**POOLE SWIMMING CLUB**

**Regional Qualifier level 3 Meet 2020**



**License No. 3SW200620**

Licensed by Swim England for entry into Regional Championships

Under Swim England Laws and Regulations and Swim England Technical Rules of Racing

Affiliated to the South West Region

**Sat 7th and Sun 8th march 2020**

|  |  |
| --- | --- |
| **Venue:**  | **1610 Dorchester Sports Centre, Coburg Rd, Dorchester, DT1 2HR** |
|   | A fast 25m Pool, 6 lanes with anti-turbulence lane ropes, electronic timing, Meet Mobile. Warm up and swim down facility. Free parking  |
|   |  |
| **Age Groups:**  | 9, 10, 11, 12, 13, 14, 15, 16 and 17+ **Age as at 31st December 2020** |
| **Awards:**  | Medals for the those placed 1st to 3rd in each age group and event  |
|   | Top Visiting Club Award + Top Male and Top Female Athlete Awards  |
| **Events:**  | 50m, 100m, 200m All Strokes + 400m Free and 400 IM\* |
|   | UPPER CUT OFF TIMES APPLY TO THIS MEET LICENSE  |
|    | \*400m IM for 10 years and upwards  |
| **Sessions:**  | Sat 7th March Session 1: Warm Up 13:15, Session 2 Warm Up: TBC |
|   | Sun 8th March Session 3: Warm Up 09:00, Session 4 Warm Up: TBC Session 5 Warm up TBC (Afternoon timings may be subject to change) |
| **Fees:**  | Race Entry: £7 per event  |
|   | Spectator Entry: £5 (all day)  |
|   |  |
|  | Coaches Pass: £15 per day (inclusive of light lunch) |
|   |  |
| **Closing Date:**  | 12.00 Midnight on Wednesday 29th January 2020 |

**PROMOTER’S CONDITIONS**

1. The competition is licensed by Swim England for entry into County and Regional Competitions. All events will be conducted in accordance with SE Laws and Regulations and SE Technical Rules of Racing.
2. Competitors must be Category 2 members of an SE affiliated club as defined by SE Law and may enter in the name of one club only. Swim England registration numbers MUST be included on all entries and all competitors must hold the SE Competitive Start Award.

1. Selection of swimmers will be based on their submitted short course entry time for each event as defined in the attached tables of upper limit times and as per the following: If events are oversubscribed, in order to keep each session within the appropriate time period, the slowest swimmers will be rejected.

1. Any swimmer who at the time of entry for the Meet has achieved a time faster than the published limit time may not enter that event. Should it transpire at any stage that a swimmer has submitted an ineligible entry then the entry will be rejected and the fee forfeited.
2. a) The entry fee will be £7 per event.

b) Entries comprising more than 5 swimmers must be made electronically.

**Please note that entries will not be accepted without the purchase of a Coach Pass as we cannot be responsible for unaccompanied swimmers.**

c) Club entries should be submitted using the Hy-Tek Team Manager electronic entry system (download available via www.hy-tekltd.com/downloads.html) and full details of how to enter are available via the Club website at www.pooleswimmingclub.org.uk

d) All entries, associated paperwork and cheques (made payable to POOLE SWIMMING CLUB) must be received by the specified closing date of midnight on Wednesday 29th January 2020 at the address at the end of these conditions.

e) Late or ineligible entries may not be accepted.

f) The correct entry fees must accompany entries or they will be treated as incorrect.

g) All entries must comply with the upper time limits.

h) If an event is excessively oversubscribed relative to other events, the promoters reserve the right to reject some of the slowest entries at their discretion.

i) Prior to the Meet a list of entries will be made available. It will be the responsibility of the club representative to carefully check all entries for correct name spellings, ages and entry times. Any errors must be reported to the Meet Promoter by the date specified when this information is made available.

j) No refunds will be made for withdrawals after the official closing date unless on medical grounds. The Meet Co-ordinator MUST be advised of intention to withdraw on medical grounds no later than 24 hours prior to the first day of the competitions and a medical certificate subsequently submitted to the Meet Co-ordinator. Requests for medical refunds without a medical certificate being submitted may not be considered.

