



stowmarketswimmingclub.co.uk

WELCOME!

Welcome to Stowmarket Swimming Club. The club can trace its history back to 1888 when swimmers used the River Rattlesden (also known locally as the River Rat), later moving to a long-removed open-air pool in Combs Ford before making Mid-Suffolk Leisure Centre its home in 1986. As such, you will be a member of a club that has been an important part of the modern community for thirty years and part of the town's history for over 125 years.

Enclosed with this pack is the guide to how to register online along with some information sheets which we strongly recommend you read carefully. Importantly, please read the club terms and conditions some of which are explained in more detail in the accompanying sheets.

We also recommend you acquaint yourself with the club's website: stowmarketswimmingclub.co.uk (where you will find good information including the club's constitution) and the Swim England website www.swimming.org

It is important to remember that Stowmarket Swimming Club is a members' club and not a commercial venture. While we have a professional head coach all others associated with the club are unpaid volunteers. Club members and their families need to ensure they do all they can to help with the smooth running of the club, particularly by making sure fees are paid correctly and on time and to keep up to date with the club's announcements.

The following guidance has been written for the benefit of parents and guardians of child swimmers although there are elements such as the code of conduct and guidance to competition that should be read by older swimmers. Whilst accurate at the time of being issued all this guidance is subject to change from time to time.

Please see the contents page for the full list of all the guidance included in this pack but if you have any questions please do not hesitate to ask any of the committee members you may see around the pool, especially at the club desk on a Friday evening.

Welcome! We look forward to a long association with our club.

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