

# PROGRAMME OF EVENTS

Session	Warm-up	HDW & Heats start/finish	Finals W/Up & Events start/finish	Estimated finish
<b>1: 27/01/19</b> Event 1	10.30-10.50	10.55-13.55		13.55
<b>13.55-14.00 Presentations for event 1 (Male and Female)</b>				
<b>2: 02/02/19</b> Events 2-5 Finals 6-19	11.05-12.05	12.10-14.35	W/up 14.35-14.45 Events 14.50-15.15	15.15
<b>15.15-15.25 Presentations for events 2-5 *</b>				
Break (30 mins)				
<b>3: 02/02/19</b> Events 20-23 Finals 24-37	15.55-16.55	17.00-19.00	W/up 19.00-19.10 Events 19.15-19.45	19.45
<b>19.45-19.55 – Presentations for events 20-23 *</b>				
<b>4: 03/02/19</b> Events 38-41 Finals 42-55	11.05-12.05	12.10-14.30	W/up 14.30-14.40 Events 14.45-15.10	15.10
<b>15.10-15.20 Presentations for events 38-41 *</b>				
Break (30 mins)				
<b>5: 03/02/19</b> Events 56-59 Finals 60-73	15.50-16.50	16.55-19.00	W/up 19.00-19.10 Events 19.15-19.40	19.40
<b>19.40-19.50 Presentations for events 56-59 *</b>				
<b>6: 10/02/19</b> Event 74	10.30-11.10	11.15-13.55		13.55
<b>13.55-14.00 – Presentations for event 74 (Male and Female)</b>				
<b>7: 16/02/19</b> Events 75-78 Finals 79-92	10.00-11.00	11.05-14.00	W/up 14.00-14.10 Events 14.15-14.40	14.40
<b>14.40-14.50 Presentation for events 75-78 *</b>				
Break (30 mins)				
<b>8: 16/02/19</b> Events 93-96 Finals 97-117	15.20-16.20	16.25-18.35	W/up 18.35-18.45 Events 18.50-19.30	19.30
<b>19.30-19.40 Presentation for events 93-96 *</b>				
<b>9: 17/02/19</b> Events 118-121 Finals 122-135	10.00-11.00	11.05-13.45	W/up 13.45-13.55 Events 14.00-14.25	14.25
<b>14.25-14.35 Presentation for events 118-121*</b>				
Break (30 mins)				
<b>10: 17/02/19</b> Events 136-139 Finals 140-160	15.05-16.05	16.10-18.15	W/up 18.15-18.25 Events 18.30-19.10	19.10
<b>19.10-19.20 Presentation for events 136-139*</b>				

\*Presentations where results are available for those events