Watford Swimming Club Covid-19 Risk Assessment for Swimming Training at Watford Central.

Version 1

24 July 2020

This risk assessment has been developed by and agreed between Watford Swimming Club and Everyone Active, Watford Central, following the guidelines and template at set out by Swim England.

It is to be seen as an addition to, and not a replacement for, any existing risk assessments associated with Watford Swimming Club’s training sessions.

The purpose of this risk assessment is to focus on the specific risks of Covid-19 spreading during swimming training.

To ensure the rules and guidance as referred to in this document are being followed by coaches, volunteers, swimmers and parents, as recommended by Swim England, Watford Swimming Club has appointed a Covid-19 lead to co-ordinate this activity. The Covid-19 lead is Gareth Harper (Club Chairman).

Supporting the Covid -19 lead will be a team of Covid-19 support officers – these will be adult club volunteers, and will have the role of observing the running of the training sessions, supporting where needed by primarily reporting back to the Covid-19 Lead and issues, concerns or blatant transgressions of the rules and the actions set out in this risk assessment. One Covid-19 support officer will be in attendance for each squad session.

The Covid-19 support officers are:

Jenny Miller (Junior Development)

Chris Edis (Junior Development)

Mallika Govindan (County 6)

Lee Shackell (County 6)

Caroline Carey (C6/C8)

Adele Rose (County 8)

Helen McAlpine (County 8)

Sarah Marshall (County 8)

Adam Marshall (County 8)

Suzy Harper (Age Group)

Erin Corby (Age Group)

Lee Shackell (C6/Age Group)

Jane Simpson (Age Group)

Sarah Worley (Senior Competitive)

Trupti (Senior Competitive)

Andy Taverner (Performance)

Karen Craig (Performance)

Covid-19 Risk Assessment for aquatic clubs

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| Name of Club: | Watford Swimming Club for Swimming Training at Watford Central Leisure Centre | | | | |
| Date risk assessment carried out: | 21 July 2020 | Person: | Gareth Harper (Chair WSC), Matt Paget (Head Coach WSC) and Gary Foley (Everyone Active) | Review date: | After every training session until further notice |

