Timetable from 1st March 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Waddon	Warlingham School	Waddon	Waddon	Waddon	Old Palace	Caterham School
7.30pm - 9.00pm	6.30pm - 7.30pm	6.00am - 7.30am	6.00am - 7.30am	7.30pm - 8.30pm	8.00am - 9.00am	12.00pm - 1.30pm
Performance	County	Masters/Performance/County*	Performance/County*/County Dev	County Dev	Pre-Squad/Pre Squad+	County Dev/Pre-Squad+
9.00pm - 10pm	7.30pm - 9.00pm	7.30pm - 8.30pm	Old Palace	8.30pm - 9.30pm		1.30pm - 3.00pm
Masters (18+)	Performance	Intermediate	6.00pm - 7.00pm	Advanced		County
		8.30pm - 9.30pm	Pre-Squad	New Addington		1.30pm - 3.30pm
		Advanced	7.00pm - 8.00pm	7.00pm - 8.30pm		Performance
		Tadworth	Pre-Squad+/Progress	County		New Addington
		7.00pm - 8.30pm	8.00pm - 9.00pm	7.00pm - 9.00pm		4.00pm - 5.30pm
		County*/County Dev	Intermediate	Performance		Advanced
	•		Warlingham School		•	4.00pm - 5.00pm
			5.30pm - 7.00pm			Progress Squad
			County*			5.00pm - 6.00pm
			7.00pm - 9.00 pm			Intermediate
			Performance			

^{*} County Swimmers should not swim both sessions
No Swimming on Bank Holidays.

Changes to Timetable

On the following dates 15 Jan / 22 Jan / 5 Feb / 19 March County will swim at New Addington 4.00pm - 5.30pm and Performance will swim at New Addington 4.00pm - 6.00pm There is no swimming on Sunday 12 March 2023 due to the CBSA gala - all squads should be competing.