
Silver (Boys Freestyle Relay) - Jared Thompson
Silver (Boys Medley Relay) - Jared Thompson
Bronze (Girls Back) - Imogen Bates

Aquathlon

The Aquathlon is a mix of swimming and running, with the distance of each part depending on the school age of the competitor. The event is run for school years 7-11, with the results of each competitor counting towards the over team result.

Croydon borough equalled its best ever result in this multi discipline event finishing a very close 2nd behind Bromley.

It was very pleasing to see nine club members take part in the team, some who were competing for the second day running having been in the swim team the day before. Congratulations and thanks to everyone who took part for Croydon, and while the London Youth Games is a team event additional praise must go to Amy Davies who won the Female year 11 event outright.



Amy Davies - 1st (Female year 11)
Brandon Vencatachellum - 6th (Male year 9)
Chris Finch - 8th (Male year 9)
Sophia Lorke - 9th (Female year 8)
Nicola Finnegan - 9th (Female year 9)

Eivie Lloyd - 13th (Female year 7)
Sasha Breen - 23rd (Female year 10)
Kyra Sethna-McIntosh - 25th (Female year 9)
Noah Tolfrey - 26th (Male year 8)

World Cup Sweepstake

A big thank you to so many of you who joined in this fun event over the summer, linked to the Football World Cup in Russia.



After about a month of competition the real World Cup final saw

France beat Croatia, which in our competition meant Patroulla Lorke (Sophia and Max's mum) took on Jo Brown (Millie's mum).

Congratulation to Patroulla and many thanks to Jo who kindly donated her winnings to the 10th anniversary fundraiser!

Exam Results

Congratulations are also due to all club members who received school exam results this summer. Form what we have seen on Social Media there were some outstanding results achieved which is amazing given the efforts you all put in to your swimming as well.

We wish you all the very best for the next steps in your education!

Other Congratulations

We now have our very own Swimming Referee at the club, as Hannah Davies has finished many years of study and practical work to achieve this qualification. Well done Hannah, we are all proud of you.

Prior to the schools finishing for the summer holidays, three of our members headed off to the ESSA Primary School Relay finals at Ponds Forge in Sheffield. Congratulations to Scarlett Stewart,



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

Imogen Bates and Jessica Hardy, and their other Keston Primary School team mate, for qualifying for this event and making it into one of the most prestigious school galas in the country.



Au Revoirs

Congratulations go to Ella Corby and Thomas Gough who are soon to start the next step of their education as they head off to University.

Ella will be starting at Oxford University to read Physics, while Thomas is heading off to Chichester to study Outdoor Adventure Education.

We wish them both them both the very best and look forward to hopefully seeing them back at the club during vacations and for gala events.

COMPETITION UPDATE

British Swimming Summer Championships

The British Swimming Summer Championships took place in Sheffield in the last week of July. For the second year running Amy Davies qualified for six events (50m, 100m, 200m, 400m and 800m freestyle plus the 200m Individual Medley)



while Ella Corby returned to the championships in the 1,500m freestyle.

Qualification for all events was based on being within the fastest 24 swimmers in a qualifying window from earlier in the year.

Competition started on Tuesday and finished on Saturday, with heats every morning and finals later in the day for the fastest 10 swimmers in the heats, with the exception of the long distance (800m and 1,500m events).

From her six events in the age 16 category, Amy qualified for two evening finals, in the 200m and 400m freestyle events recording 7th and 6th place finishes respectively.

In addition, she achieved 11th (100m), 13th (800m), 16th (50m) and 22nd (200m IM) place finishes, recording one new personal best time from the events she swam.

Ella also recorded a personal best time in her single event as she finished 15th in the age 17/18 category.

Congratulations to both girls for reaching such a high level of competition and performance.

Swim England Open Water Championships

Upon the completion of the British Championships attentions moved to the Swim England National events, initially Open Water and then in the pool.