1. Ages will be as at 31st December 2020. It should be noted that 9 year olds are not eligible to enter 400m IM event at this Meet.
2. It is requested that each club with more than 8 swimmers entered in this meet, provides at least 1 qualified official where possible. Clubs/swimmers will not be penalised if they cannot provide officials. Please fill out our official’s forms. Lunch will be provided. Please fill out our coach/chaperone form for each person who will be poolside with the swimmers.

**PROMOTER’S CONDITIONS** (cont...)

1. All Meet participants and spectators must observe all safety precautions in operation at The Dorchester Swimming Pool and follow instructions of Pool Staff and Poole Swimming Club Meet Management Team. Prior to leaving poolside swimmers must dry off and put on appropriate clothing and footwear. No swimmers will be allowed into the spectator area or the main Centre entrance foyer area unless they have complied with this requirement. For safety reasons spectators must ensure that all gangways and the rear of the spectator area are kept clear. Stewards will be patrolling these areas during the Meet. Participating clubs are responsible for ensuring that their members are made aware of these Health and Safety requirements and those laid down in Swim England Laws.
2. Failure to comply with any condition may result in disqualification and forfeiture of any fee paid.

1. A warm up protocol will be issued with each Coach Information Pack. Coaches are required to ensure that their swimmers adhere to the warm up procedure or they may be requested to leave the pool.

Lanes will be allocated for the purpose of warm-up and announcements will be made. Diving will only be allowed in specified lanes and at specified times during each warm up.

1. Swimmers are responsible for reporting to the Competitor Stewards on time. For the first two events in each session swimmers should report to the Competitor Stewards directly after the warm-up. Swimmers in all other events should report to the Competitor Stewards at least one event before their own event.
2. All events will be run on a Heat Declared Winner (HDW) basis. Heats in each event may be spearheaded or cyclically seeded.

Electronic timing will be used. Competitors must leave the pool at the sides, and not climb over the electronic timing boards.

A secondary strobe will not be in use during this meet.

All events will start at the deep end of the pool. Over the top starts will be used at the discretion the Lead Referee.

1. Results will be displayed in an appropriate location as soon as they are available.

Awards will be made to those swimmers placed 1st to 3rd in each event without disqualification. All medals will be available for collection from the medal table.

A permanent trophy will be presented to the top visiting club; Points will be awarded on the top three places from each event and each age group, this trophy will be presented as soon as possible after completion of the final event.

1. Video Recording/Photography/Mobile Telephones. In line with SE guidance, Parents and Carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. With the submission of entry details, consent is deemed to have been given, as required of the Data Protection Act, to the holding, and distribution as necessary, of personal information on computer to enable the running of the Meet.

1. Coaches’ passes will be issued at a cost of £15 per day. Lunch is included. Passes will provide admission to all sessions, and heat sheets. Passes must be displayed at all times.
2. Spectator entrance will be charged at £5 per day.
3. In case of emergency or situations out of our control during the running of the meet, the meet referee may be required to alter the meet conditions to ensure the smooth running of the event.

**We hope you have an enjoyable meet and please let us know if you think of anything that could help use to improve the meet in the future.**

**POOLE SWIMMING CLUB**

**season starter level 3 meet 2019**

Licensed by Swim England for entry into County and Regional Championships

Under Swim England Laws and Regulations and Swim England Technical Rules of Racing

