

## **Underlying medical conditions**

People with underlying medical conditions which make them more more susceptible to poor outcomes with Covid-19 (including being aged over 65) should **consider the increased risk** of returning to swimming and may want to discuss matters with their doctor. Examples of such conditions are: chronic respiratory conditions including asthma; chronic heart, kidney, liver or neurological conditions; diabetes mellitus; a spleen or immune system condition; currently taking medicines that affect the immune system such as steroid tablets.

By ticking the box below, I confirm that:

1. As far as I know, the swimmer does not have an underlying medical condition of the type described; OR
2. The swimmer has an underlying medical condition of the type described but I have considered the increased risks to their health of returning to swimming and have consulted their doctor about those risks (or have made a conscious decision not to consult their doctor, despite those risks). The swimmer and I understand the risks and still want them to return.