For the second year running, Ella Corby had qualified for the 5k Swim England Open Water championship, which was swum at the Rother Valley Country Park on 30 July. Despite horrendous weather the day before, which led to event cancellations, conditions had improved enough for the previous days races to be completed prior to Ella's race commencing.

After a very tough and gutsy performance she finished 7th in the 17/18 age group, and improvement of 3 places from last year, in a time of 01:07.52.

Well done Ella for braving the conditions.



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

Swim England Summer Meet

The pool based events of the Swim England Meet were back in the pool at Ponds Forge, and after her efforts in the same pool the previous week, Ella Corby was back in action in the 400m and 800m freestyle events.

Qualification was again based on performances earlier in the year and as with the British Championships the 400m events comprised heats in the day with a final in the evening for the top 10 fastest swimmers, while the 800m event was a straight heat only event.

In the 400m heats, Ella swam a personal best to finish 4th which she was unfortunately unable to match in the evening when she finished 7th.



In the 800m event she swam fantastically and this time finished 2nd, winning an incredible Silver medal.

Congratulations

to Ella on her best ever National level result.

London Youth Regionals

The London Swimming region held their Youth Championships at the London Aquatic Centre over the weekend of 05 – 07 May and South Croydon Swimming Club had a team of 5 qualifiers for this tough competition.

The championships are for swimmers aged 15 and over as at 31 December 2018, and club were represented by Ella Corby (age 17/over), Amy Davies and Laura Chisholm (age 16), and Brandon Vencatachellum and Steve Totev (age 15). Events were swum as heats, with finals later in each day for the fastest qualifiers, and the team of

swimmers started the competition with 20 entries between them.

Over the three days of competition the 20 heat entries were converted into 10 top ten finishes, including an incredible 5 gold medals for Amy Davies.

All five of Amy's gold medals were won in Freestyle events as she dominated every distance from 50m to 800m. In the 50m, 100m and 200m events Amy swam personal best times and she now has British Summer



Championship qualifying times across all five distances plus the 200m Individual Medley.

Ella Corby returned from the championships with three fourth places and a tenth from her four races, including 4th in the 1,500m freestyle which was being swum at the championships for the very first time. Ella currently holds qualification times for one British Summer Championship and two English Summer Championship events.

Brandon Vencatachellum, was the club's other finalist over the weekend, as he recorded his best ever Regional Championship finish with 7th in the 200m Butterfly. In addition, Brandon swam a further six events over the weekend, to be the club's busiest swimmer, recording other top twenty finishes in the 50m Backstroke (15th), 100m Backstroke (20th) and Butterfly (18th), and the 200m Backstroke (15th).

Laura Chisholm swam in three events, recording two top twenty finishes, in the 100m Backstroke (13th) and the 50m Breaststroke (15th), while Steve Totev marked his debut at Regional Championships with a 1.5 second personal best time, and a fantastic 15th place finish, in the 50m Butterfly.



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

With the Youth Regional Championships having very tough qualification entry times, and being contested by swimmers from over 35 clubs, all representatives of the club can be very proud to have placed themselves in the group of elite swimmers from across London.

London Age Group Regionals

The London Swimming region held their Age Group Championships over the weekends of 12/13 May, at the London Aquatic Centre, and 19/20 May, at the National Sport Centre, Crystal Palace, and South Croydon Swimming Club had a team of 7 qualifiers for this tough competition.

The championships are for swimmers aged between 11 and 14 as at 31 December 2018, and club were represented by Christopher Finch, Joshua Hardy and Sophia Lorke (age 14), Noah Tolfrey (age 13) and Safia Opie, Jared Thompson, and Kasia Titterton (age 12). Events were swum as heats, with finals later in each day for the fastest qualifiers, and the team of swimmers started the competition with 29 entries between them.

Over the four days of competition the 28 heat entries were converted into qualification for 16 finals and 7 medals. In addition, from the event swum the team set an incredible 23 long course (50m) personal bests.