Affiliated to the South West Region

**Level 3** License No. 3SW200620

EVENT PROGRAMME

|  |
| --- |
| **Saturday 7th March 2020** |
| **Session 1** **Warm Up: 13:15/ Start Time: TBC** | **Session 2** **Warm Up: TBC/ Start Time TBC****(Est finish TBC)** |
| **Event No.**  | **Event**  | **Event No.**  | **Event**  |
| **101**  | Female 200 IM  | **201**  | Male 200 IM  |
| **102**  | Male 400m Freestyle | **202**  | Female 400m Freestyle  |
| **103**  | Female 50m Backstroke | **203**  | Male 50m Backstroke |
| **104**  | Male 50m Butterfly | **204**  | Female 50m Butterfly |
| **105**  | Female 100m Freestyle | **205**  | Male 100m Freestyle |
| **106**  | Male 100m Breaststroke | **206** | Female 100m Breaststroke |
| **107**  | Female 200m Backstroke | **207** | Male 200m Backstroke |

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| **Sunday 8th March 2020** |
| **Session 3****Warm Up: 09:00/ Start Time: TBC** | **Session 4****Warm Up: TBC/ Start Time TBC** |  | **Session 5****Warm up: None/Start time TBC****(Est finish TBC)** |
| **Event No.**  | **Event**  | **Event No.**  | **Event**  | **Event No.** |  |
| **301**  | Female 400m IM |  **401**  | Male 400m IM | **501** | Female 200m Butterfly |
| **302**  | Male 200m Freestyle  | **402**  | Female 200m Freestyle | **502** | Male 50m Breaststroke |
| **303**  | Female 50m Freestyle | **403**  | Male 50m Freestyle | **503** | Female 100m IM |
| **304**  | Male 100m Butterfly | **404**  | Female 100m Butterfly | **504** | Male 200m Butterfly |
| **305**  | Female 100m Backstroke | **405**  | Male 100m Back | **505** | Female 50m Breaststroke |
| **306** | Male 200m Breaststroke | **406**  | Female 200m Breaststroke | **506** | Male 100m IM |

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| UPPER CUT OFF TIMES |
| **Female** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Age** | **Limit** | **50m FC** | **100m FC** | **200m FC** | **400m FC** | **50m BR** | **100m BR** | **200m BR** | **50m Fly** | **100M Fly** | **200m Fly** | **50m BK** | **100M BK** | **200M BK** | **100m IM** | **200m IM** | **400m IM** |
| **9** | No Faster than | 30.00 | 1.08.00 | 2:24.70 | 5:11.20 | 40.50 | 1:31.80 | 3:10.60 | 34.00 | 1:20.60 | 2:56.00 | 35.10 | 1:16.50 | 2:43.60 | 1:18.00 | 2:43.20 | NONE |
| **10** | No Faster than | 30.00 | 1.08.00 | 2:24.70 | 5:11.20 | 40.50 | 1:31.80 | 3:10.60 | 34.00 | 1:20.60 | 2:56.00 | 35.10 | 1:16.50 | 2:43.60 | 1:18.00 | 2:43.20 | 5:55.00 |
| **11** | No Faster than | 30.00 | 1.08.00 | 2:24.70 | 5:11.20 | 40.50 | 1:31.80 | 3:10.60 | 34.00 | 1:20.60 | 2:56.00 | 35.10 | 1:16.50 | 2:43.60 | 1:18.00 | 2:43.20 | 5:55.00 |
| **12** | No Faster than | 30.00 | 1.08.00 | 2:24.70 | 5:11.20 | 40.50 | 1:31.80 | 3:10.60 | 34.00 | 1:20.60 | 2:56.00 | 35.10 | 1:16.50 | 2:43.60 | 1:18.00 | 2:43.20 | 5:55.00 |
| **13** | No Faster than | 28.70 | 1:02.30 | 2:18.30 | 4:50.00 | 38.00 | 1:25.40 | 2:58.00 | 31.00 | 1:13.10 | 2:49.70 | 32.00 | 1:13.00 | 2:32.80 | 1:16.00 | 2:39.30 | 5:34.60 |
| **14** | No Faster than | 27.70 | 1:01.30 | 2:12.10 | 4:41.30 | 35.80 | 1:22.80 | 2:53.90 | 30.60 | 1:09.70 | 2:43.50 | 32.00 | 1:09.80 | 2:29.70 | 1:14.00 | 2:33.50 | 5:26.90 |
| **15** | No Faster than | 27.60 | 1:00.00 | 2:06.80 | 4:29.00 | 35.60 | 1:18.80 | 2:48.70 | 30.60 | 1:08.20 | 2:30.20 | 31.50 | 1:06.70 | 2:21.00 | 1:12.00 | 2:27.40 | 5:12.00 |
| **16** | No Faster than | 27.20 | 58.60 | 2:05.30 | 4:29.00 | 35.60 | 1:16.40 | 2:48.70 | 30.40 | 1:06.80 | 2:29.00 | 30.00 | 1:05.80 | 2:19.50 | 1:09.00 | 2:24.20 | 5:09.10 |
| **17+** | No Faster than | 27.20 | 58.60 | 2:05.30 | 4:29.00 | 35.60 | 1:15.20 | 2:48.70 | 29.00 | 1:06.40 | 2:24.70 | 30.00 | 1:05.80 | 2:19.50 | 1:07.00 | 2:24.20 | 5:09.00 |