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| What is the Hazard? | Who might be harmed | Risk rating before controls | Controls considered | Risk rating after controls | Actioned by |
| Spread of Covid-19 Coronavirus in the following areas: |  |  |  |  |  |
| Carpark | * Athletes * Parents * Guardians * Coaches * Volunteers | High | Instructions will be issued to all members and parents regarding where to park and how to maintain social distancing in the designated car parking areas. These instructions to be produced jointly by Everyone Active and Watford Swimming Club and communicated by WSC’s Covid-19 lead to all parents and swimmers attending sessions at Watford Central  Clear signage and controls for car parking at Watford Central, where needed.  Covid-19 support officer to ensure protocols are followed.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with coaches, parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | Watford Swimming Club Covid-19 Lead, Watford Central representative  WSC Covid-19 support officer to monitor how protocols are being observed, but will not interact with coaches, volunteers, or swimmers during session.  Covid-19 support officer to report back to Covid-19 lead after every session. |
| Facility entrance and reception area | * Athletes * Coaches * Volunteers * Parents * Watford Central Staff | High | A one-way system will be in operation, and details of this will be communicated to swimmers and parents.  Swimmers will enter through the normal entrance, but instead of entering the changing facilities, they will directly enter poolside through the door to the left of reception. Swimmers will not enter the changing rooms prior to swimming.  Social distancing during entry and exit of pool building to be maintained.  Information given to parents of protocols and instructions prior to sessions. This will include a video walk-through of how to enter the swimming pools, conducted by the senior and junior club captains.  Parents will be able to access the viewing area. They will access this area through the same route as the swimmers, i.e. via the door to the left of reception. Parents must observe social distancing guidelines whilst in the viewing gallery. There will be very limited spaces in the viewing area due to social distancing requirements.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | Watford Swimming Club Covid-19 Lead, Squad Coach and Watford Central representative  Covid-19 support officer to observe how protocols are being observed, but will not interact with coaches, volunteers, or swimmers during session.  Covid-19 support officer to report back to Covid-19 lead after every session. |
| Changing rooms | * Athletes * Coaches * Volunteers * Watford Central Staff | High | Swimmers to arrive ‘beach ready’ in their swimming costumes ready to swim.  Swimmers will not have access to the changing rooms prior to swimming. Showers will not be accessible.  The changing rooms will be available for changing after swimming, but again there will not be any showers available.  Lockers will not be available for use by Watford Swimming Club swimmers.  Parents will be asked to ensure appropriate clothing/towelling is brought with them.  The wetside toilets will be available during the session, but there will be a one way system regarding entry and exit. If required, swimmers are encouraged to go to the toilet prior to entering the pool.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | Watford Swimming Club Covid-19 Lead, Squad Coach and Watford Central representative.  Covid-19 support officer to observe how protocols are being observed, but will not interact with coaches, volunteers, or swimmers during session.  Covid-19 support officer to report back to Covid-19 lead after every session. |
| Health screening | * Athletes * Coaches * Volunteers * Watford Central Staff | High | The Covid-19 liaison officer will complete registration on entry of those swimming, and completion of screening health checklist before every training session.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | Squad Coach and Covid-19 support officer. |
| Someone becomes unwell during session | * Athletes * Coaches * Volunteers * Watford Central Staff | Low | Covid-19 officer to have contact details of all registered swimmers at the session.  If WSC member, the Covid-19 support officer to contact parent, guardian or next of kin. The affected swimmer will be moved to the group changing room in the wetside area until parents/guardians are able to collect swimmer.  Parents asked to remain in a nearby location, if not remaining in the building.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Low | Covid -19 officer should immediately contact the Duty Manager, who will then advise on Everyone Active’s Operating Protocol in these circumstances.  Covid-19 Support Officer to support with contacting parents if needed.  . |
| Poolside | * Athletes * Coaches * Volunteers * Watford Central Staff | High | Swim England guidance to be sent to all swimmers reminding them of social distancing guidance.  Social distancing protocols to be followed at all times by swimmers.  Parents will be able to access the viewing area. They will access this area through the same route as the swimmers, i.e. via the door to the left of reception. Parents must observe social distancing guidelines whilst in the viewing gallery. There will be very limited spaces in the viewing area due to social distancing requirements.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | WSC Squad Coach.  Covid-19 support officer to observe how protocols are being observed, but will not interact with coaches, volunteers, or swimmers during session.  Covid-19 support officer to report back to Covid-19 lead after every session. |
| During activity | * Athletes | High | Appropriate training to achieve social distancing protocols as set out by Swim England. Bather load to reflect Swim England guidance of 6m2 gap. For normal activities this equates to 6 swimmers per lane, but for older swimmers and certain strokes (e.g. butterfly) this would be fewer than this.  Watford Swimming Club will look to use close social groups as ‘bubbles’ and ensure that swimmers in close social groups swim in the same lanes.  Pre and post pool exercise are not advised.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | Head Coach and squad coaches.  Covid-19 support officer to observe how protocols are being observed, but will not interact with coaches, volunteers, or swimmers during session.  Covid-19 support officer to report back to Covid-19 lead after every session. |
| Hygiene measures not being followed | * Athletes * Coaches * Volunteers * Watford Central Staff | High | Covid-19 Rules, as produced by Swim England, communicated to all members and swimmers in advance of sessions.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | WSC Committee Covid-19 lead.  Reinforced by Coaching team and supported by Covid-19 support officers.  Covid-19 support officer to report back to Covid-19 lead after every session. |

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| Equipment | * Athletes | High | Communication regarding use and sharing is prohibited.  Recommendation of cleaning protocols after each training session to be circulated.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | Club Committee and Lead Coaches  Covid-19 support officer to observe how protocols are being observed, but will not interact with coaches, volunteers, or swimmers during session.  Covid-19 support officer to report back to Covid-19 lead after every session |
| Exit | * Athletes * Coaches * Volunteers * Parents * Watford Central Staff | High | Swimmers will exit the pool area through the changing rooms. There will be selected changing cubicles available – these are only to be used after swimming (NOT BEFORE).  Swimmers will exit the changing rooms following the one way directions via the fire exit leading them to the back of the building.  Clear instructions to parents for collection their children for all age groups will be circulated to all parents.  Covid-19 Lead to react to any issues raised by Covid-19 support team. This could involve:   * Reinforcing guidance with coaching team, swimmers and parents. * Discussing requirements with parents and swimmers in the case of infringements (the Liaison Officer is also able to do this during the session.) * Banning swimmers/parents from training in the case of repeated or egregious breaches of guidance. | Medium | Lead Coaches, Facility Operator  Covid-19 support officer to observe how protocols are being observed, but will not interact with coaches, volunteers, or swimmers during session.  Covid-19 support officer to report back to Covid-19 lead after every session |