



## Stevenage Swimming Club

### Summer Sprint 2019

Held under ASA Laws and Regulations, ASA Technical Rules of Racing and to ASA Open Meet Licensing Criteria.

Licence No 3ER190364

**Saturday 15<sup>th</sup> June 2019**

Stevenage Swimming Centre (St Georges Way, Stevenage, Hertfordshire, SG1 1XY)

### Meet Information

#### Pool

- 6 lane 25M level deck pool
- Anti - Turbulence lane ropes
- Electronic timing

#### Event

- Age groups as; 9,10,11,12,13,14, 15 & Over
- Age as at 15<sup>th</sup> June 2019
- Awards will be made to the top 3 swimmers in each individual event. All results will be decided on a heat declared basis.
- Entry fee is £5 per event. Entries must be received no later than Saturday 18<sup>th</sup> May 2019.
- Entries will be accepted on a first come first served basis, with promoters reserving the right to limit entries.

#### The Meet

- Spectator admission will be £4 per person per session/£7 for the day (under 16s free).
- Vending machines are available on site with refreshments.
- Hot drinks or glass containers of any kind are not permitted on poolside.
- Parking is limited and you will not be able to park on the grass verge outside the complex; alternative parking is within 5 minutes walk of the swimming centre.

#### Passes and Payment

- Coach's passes are available, £18 per coach; this will include poolside access, programme for the event, food between sessions and electronic results upon request.
- No one is allowed on poolside without a pass.
- Passes can only be obtained by completing an application form with the names of persons submitted to the promoter.



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### PROGRAMME OF EVENTS

SESSION 1	
Warm up 1:30 pm ; Start 2:15 pm.	
1	Girls all ages 200m Freestyle
2	Boys all ages 100m Butterfly
3	Girls all ages 50m Breaststroke
4	Boys all ages 50m Freestyle
5	Girls all ages 100m Backstroke
6	Boys all ages 100m Breaststroke
7	Girls all ages 50m Butterfly
8	Boys all ages 50m Backstroke
9	Girls all ages 100m Individual Medley
10	Boys all ages 100m Freestyle

SESSION 2	
Warm up; Start (TBC)	
11	Boys all ages 200m Freestyle
12	Girls all ages 100m Butterfly
13	Boys all ages 50m Breaststroke
14	Girls all ages 50m Freestyle
15	Boys all ages 100m Backstroke
16	Girls all ages 100m Breaststroke
17	Boys all ages 50m Butterfly
18	Girls all ages 50m Backstroke
19	Boys all ages 100m Individual Medley
20	Girls all ages 100m Freestyle



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### Conditions

1. The Promoter; Chris Mann, Stevenage Swimming Club
2. The competition will be held under ASA Laws and ASA Technical Rules.
3. Competitors must comply with the Conditions set out below.
4. Swimmers must be category 2 ASA Registered in order to compete.
5. A level 3 license has been applied for to the ASA. In accordance to the rules there are upper qualifying times.
6. This competition is open to swimmers of all abilities. ASA disabled swimmers are invited to swim and should provide their classification. Ages shall be taken as at 15<sup>th</sup> June 2019.
7. The pool length is 25 metres, 6 lanes with anti-turbulence ropes.
8. The Promoter reserves the right to reject entries if events are over-subscribed based on a first come first served basis. The time of entry for a club will be when the electronic entry file is received by the Promoter. Rejections will be on an event and session basis to ensure that each session does not over run its allotted time.
9. The Promoter also reserves the right to accept entries after the closing date in order to ensure the meet is full. These will be accepted on a first come first served basis and only where there is room in the relevant event.
10. Competitors will be listed on the programme in graduated time order, slowest first. Swimmers who do not submit an entry time for an event will be accepted but will be seeded slowest in the heats of the event.
11. All events will be decided on a timed finals basis.
12. Warm ups will be divided into two 20 minute sessions. Girls and Boys separately.
13. Only competing swimmers, officials, and accredited coaches/team managers will be allowed on poolside.
14. Only under exceptional circumstances, and only with the permission of the Referee, will a swimmer be allowed to swim out of the pre-determined order.
15. Awards will be given to the top three swimmers in each band age group for all individual events and to the winning team in all relay events. Swimmers achieving faster times than the upper qualifying time will be issued with speeding tickets.
16. Swimmers must wear suitable clothing and footwear on poolside. Swimmers wearing wet clothing are NOT allowed in the spectator seating area.
17. In the event of a false start swimmers must perform a safe, shallow entry dive and NOT fall into the water. The referee reserves the right in the interest of time to operate 'Over the Top Starts' if required.
18. Clubs entering more than 5 swimmers should do so using Hytek Team Manager or Team Manager Lite.
19. SSC Summer Sprint meet will run without competitor's cards; however any withdrawals should be reported via email to [galaentries@stevenageswimclub.org.uk](mailto:galaentries@stevenageswimclub.org.uk) prior to the event or on the day before warm up by using the withdrawals form.
20. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws, Regulations and the ASA Technical Rules of Racing
21. The promoter reserves the right to refuse entry to any person.
22. The promoter cannot accept liability for any loss or damage to property.



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23. Entries to the meet will be held on a computer and consent, as required by the Data Protection Act 1998 to the holding of personal information on computer, will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
24. Anyone attending the gala wishing to use camera, video or digital image-capturing devices (including mobile phones and tablet devices) may do so without the need to register their details with the meet organiser.
25. Participants and spectators are requested to follow the ASA guidelines for photography and use of photographs on social media. The ASA Child Safeguarding Policy and Procedures, Wavepower 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77).  
<http://www.swimming.org/asa/clubs-and-members/safeguarding-children/>. Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event. Photography in the changing rooms is absolutely forbidden by both the club and the swimming pool management