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| **Male** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Age** | **Limit** | **50m FC** | **100m FC** | **200m FC** | **400m FC** | **50m BR** | **100m BR** | **200m BR** | **50m Fly** | **100M Fly** | **200m Fly** | **50m BK** | **100M BK** | **200M BK** | **100m IM** | **200m IM** | **400m IM** |
| **9** | No Faster than | 29.90 | 1:06.00 | 2:27.20 | 5:10.80 | 40.50 | 1:29.80 | 3:12.60 | 34.00 | 1:21.40 | 3:01.00 | 35.30 | 1:18.50 | 2:48.00 | 1:19.00 | 2:43.50 | NONE |
| **10** | No Faster than | 29.90 | 1:06.00 | 2:27.20 | 5:10.80 | 40.50 | 1:29.80 | 3:12.60 | 34.00 | 1:21.40 | 3:01.00 | 35.30 | 1:18.50 | 2:48.00 | 1:19.00 | 2:43.50 | 6.03.80 |
| **11** | No Faster than | 29.90 | 1:06.00 | 2:27.20 | 5:10.80 | 40.50 | 1:29.80 | 3:12.60 | 34.00 | 1:21.40 | 3:01.00 | 35.30 | 1:18.50 | 2:48.00 | 1:19.00 | 2:43.50 | 6.03.80 |
| **12** | No Faster than | 29.90 | 1:06.00 | 2:27.20 | 5:10.80 | 40.50 | 1:29.80 | 3:12.60 | 34.00 | 1:21.40 | 3:01.00 | 35.30 | 1:18.50 | 2:48.00 | 1:19.00 | 2:43.50 | 6.03.80 |
| **13** | No Faster than | 28.60 | 1:02.10 | 2:20.40 | 5:00.40 | 38.00 | 1:28.20 | 3:00.30 | 33.00 | 1:17.30 | 2:52.80 | 34.10 | 1:14.00 | 2:36.70 | 1:16.00 | 2:36.90 | 5:44.50 |
| **14** | No Faster than | 26.60 | 59.10 | 2:09.20 | 4:29.90 | 35.90 | 1:17.00 | 2:49.70 | 31.50 | 1:08.00 | 2:37.50 | 31.60 | 1:07.50 | 2:22.20 | 1:14.00 | 2:25.30 | 5:19.40 |
| **15** | No Faster than | 25.50 | 58.80 | 2:03.80 | 4:18.30 | 34.20 | 1:13.80 | 2:40.50 | 28.80 | 1:05.60 | 2:23.70 | 30.00 | 1:06.10 | 2:18.40 | 1:11.00 | 2:22.70 | 5:00.90 |
| **16** | No Faster than | 25.00 | 55.30 | 1:59.10 | 4:13.70 | 33.10 | 1:11.10 | 2:31.30 | 28.00 | 1:02.80 | 2:17.50 | 29.20 | 1:02.30 | 2:12.00 | 1:08.00 | 2:15.20 | 4:42.80 |
| **17+** | No Faster than | 23.00 | 53.90 | 1:57.00 | 4:07.30 | 30.40 | 1:06.30 | 2:25.40 | 26.20 | 59.00 | 2:09.00 | 28.00 | 1:00.00 | 2:09.20 | 1:05.00 | 2:13.00 | 4:42.80 |

