



# Stevenage Swimming Club

## Summer Sprint 2022

Held under SE Law and Technical Rules of Racing  
Licence No 3ER220138

**Saturday 9<sup>th</sup> July 2022**

Stevenage Swimming Centre (St Georges Way, Stevenage, Hertfordshire, SG1 1XY)

### PROGRAMME OF EVENTS

SESSION 1 Warm up 1:30 pm ; Start 2:15 pm.	
1	Boys all ages 100m Butterfly
2	Girls all ages 50m Breaststroke
3	Boys all ages 50m Freestyle
4	Girls all ages 100m Backstroke
5	Boys all ages 100m Breaststroke
6	Girls all ages 50m Butterfly
7	Boys all ages 50m Backstroke
8	Girls all ages 100m Individual Medley
9	Boys all ages 100m Freestyle

SESSION 2 Warm up and Start (TBC)	
10	Girls all ages 100m Butterfly
11	Boys all ages 50m Breaststroke
12	Girls all ages 50m Freestyle
13	Boys all ages 100m Backstroke
14	Girls all ages 100m Breaststroke
15	Boys all ages 50m Butterfly
16	Girls all ages 50m Backstroke
17	Boys all ages 100m Individual Medley
18	Girls all ages 100m Freestyle

Swimmer age as at 9<sup>th</sup> July 2022

Closing date 18<sup>th</sup> June 2022 or when the meet is full



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#### Meet Information

##### Pool

- 6 lane 25M level deck pool
- Anti - Turbulence lane ropes
- Electronic timing

##### Event

- Age groups as; 9,10,11,12,13,14, 15 & Over
- Age as at 9th July 2022
- Awards will be made to the top 3 swimmers in each individual event. All results will be decided on a heat declared basis.
- Entry fee is £6.50 per event. Entries must be received no later than **Saturday 18th June 2022**.
- Entries will be accepted on a first come first served basis, with promoters reserving the right to limit entries.

##### The Meet

- Spectator admission will be £5 per person per session/£8 for the day (under 16s free). Programmes will be online only.
- Vending machines are available on site with refreshments.
- Hot drinks or glass containers of any kind are not permitted on poolside.
- Parking is limited and you will not be able to park on the grass verge outside the complex; alternative parking is within 5 minutes walk of the swimming centre.

##### Passes and Payment

- Coach's passes are available, £15 per coach; this will include poolside access, heat sheets for the event, food between sessions and electronic results upon request. Poolside passes will not be sold on the day.
- No one is allowed on poolside without a pass.



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### Conditions

1. The Promoter; Andrew Chapman, Club Chair, Stevenage Swimming Club
2. The competition will be held under Swim England Laws and Regulations, Swim England Technical Rules of racing and Swim England meet licensing criteria.
3. Competitors must comply with the Conditions set out below.
4. Swimmers must be category 2 Swim England Registered in order to compete.
5. A level 3 license has been applied for to Swim England. In accordance to the rules there are upper qualifying times.
6. This competition is open to swimmers of all abilities. Swim England disabled swimmers are invited to swim and should provide their classification. Ages shall be taken as at 9th July 2022.
7. The pool length is 25 metres, 6 lanes with anti-turbulence ropes. AOE timing equipment will be used and a secondary strobe will be available.
8. The Promoter reserves the right to reject entries if events are over-subscribed based on a first come first served basis. The time of entry for a club will be when the electronic entry file is received by the Promoter. Rejections will be on an event and session basis to ensure that each session does not over run its allotted time.
9. The Promoter also reserves the right to accept entries after the closing date in order to ensure the meet is full. These will be accepted on a first come first served basis and only where there is room in the relevant event.
10. Competitors will be listed on the programme in graduated time order, slowest first. Swimmers who do not submit an entry time for an event will be accepted but will be seeded slowest in the heats of the event.
11. All events will be decided on a timed finals basis.
12. Warm ups will be divided into two 20 minute sessions. Girls and Boys separately.
13. Only competing swimmers, officials, and accredited coaches/team managers will be allowed on poolside.
14. Only under exceptional circumstances, and only with the permission of the Referee, will a swimmer be allowed to swim out of the pre-determined order.
15. Awards will be given to the top three swimmers in each band age group for all individual events. Swimmers achieving faster times than the upper qualifying time will be issued with speeding tickets.
16. Swimmers must wear suitable clothing and footwear on poolside. Swimmers wearing wet clothing are NOT allowed in the spectator seating area.
17. In the event of a false start swimmers must perform a safe, shallow entry dive and NOT fall into the water.
18. The referee reserves the right in the interest of time to operate 'Over the Top Starts' if required.
19. Clubs entering more than 5 swimmers should do so using Hytek Team Manager or Team Manager Lite. Please email [galaentries@stevenageswimclub.org.uk](mailto:galaentries@stevenageswimclub.org.uk) with your entry file together with a completed summary sheet and confirmation of payment.
20. Individual participants should submit their entries on the Individual Entry form adding a £1 admin charge to their entry total. Completed forms should be sent via email to [galaentries@stevenageswimclub.org.uk](mailto:galaentries@stevenageswimclub.org.uk)
21. SSC Summer Sprint meet will run without competitor's cards; however any withdrawals should be reported via email to [galaentries@stevenageswimclub.org.uk](mailto:galaentries@stevenageswimclub.org.uk) prior to the event or on the day before warm up by using the withdrawals form.
22. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and the Swim England Technical Rules of Racing
23. The promoter reserves the right to refuse entry to any person.
24. The promoter cannot accept liability for any loss or damage to property.

