



National Potential Squad

PAYG

Coach: Jon Wills

Assistant Coaches: Emma Dodd

Fees: £2.50 per hour, billed monthly in arrears through Team Unify for Soundwell swimmers
£3.00 per hour payable in cash at each session to Head Coach

Training Timetable:

Day	Time	Venue
Wednesday	7-9pm	Winterbourne International Academy
Saturday	8.30-10am	Winterbourne International Academy
Sunday	4.30-7pm	Sports Training Village, Bath University

Venue addresses:

Winterbourne International Academy
Flaxpit Lane
Winterbourne
BS36 1LA

Sports Training Village
Claverton Down Road
Claverton Down
Combe Down
Bath BA2 7AY



Squad Criteria

National Potential - PAYG

- Soundwell swimmers must be aged 18+ and achieving national qualification times/ranking. Visiting swimmers must be achieving National qualification times and have permission to attend from their Head Coach.
- Must show strong future performer OADF characteristics.
- Swimmers must show dedication and a drive to achieve at the highest level of competition.
- All swimmers are subject to a 3-month rolling review period.
- Black club hats must be worn in training & competition (if you wear one), or club hat for visiting swimmers.
- Expected to arrive 15 mins prior to the start of training.
- Expected to carry out mobility and stretching, before and after training/competition.
- Contact the coach if absent or unable to complete the above criteria.
- Appropriate reasonable adjustments will be made for para athletes. Please contact Head Coach.

Soundwell Swimmers only:

- Must attend training the night before and after every competition
- Must only compete in competitions listed on the club's calendar
- Must report to the coach before and after every race
- Expected to complete full warm-up and swim-down protocols
- Expected to take part in every race and final entered unless notified by the Head Coach.