UPPER CUT OFF TIMES

**POOLE SWIMMING CLUB**

**regional qualifier level 3 meet 2020**

**FEMALE ENTRY FORM**

One Entry Form per Swimmer

Closing date for entries to Poole Swimming Club is by midnight on 29th January 2020

Entry Fee: £7 per event

Swimmers time must be lower than the upper cut off times, Age as 31st December 2020

Short course times to be used (converted from long course if applicable)

|  |  |  |
| --- | --- | --- |
| **Swimmers Details** |  | **CLUB:** |
| Surname:  |  |  | Forenames:  |
| Date of Birth:  |  |  | SE/SW/SS Registration Number:  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Session 1**  | **Event Number** | **Event**  | **Entry Time**  |
| 101 | Female 200m IM |   |
| 103 | Female 50m Backstroke |   |
| 105 | Female 100m Freestyle |   |
| 107 | Female 200m Backstroke |  |
| **Session 2**  | **Event Number** | **Event**  | **Entry Time**  |
| 202 | Female 400m Freestyle |   |
| 204 | Female 50m Fly |   |
| 206 | Female 100m Breaststroke |   |
| **Session 3**  | **Event Number**  | **Event**  | **Entry Time**  |
| 301 | Female 400m IM |   |
| 303 | Female 50m Freestyle |   |
| 305 | Female 100m Backstroke |   |
| **Session 4**  | **Event Number**  | **Event**  | **Entry Time**  |
| 402 | Female 200m Freestyle |   |
| 404 | Female 100m Butterfly |   |
| 406 | Female 200m Breaststroke |   |
| **Session 5**  | **Event Number**  | **Event**  | **Entry Time**  |
| 501 | Female 200m Butterfly |   |
| 503 | Female 100m IM |   |
| 505 | Female 50m Breaststroke |   |

|  |  |
| --- | --- |
| Total Number of Events Entered \_\_\_\_\_  | Total Entry Fee to Pay at £7 per event \_\_\_\_\_  |

 **POOLE SWIMMING CLUB**

**regional qualifier level 3 meet 2020**

**MALE ENTRY FORM**

One Entry Form per Swimmer

Closing date for entries to Poole Swimming Club is by midnight on 29th January 2020

Entry Fee: £7 per event

Swimmers time must be lower than the upper cut off times. Age as 31st December 2020

Short course times to be used (converted from long course if applicable)

|  |  |  |
| --- | --- | --- |
| **Swimmers Details** |  | **CLUB:** |
| Surname:  |  |  | Forenames:  |
| Date of Birth:  |  |  | SE/SW/SS Registration Number:  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Session 1**  | **Event Number** | **Event**  | **Entry Time**  |
| 102 | Male 400m Freestyle |   |
| 104 | Male 50m Butterfly |   |
| 106 | Male 100m Breaststroke |   |
| **Session 2**  | **Event Number** | **Event**  | **Entry Time**  |
| 201 | Male 200m IM |   |
| 203 | Male 50m Backstroke |   |
| 205 | Male 100m Freestyle |  |
| 207 | Male 200m Backstroke |  |
| **Session 3**  | **Event Number**  | **Event**  | **Entry Time**  |
| 302 | Male 200m Freestyle |   |
| 304 | Male 100m Butterfly |   |
| 306 | Male 200m Breaststroke |  |
| **Session 4**  | **Event Number**  | **Event**  | **Entry Time**  |
| 401 | Male 400m IM |   |
| 403 | Male 50m Freestyle |   |
| 405 | Male 100m Backstroke |   |
| **Session 5**  | **Event Number**  | **Event**  | **Entry Time**  |
| 502 | Male 50m Breaststroke |   |
| 504 | Male 200m Butterfly |   |
| 506 | Male 100m IM |   |

|  |  |
| --- | --- |
| Total Number of Events Entered \_\_\_\_\_  | Total Entry Fee to Pay at £7 per event \_\_\_\_\_  |