Leading the South Croydon performances during the championships was Kasia Titterton who returned with Gold medals in the 50m Backstroke, 100m, 200m and 400m Freestyle events plus Silver medals in the 50m Freestyle and 100m Backstroke. Together with a further two fourth places Kasia finished the competition ranked 2nd in the 11/12 age group having recorded an incredible 14 personal bests over the course of the championships.

Christopher Finch was the club's other medal winner, with a Bronze Medal in the 100m Breaststroke. Very much a Breaststroke

specialist, Christopher backed this performance up with two further qualifications for finals where he placed 4th in the 200m and 7th in the 50m races.

Jared Thompson qualified for five finals from all of his events, recording a best finish of 4th in the 200m Freestyle, as well a 7th and three 9th place finishes from his other final swims and five personal bests.

Safia Opie was making her debut at



a Regional Level gala and had qualified to swim the 50m, 100m and 200m Freestyle events. Putting in a very consistent set of swims, Safia returned with two 15th place finishes and a 17th as well as two personal bests.

Joshua Hardy swam in one event, the 100m Breaststroke, and set a 2.5 second personal best to finish 16th.

Sophia Lorke qualified for the Regional Championships for the second year running, with entries in the 50m, 100m and 200m Breaststroke, and recording a best finish of 18th in the 200m race where she also set a great new personal best.

Noah Tolfrey also made his debut at Regional competition, qualifying for two events and finishing in 28th and 31st place in the 100m and 50m Breaststroke events respectively.

All of the swimmers who represented the club can be very proud to have placed themselves in the group of elite swimmers from across London and the club would like to extend their thanks to their head coach John Mills who attended the gala to provide support to the team of swimmers.

London Region Open Water

The London Swimming region held their annual Open Water Championships at Surrey Quays Water Sports Centre on Saturday 30th June and



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

two swimmers from the club took part this year. The Championships provide a qualification route into the National Open Water Championships which are to be swum at Rother Valley Country Park, Sheffield, on 30th July.

The longest event of the championships was the 5k for swimmers aged 17 and over. Ella Corby was our representative in this event and she was aiming to improve on her 3rd place at last year's event after a solid block of training, including attendance at the Region's Talent Camp in recent weeks. With the event swum over 10 laps of the course, on a very sunny day, Ella went out strongly right from the start in attempt to dominate the race and showed great endurance strength to finish in just over 1 hour 14 minutes, beating the second place competitor by over 3 minutes. In addition, Ella's finish time was some 30 seconds faster than her time in the same race in 2017.

Winning the Regional Championships ensures qualification for the Open Water National event where Ella will hope to improve on her 10th place finish last year

Also competing at the championships was Brandon Vencatachellum, who swam in the 3k event. This was Brandon's second appearance at Regional level Open Water swimming, and he swam a great race to finish 7th in a time of 48 minutes and 18 seconds.

Atlantis Summer Splash Gala

Taking place over one of the hot weekends of the summer, this gala saw a large contingent of some of the club's younger swimmers taking part against some very tough competition from other clubs in the South East.



With our team swimming over 100 races between them, the following were medal winners over the weekend.

Safia Opie – 1 Gold, 2 Silvers and 2 Bronzes

Ella Hardy – 1 Silver and 1 Bronze

Sasha Breen – 1 Bronze

Eryn Cornick – 1 Bronze

Steve Totev – 2 Golds and 1 Bronze

Joshua Hardy – 2 Bronzes

Tom Harmer – 1 Silver

Club Championships – Gala 1

The first round of this year's club championships took place on 16 June and comprised the two long distance events, being the 800m freestyle for girls and 1,500m freestyle for boys.

Congratulations to the following swimmers who finished in the medal spaces, as well as to everyone else who took part on the day.

