

A story through the pathway

In 2013, 7 year old Zoe S joined Poole Swimming Club. She started her swim journey in Bronze Squad being taught by coach Jacqui.

It was evident from day one Zoe displayed many attributes to become a very competent swimmer. Commitment, excellent listening skills and a hard worker.

This allowed Zoe to move quickly from bronze, through the swim skills academy and beyond. At 8 years old Zoe competed in her first Club Championships.

In Zoe's words...

"I remember being really scared to dive off the blocks but I was thrilled when I won medals.

I have always loved training but I got the bug for competing. I enjoyed getting PB's and improving to be the best I can be.

My proudest moments are winning 'Top Girl' in my age group at the Dorset's 2016, competing at Regionals and moving into National Squad"



Zoe and Lucy

Zoe has competed in numerous competitions, Novice League, Southern Junior League and Arena League to name a few. Zoe now swims in the National Squad with her sister Lucy.

Her current coach Jan has summed up Zoe in this outstanding testimonial...

Zoe is a shining example to every swimmer who loves this sport as she clearly demonstrates the Poole SC core values: Commitment, Honesty, Courage, Respect and Unity.

Commitment:

Since joining, Zoe has shown true dedication. Having moved through the pathway, Zoe now swims with National Academy.

Honesty:

Zoe is a sincere individual who displays integrity in training and competition.

Courage:

She always strives to give 100% and never gives up. Her attendance record is commendable and she hardly ever misses a training session.

Unity:

During her time with the club Zoe has shown genuine support to those around her. She is a team player who is always willing to represent the club when asked.

Respect:

Zoe is a caring character who turns up with a smile on her face (even at 5 am in the morning). She shows respect for her coaches and team mates and is a joy to coach.

Well done, Zoe. I hope that you continue to enjoy your swimming and have many more happy years with the club.

Coach Jan, Assistant Head Coach, Poole SC

We all wish Zoe continued success at PSC and thank her for her voluntary work, teaching the young swimmers at Poole Swim Academy. Zoe with coaches Jacquie and Jan....