[www.stevenageswimclub.org.uk](http://www.stevenageswimclub.org.uk)



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25. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
26. Anyone attending the gala wishing to use camera, video or digital imagecapturing devices (including mobile phones and tablet devices) may do so without the need to register their details with the meet organiser.
27. Participants and spectators are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Child Safeguarding Policy and Procedures, Wavepower 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77).
28. <http://www.swimming.org/swimengland/wavepower-child-safeguarding-forclubs/>. Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event. Photography in the changing rooms is absolutely forbidden by both the club and the swimming pool management



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### UPPER LIMIT TIMES ('no faster than' times listed below)

There are NO Lower limit times

#### Girls

Event	9 years	10 years	11 years	12 years	13 years	14 years	15 & over
50 free	34.60	32.12	30.65	29.30	28.50	27.59	27.16
100 free	1.05.00	1.03.50	1.02.01	1.01.10	1.00.21	59.21	58.45
50 back	39.90	36.67	34.81	33.25	32.15	31.47	30.46
100 back	1.14.00	1.12.00	1.10.29	1.08.40	1.06.79	1.04.86	1.03.66
50 breast	45.78	41.65	39.20	37.15	35.75	35.10	34.22
100 breast	1.23.00	1.21.00	1.19.34	1.17.50	1.16.00	1.15.42	1.15.30
50 fly	38.80	35.05	33.10	31.35	30.50	29.78	28.50
100 fly	1.13.00	1.11.00	1.09.65	1.07.70	1.06.62	1.05.53	1.04.30
100 IM	1.15.50	1.13.00	1.11.00	1.09.50	1.07.50	1.06.00	1.05.00

#### Boys

Event	9 years	10 years	11 years	12 years	13 years	14 years	15 & over
50 free	33.50	31.30	29.80	28.15	26.80	25.65	24.20
100 free	1.06.00	1.04.00	1.02.00	59.90	57.85	55.70	52.20
50 back	38.60	35.70	34.00	32.00	30.10	29.12	27.20
100 back	1.12.00	1.10.00	1.08.00	1.06.80	1.04.93	1.01.53	1.00.00
50 breast	43.60	40.20	37.70	35.20	33.10	31.60	29.30
100 breast	1.22.00	1.20.00	1.18.00	1.16.90	1.14.40	1.10.50	1.06.10
50 fly	36.50	33.20	31.00	29.30	27.50	26.20	25.10
100 fly	1.12.00	1.10.00	1.08.00	1.06.30	1.04.54	1.01.57	57.10
100 IM	1.16.50	1.14.00	1.12.00	1.09.50	1.07.00	1.04.00	1.02.00



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#### Club Summary Sheet

<b>Club Name</b>	
<b>Club Contact</b>	
<b>Tel No</b>	
<b>Email Address</b>	

	No	Amount
Number Of Entries @ £6.50 Each		£
Number of Coaches Passes @ £15 Each		£
<b>Total Remittance</b>		<b>£</b>

#### Coach and Poolside Helper Pass

Please provide details for all Coaches and Poolside Helpers who will require poolside passes.

Name	Role (Coach/Helper)	SE Number

#### Payments can be made by BACS to the following account:

Stevenage Swimming club,  
Sort Code: 20-41-12  
Account No: 40594601  
Ref : 2022SS – Clubname