Girls 800m Freestyle

Gold - Amy Davies

Silver - Kasia Titterton

Bronze - Nicola Finnegan

Boys 1,500m Freestyle

Gold - Christopher Finch

Silver - Brandon Vencatachellum

Bronze - Joshua Hardy

Also, many thanks to all volunteers who assisted with the running of this gala.

Croydon Borough Championships

The excellent form shown by our swimmers in the first 2 of this year's CBSA Championships continued into galas 3 and 4. Yet again there were a multitude of personal bests and medals won, with yet more invaluable





SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

competitive experience for our younger swimmers.

Individual medal winners in galas 3 and 4 were as follows.

Kasia Titterton – *7 Golds and 1 Silver*;
Amy Davies – *7 Golds*;
Laura Chisholm – *4 Golds and 5 Silvers*;
Ella Corby – *3 Golds and 2 Silvers*;
Nicola Finnegan – *1 Gold, 1 Silver and 4 Bronzes*;
Connie Harmer – *1 Gold and 1 Silver*.
Ella Hardy – *1 Gold*;
Sasha Breen – *1 Silver and 1 Bronze*;
Safia Opie – *1 Silver*;
Sophia Lorke – *1 Bronze*.

Jared Thompson – *2 Golds*;
Christopher Finch – *1 Gold and 2 Silvers*;
Caleb Thompson – *1 Gold and 1 Silver*;
Brandon Vencatachellum – *4 Silvers*;
Tom Harmer – *2 Bronzes*;
Steve Totev – *1 Bronze*;

In addition teams from the club medalled in the following relays.

Women Open 4 x 50 Medley (*Ella Corby, Amy Davies, Laura Chisholm and Nicola Finnegan*) - Gold;

Girls 16&U 4 x 50 Free (*Laura Chisholm, Kasia Titterton, Nicola Finnegan, Amy Davies*) – Gold;

Boys 16&U 4 x 50 Free (*Brandon Vencatachellum, Steve Totev, Jared Thompson, Christopher Finch*) - Gold

Men Open 4 x 50 Medley (*Jared Thompson, Christopher Finch, Steve Totev and Brandon Vencatachellum*) - Bronze;

Mixed 13& Under 6 x 50 Freestyle (*Ella Hardy, Harry Young, Noah Tolfrey, Safia Opie, Jared Thompson and Kasia Titterton*) - Silver.

Octopus League

Since the last newsletter a further three rounds of this season's Octopus League have taken place.

At the start of May we again finished 2nd for the 3rd time in 3 galas before following this up with 3rd place in Gala 4. However, just before the summer break we won Gala 5, which we also hosted; a great night for the swimmers and a proud night for all associated with the club. Many thanks to everyone who pulled together in the pool and with the running of the event.

The final gala is after the summer break, see below, and we are still able to finish top 3 in this year's league. Please keep a watch on your emails regarding team selection for this event.



FORTHCOMING GALAS

National Arena League Team Galas

Our participation in this year's Arena League has been confirmed by the organisers, and we will again be in Division 1 East. Dates for the galas are as follows.

Gala 1 - 13 October, at the Pavilions in the Park in Horsham. Our opponents are yet to be confirmed.
Gala 2 - 10 November, venue tbc
Gala 3 - 8 December, venue tbc

Please do keep these dates free. All swimmers WILL BE expected to swim if selected by the coaches. Team selection will be made closer to the dates may change for each gala.

This is our biggest team event of the year and after our great success at last year's galas, finishing at our highest ever place, we are keen to remain a fighting force during the 2018 league.



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

Octopus League Team Galas

The date for the final round of this year's Octopus League is 22 September.

Please can you make sure that you have the dates of all Team Galas in your calendars as these are very important events for the club and fielding the strongest team within the competition rules is extremely important to our ongoing participation.

Club Champs Dates

The Club Champs dates have been issued by email and the closing date for entries is 6pm on 5th September 2018. Entry will be via Team Unify- (either by using the on Deck app or via <https://uk.teamunify.com/Home.jsp?team=southcroydon> and sign-in). If you have not activated your account please do so now. If you have not received the email please ask for it to be resent.

