



# Amersham Swimming & Diving Club

## Weekly Newsletter

### 3<sup>rd</sup> September 2021



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## Note from the Chairman

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Dear all

As we start a new season, it feels like things are settling into a sort of new normal. We know that nothing will ever be quite the same, but it is reassuring to know that most of the things we have missed over the last 18 months will be returning in some shape or form.

I hope that our swimmers, having been inspired by the Olympic Games, have been equally inspired watching the Paralympics and the astonishing things that people I like to think of as superhumans can achieve.

We have lots to look forward to. Jason will be setting out plans for Club Champs and a return to competition and that feels really good.

### Volunteers

A regular theme of mine is the subject of volunteers. The club is run completely by a team of volunteers, who support our paid Coaching Team led by Jason. This is a format that is repeated across all swimming and diving clubs across the country. The committee for example is made up of parents who have chosen to give something back to the club that their children belong to. Without them, the club would not function, so I take this opportunity to send a heartfelt thank you to every member of the committee.

But there comes a time when for whatever reason, these volunteers need to step down and hand over the metaphorical baton to another parent. When we get to the AGM in October, we will need to find a new club Treasurer, as Simone Tyson, our current treasurer is stepping down. The work that Simone supported by Myfanwy Ronchetti has done will make the life of a new treasurer immeasurably easier. If you think that you have the skills necessary to support the club in this pivotal role, please get in touch with me. Simone will be more than happy to chat about what is involved.

### Fees



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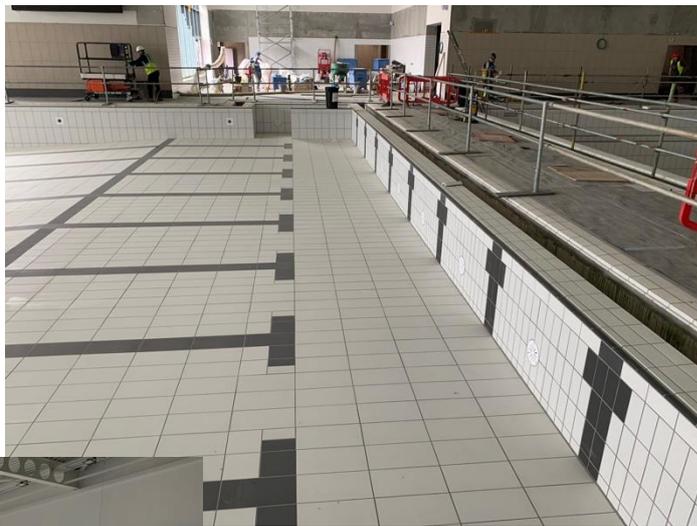
You will have received an email about the fees payable this month, in some cases, these may be quite steep and I just wanted to explain why.

This month's fees will include squad fees which will be back up to 100%, plus the Annual Club Membership, fees and in some cases the Term's Swim School payment.

## Chilterns Lifestyle Centre

I went on a site visit to the new centre on Wednesday and saw the 25-metre pool and the diving pit, both are looking really good.

As you can see from the pictures, the big display board is in place and the pool is ready.....just add water!



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#### **The end of the note note**

Our club has come out of the last 18 months pretty much intact in terms of the number of swimmers and divers that we have retained.

There have been some leavers but numbers compared to some clubs have held up well, an achievement which has come about through the dedication of the coaching team and the support of parents.

We will be circulating details about the AGM shortly and at that, you will be able to hear the numbers that make up the club and our financial position and our plans for the future.

#### **The end of the note quote**

"Don't let what you cannot do interfere with what you can do." -- John Wooden

Take care and have a wonderful week.

Peter Roycroft  
Amersham Swimming and Diving Club  
[chairman@amershamswimmingclub.co.uk](mailto:chairman@amershamswimmingclub.co.uk)

## Note from the Head Coach

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Hi All,

It's great to be back swimming for the new season, including looking forward to getting back to more competition over the next few months and less than 2 months until we move into the new pool.

A quick reminder to everyone that now we are back at training, changing rooms are now available to be used before & after training and all swimmers whether you are getting changed or arriving beach ready should be going through the changing rooms on the way in and on the way out. Please also ensure that you either bring your bags onto poolside or leave them in lockers and don't leave them on the benches in the changing rooms.

We are planning on having our Club Championships this year on Sat 25 & Sun 26 September, Sat 2 & Sun 3 October, Sun 14 November & Sun 12 December. Saturdays will be from 12:00 - 15:00 and Sundays will replace our training sessions from 15:30 - 20:30. I've attached the provisional schedule and full details will be confirmed soon. Please remember that these competitions can't go ahead without volunteers to help run them, so when the requests come out to help with officiating & volunteer roles please do step forward.

Kind regards,  
Jason Keeler



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Head Coach - Amersham SC

## Meets

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Welcome back everybody to the new season. We already have some meets in the calendar, as usual sign up is via the website (which seems to work better than the app when signing up for meets). Full entry conditions are posted on the event page when available. Please read these carefully as they contain information such as fees, withdrawals etc.

For those of you new to competitions, L3 stands for 'level 3' and are usually open to all swimmers; Level 2 meets usually have qualifying times. When signing up, if the entry time for your swimmer is in red this means they don't have the qualifying time for that race and should not enter. Your squad coach will advise you as to which meets & races to enter.

If you have any queries at all regarding meets please email me on [meets@amershamswimmingclub.co.uk](mailto:meets@amershamswimmingclub.co.uk).

Lynn

## Welfare

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Amersham Swimming Club is committed to looking after the best interests of our swimmers. You may contact our Child Welfare Officer, Abigail Findley, with any concerns in confidence by emailing: [welfare@amershamswimmingclub.co.uk](mailto:welfare@amershamswimmingclub.co.uk)

## Club Shop

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**Mailsports** - 10% discount for ASC members

Amersham members can get a 10% discount on full price items from Mailsports either at their shop in Wooburn Green or online (not at meets). The Club will also receive a 5% commission on all sales. Enter discount code: **AMSC498** at checkout.

<http://www.mailsports.co.uk/>

For all shop enquiries, please contact: [shop@amershamswimmingclub.co.uk](mailto:shop@amershamswimmingclub.co.uk)

## ASC Lost Property

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If you find something that has been left poolside or in the changing rooms by an ASC member, please keep hold of it & email Lara Trail (or speak to her) on [lostproperty@amershamswimmingclub.co.uk](mailto:lostproperty@amershamswimmingclub.co.uk). She will maintain a list and publish it regularly in the weekly bulletins.

If you lose something, then Lara should be your first port of call.