

## LEVEL 3 MEET

Affiliated to Swim England East  
Region

(Under Swim England Laws and  
Regulations and Swim England  
Technical Rules of Swimming)

## WATFORD SWIMMING CLUB

Development Meet 2024  
Licence 3ER240110

NO FASTER TIMES



Open / Male: No Faster / Speed Ticket Times Short Course - (age at 19th May 2024)										
		NOT FASTER THAN								
No	EVENT	9	10	11	12	13	14	15	16	17 & over
1	100m Individual Medley	01.40.65	01.40.65	01.33.53	01.28.51	01.21.76	01.18.59	01.12.90	01.12.90	01.12.90
3	200m Butterfly	04.16.47	04.16.47	04.04.16	03.58.56	03.20.58	02.55.90	02.43.36	02.43.36	02.43.36
5	100m Breaststroke	01.54.24	01.54.24	01.47.18	01.40.80	01.32.96	01.27.09	01.20.30	01.20.30	01.20.30
7	50m Backstroke	45.36	45.36	41.71	39.82	37.51	35.64	32.91	32.91	32.91
8	200m Freestyle	03.07.11	03.07.11	02.55.84	02.44.96	02.34.30	02.29.82	02.16.46	02.16.46	02.16.46
10	100m Butterfly	01.52.49	01.52.49	01.39.68	01.32.39	01.21.47	01.16.87	01.08.81	01.08.81	01.08.81
12	200m Backstroke	03.35.52	03.35.52	03.17.28	03.05.02	02.54.44	02.46.54	02.33.94	02.33.94	02.33.94
14	50m Freestyle	38.15	38.15	35.6	33.66	31.15	29.7	27.78	27.78	27.78
16	200m Individual Medley	03.30.20	03.30.20	03.20.48	03.11.30	02.56.85	02.49.40	02.37.09	02.37.09	02.37.09
18	100m Freestyle	01.26.89	01.26.89	01.21.76	01.15.35	01.10.74	01.06.51	01.04.44	01.04.44	01.04.44
20	50m Butterfly	45.48	45.48	41.54	37.90	36.27	33.96	31.11	31.11	31.11
23	200m Breaststroke	04.07.97	04.07.97	03.48.18	03.38.40	03.23.90	03.17.86	02.58.21	02.58.21	02.58.21
25	100m Backstroke	01.38.56	01.38.56	01.33.07	01.25.74	01.20.57	01.18.02	01.10.17	01.10.17	01.10.17
27	50m Breaststroke	53.76	53.76	48.74	45.23	41.89	40.25	36.56	36.56	36.56

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Female: No Faster / Speed Ticket Times Short Course - age at (age at 19th May 2024)										
		NOT FASTER THAN								
No	EVENT	9	10	11	12	13	14	15	16	17 & over
2	200m Individual Medley	03.41.86	03.41.86	03.20.60	03.04.41	03.01.44	02.56.96	02.52.17	02.52.17	02.52.17
4	100m Freestyle	01.27.36	01.27.36	01.20.52	01.15.61	01.13.01	01.11.68	01.08.14	01.08.14	01.08.14
6	50m Butterfly	45.92	45.92	41.44	38.08	37.73	36.36	35.09	35.09	35.09
9	200m Breaststroke	04.09.76	04.09.76	03.44.54	03.31.89	03.22.56	03.19.90	03.12.73	03.12.73	03.12.73
11	100m Backstroke	01.38.56	01.38.56	01.31.84	01.24.49	01.22.88	01.21.26	01.18.00	01.18.00	01.18.00
13	50m Breaststroke	52.64	52.64	48.16	44.8	43.05	42.83	40.54	40.54	40.54
15	100m Individual Medley	01.42.92	01.42.92	01.32.44	01.27.36	01.24.00	01.22.88	01.19.82	01.19.82	01.19.82
17	200m Butterfly	04.11.25	04.11.25	03.56.88	03.26.08	03.23.04	03.14.54	03.01.10	03.01.10	03.01.10
19	100m Breaststroke	01.54.78	01.54.78	01.47.14	01.40.48	01.36.04	01.32.40	01.28.88	01.28.88	01.28.88
21	50m Backstroke	45.57	45.57	42.56	39.86	38.46	37.92	36.14	36.14	36.14
22	200m Freestyle	03.11.78	03.11.78	02.54.35	02.40.42	02.37.45	02.34.90	02.30.05	02.30.05	02.30.05
24	100m Butterfly	01.48.89	01.48.89	01.39.93	01.28.41	01.24.00	01.20.96	01.17.22	01.17.22	01.17.22
26	200m Backstroke	03.35.17	03.35.17	03.12.64	03.02.95	02.56.23	02.55.15	02.48.64	02.48.64	02.48.64
28	50m Freestyle	38.15	38.15	35.58	33.84	32.66	32.34	31.17	31.17	31.17