15 September – Whitgift, 18:05 start

200m Backstroke

50m Freestyle

100m Breaststroke

06 October – Whitgift, 18:05 start

200 Breaststroke

50m Backstroke

100m IM

100m Butterfly

12 October – Waddon, 19:00 start

400m Freestyle

27 October – Whitgift, 18:05 start

200m Freestyle

50m Butterfly

100m Backstroke

400m IM

24 November – Whitgift, 18:05 start

200m IM

50m breaststroke

100m freestyle

200m butterfly.

The club champs are open to all swimmers and provide a great opportunity to gain official licensed personal best times, so please make every effort to enter as many of the galas, and individual events, as possible.

If you are a parent who is able to help with the running of the galas in anyway then please make yourself known to one of the committee members, and if you are one of our Officials (Qualified or in training) then please let Sam Purser know your availability for the galas as soon as possible if you have not done so already.

Teaching Classes & Pre Squad Gala

In addition to the Club Championships we will be holding a gala for Teaching Classes and Pre Squad members on 29 Sept. Intended to be a fun introduction event for our youngest members, full details and entry forms have been sent to all Pre Squad and Teaching Members.

Please submit your entries as soon as possible so that we can organise the races, and if you can't find the email then please get in touch.

Individual Galas

Nov 3/4 – London Region Winter Championships (entry close date tbc). Please find qualifying times and the event schedule [here](#).

Nov 17/18 – Guildford Winter Open (entry close date 29th September)

Nov 18 – Beckenham Rising Stars (entry close date 7th September)

Dec 9 – Sutton & Cheam Santa Splash n Dash (entry dated tbc)

Dec 13/17 – Swim England Winter Championships (entry by invitation only)

Jan 26 / Feb 24 – Surrey County Championships 2019 (entry date tbc). Please find the event schedule [here](#). Qualifying times have been



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

released and can be found on the Surrey Swimming Twitter feed, as well as our own feed.

MISCELLANEOUS

Swimming Officials Training Courses

As you know we rely on volunteers to assist at the club and we really need more volunteers from Pre Squad, Junior & County Squads. Please do consider whether you can help become part of the team to help your swimmers.

Below are dates of officials training courses coming up in September starting with the J1 course. The course is run over two dates, although those who have already attended a timekeeper course and successfully completed the timekeeper practical assessment need only attend the second session.

Session 1 - Wednesday 19 September (7.30pm – 9pm) in the sports and conference centre at Whitgift School, South Croydon

Session 2 - Wednesday 3 October (7.30pm – 9pm) in the sports and conference centre at Whitgift School, South Croydon

If any of our current J1 officials are interested in completing their J2 then there is a one session course being run on Thursday 11 October (7.30pm – 9pm) also in the sports and conference centre at Whitgift School, South Croydon.

Candidates for the J2 course must already be a qualified J1 and have completed the post-qualification sessions as per their workbook.

If you would like to attend any of these courses, including anyone who is interested in moving on to Judge Level 2 (Starter), please reserve your place directly with Diane Gamble (dianegamble43@gmail.com).

The club will fund the cost of the course, and so if you would like to attend please let us know on the normal club email address so that we can arrange

payment of the course fees. We will also pass you an ASA Membership Form to register you as a member of the club, the cost of which will also be covered by the club.

Stroke Clinics

There will be a stroke clinic held at Waddon between 7pm and 8:30pm on 05th September, for Junior, County & Performance Squads

Trials

The next date for prospective members to trial for the club is Sunday 23 September, 16:00 – 17:30 at Whitgift.

If you have children who wish to trial, or know of anyone who may be interested, please contact us on the normal club email address.