**POOLE SWIMMING CLUB**

**REGIONAL QUALIFIER level 3 meet 2020**

**CLUB ENTRY SUMMARY FORM**

Please return this completed form with your entries and a SINGLE cheque payable to Poole Swimming Club, to: Sean Duffy, Unit 31 Ventura Place, Upton Industrial Estate, Poole, Dorset, BH16 5SW

Closing date for entries to Poole Swimming Club is by midnight on 29th January 2020

Entry Fee: £7

Coaches Passes: £15 per day each (1 per 10 swimmers recommended) Age as 31st December 2020

|  |  |  |  |
| --- | --- | --- | --- |
| Club Name:  |   | Club Code:  |   |
| Contact Name:  |   |
| Postal Address:  |   |
| E Mail Address:  |   |
| Contact Number:  |   |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|   | Unit Cost  | Number of Entries/ Passes  |  | Cost  |
| Male Swimmers  | £7 per event  |   | £  |  |
| Female Swimmers  | £7 per event  |   | £  |  |
| Coach Passes Saturday  | £15 per day  |   | £  |  |
| Coach Passes Sunday  | £15 per day  |   | £  |  |
|   |  | TOTAL  | £  |  |

## Entry Officers Checklist

By Email to: Sean Duffy, PooleSCMeets@gmail.com

|  |  |
| --- | --- |
|  | Hytek Entry File  |
|   | Hytek Meet Entry Report  |
|  | Club Entry Summary Form  |
|  | Coaches/Chaperone Form for each Individual Coach  |
|   | Officials Form (1 licensed official per 8 entrants requested)  |

By Post to: Sean Duffy, Unit 31 Ventura Place, Upton Industrial Estate, Poole, Dorset, BH16 5SW

 Club Entry Summary Form (this form) along with Single Cheque payable to 'Poole Swimming Club'

 Hytek Meet Entry Report

 Coaches/ Chaperone Form for each Individual Coach

 Officials Form (1 licensed official per 8 entrants requested)

Online payment preferred – sort code : 40-15-27 Account: 51436511

 **POOLE SWIMMING CLUB**

**regional qualifier level 3 meet 2020**

**MEET OFFICIAL REQUEST FORM**

|  |  |
| --- | --- |
| Full Name:  |   |
| Qualification: (please tick)  |  JL1 [ ] JL 2 [ ] JL2 S [ ] LREF [ ]  |
| License Valid to:  |   |
| DBS Disclosure Number:  |   | DBS Disclosure Date:  |   |
| Sessions Available:  | Session 1Session 4 | Session 2Session 5 | Session 3 |
| Contact Number:  |   |
| E Mail Address:  |   |
| Club:  |   |
| SE/SW/SS Membership Number: |   |
| Dietary Requirements:  | Any officials prepared to help on the day, regardless of number of sessions, will be provided with lunch. Please make us aware of any dietary requirements:          |
| Swimmers Name: |  |

Please email and post this form along with your Club Entry Summary

COACH/ CHAPERONE PASS INDIVIDUAL APPLICATION FORM

|  |  |
| --- | --- |
| Full Name:   |   |
| Club Name:   |   |
| Position: (eg. Coach/ Chaperone)  |   |
| Postal Address:   |   |
| Email Address:   |   |
| SE/SW/SS Affiliation Number:  |   |
| DBS Disclosure Number:  |  DBS Disclosure Date:  |
| Dietary Requirements:  | Please make us aware of any dietary requirements:    |
| Meet Passes:  | Saturday £15  | Sunday £15  |

The above named person is authorised to hold a pass for this club:

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Club Secretary

There will be no access to poolside without a coach’s pass

Coaches packs will be collected on arrival from the entrance desk

Please email and post this form along with your Club Entry Summary