Fin swap

The fin swapping scheme is up and running again. For a small fundraising fee of £3.00 you can swap your old fins for larger ones. At present the fins are on the smaller side so if anyone has any old ones they are no longer using please donate them! You can either contact Lisa about the Fin swap - scheme on lisa.de.azevedo@gmail.com or find her at County, Junior or Pre-Squad sessions.

Club Emails

We will soon be moving our emails over to Team Unify. To ensure you keep up to date on all club news, pool closures, galas, etc, you need to log in. You will be receiving an email soon if you haven't logged in, please do this immediately.

Club Shop Form / Polos / Hoodies

Attached to this newsletter are order forms for club kit.

The deadline for orders for Hoodies and Polo Shirts is **7th Sept**. Please remember payment must be made and cleared before we can order



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

any items. Please scan back your order forms or hand to a member of the committee.

Twitter

Please do follow your club on Twitter where we can be found with the identity [@southcroydonsc](https://twitter.com/southcroydonsc).

You will receive the very latest news from the club – it's a very good way of keeping abreast of what goes on at SCSC with news of our swimmers and events up and down the country! We also post useful tips and up to date gala and pool information, etc.

SCSC Committee

August 2018



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

SOUTH CROYDON SWIMMING CLUB SHOP ORDER FORM

Child's Name	Squad

Items required at every training session – Kickboard, Pull Buoy, Short fins

Item	Price	Quantity	Received (Date)
Universal Kickboard	£11.00		
Junior Pull Buoy	£6.00		
Mesh Bags medium	£5.00		
Short Fins: Size 33-34	£13.00		
Short Fins: Size 35-36	£13.00		
Short Fins: Size 37-38	£13.00		
Short Fins: Size 39-40	£13.00		
Short Fins: Size 41-42	£14.00		
Short Fins: Size 43-44	£14.00		
Short Fins: Size 45-46	£14.00		
Swimming cap with SCSC logo (All Members)	£6.00		

Speedo Futura Ice Plus Junior Goggles	£10.00		
Speedo Speedsocket Racing Goggles	£25.00		
TOTAL ORDER	£		

NO CASH IS ACCEPTED AT THE CLUB SHOP

Bank details for transfer - Barclays bank Sort Code: 20 24 64 A/c No: 73361330

I confirm that I have made a bank transfer for £_____ to the above account on _____(date)

Signed.....

Name..... Date.....

-----OFFICE USE-----

Ordered Cleared	Date -
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SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

South Croydon Swimming Club Zip up Hoodie.

Zip up hoodie in club colour with logo on front
with swimmers initials underneath logo

Name	Squad

Tick	Size	Approx chest size	Cost	Initials (Up to 3)
	Age 7-8	30"	£25	
	Age 9-11	32"	£25	
	Adult XS	34"	£30	
	Adult S	36"	£30	
	Adult M	40"	£30	
	Adult L	44"	£30	
	Adult XL	48"	£30	
	Adult 2XL	52"	£30	

Total Quantity	Total Cost
one	

Please hand the form to Hannah Davies or any member of the committee.

Bank Transfer: Barclays Bank Sort Code: 20 24 64 A/C No: 73361330

I confirm that I have made a bank transfer for £..... to the above account

on (date) Please note an order for the hoodie will not be made if payment has not been received.

Signed.....

Name..... Date.....



SOUTH CROYDON SWIMMING CLUB NEWSLETTER

Summer 2018

South Croydon Swimming Club Polo Shirt Order Form.

Polo Shirt in club colour with logo on front
with swimmers initials underneath logo

Name	Squad

Club Named Polo Shirts (Adult sizes)	Cost	Quantity	Name (one name Clearly Written)
XS	£20.00		
Small	£20.00		
Medium	£20.00		
Large	£20.00		
Extra Large	£20.00		

Bank details for transfer - Barclays bank Sort Code: 20 24 64 A/c No: 73361330

I confirm that I have made a bank transfer for £ to the above account on Date.....

Signed.....

Name.....