

RECORDS Verulam Club Records

SC Meters-Female

8 & U	25 Free	18.50	25-Apr-09	VERT	Elena Baccas at Peanuts League 2009 Round 1	
	50 Free	42.12	4-Apr-09	VERT	Elena Baccas at CoStA/Verulam Club Championship April 2009	
	200 Free	3:32.16 *	17-Oct-15	VERT	Amber Harber at Verulam Club Champs II	
	200 Free	3:32.16 *	17-Oct-15	VERT	Amber Harber at Verulam Club Champs II	
	25 Back	20.92	20-Jun-09	VERT	Isabel Donovan Verulam Intra-club gala	
	50 Back	45.95	21-Nov-15	VERT	Amber Harber at Verulam Club champs III	
	200 Back	3:58.33	19-Nov-11	VERT	Libby Chambers at Verulam Autumn Championships- 2	
	25 Breast	26.05	26-Sep-15	VERT	Maya Ghosh at Verulam Club Champs Autumn 2015 Session 1	
	50 Breast	52.72	6-Oct-12	VERT	Libby Chambers Verulam Club Champs	
	200 Breast	4:04.00	6-Oct-12	VERT	Libby Chambers at Club Champs	
	25 Fly	25.21	1-Jul-17	VERT	Annabelle Wade at Verulam Club Champs Summer 2017	
	50 Fly	51.87	5-Oct-13	VERT	Luci Stanley at Club Champs	
	75 IM	1:22.37	30-Jun-12	VERT	Libby Chambers at Verulam Summer Sprint Champs	
	100 IM	1:22.37	30-Jun-12	VERT	Libby Chambers Verulam Summer Sprint Champs	
	100 IM	1:43.22	21-Nov-15	VERT	Amber Harber at Verulam Club champs III	
	9-9	25 Free	15.11	14-May-08	VERT	Charlotte Fillmore
		50 Free	36.38	6-Mar-10	VERT	Elena Baccas at 2010 HERTFORDSHIRE COUNTY CHAMPIONSHIPS
100 Free		1:23.37	25-May-08	VERT	Charlotte Fillmore Stevenage Open Meet	
200 Free		3:01.76	1-Mar-14	VERT	Emily Penfold at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2014	
400 Free		6:38.58	27-Apr-13	VERT	Emma Clarke at Team Luton SC 2013 Short Course Open Meet	
25 Back		19.32	14-Jun-14	VERT	Emily Penfold at Herts Peanuts R2	
50 Back		41.31	16-May-14	VERT	Emily Penfold at Herts Primary	
100 Back		1:34.83	5-Oct-19	VERT	Amy Witton at HSC FINIS Legacy Open Meet 2019	
200 Back		3:14.90	29-Jun-13	VERT	Libby Chambers at WSC Alternative Nationals 2013	
25 Breast		22.14 *	11-Jun-16	VERT	Amber Harber at Herts Peanuts League R2 2016	
25 Breast		22.14 *	11-Jun-16	VERT	Amber Harber Herts Peanuts League R2 2016	
50 Breast		47.51	5-Oct-13	VERT	Libby Chambers at Verulam Club Champs	
100 Breast		1:46.28 *	21-Jan-17	VERT	Herts CountyChampionships 2017 Leila Odaro-Burnet at Herts CountyChan	
100 Breast		1:46.28 *	21-Jan-17	VERT	Leila Odaro-Burnet at Herts County Championships 2017	
200 Breast		3:43.23 *	1-Mar-14	VERT	Emily Penfold at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2014	
200 Breast		3:43.23 *	1-Mar-14	VERT	Emily Penfold at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2014	
25 Fly		17.87 *	11-Jun-16	VERT	Rosie Hadfield at Herts Peanuts League R2 2016	
25 Fly		17.87 *	11-Jun-16	VERT	Rosie Hadfield Herts Peanuts League R2 2016	
50 Fly		45.73	11-May-13	VERT	Libby Chambers at HHSC Spring Dev Meet 2013 Licence No.	
100 IM		1:16.31	8-Feb-09	VERT	Heather Kersey	
100 IM		1:32.14	1-Mar-14	VERT	Emily Penfold at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2014	
200 IM	3:24.53	1-Mar-14	VERT	Emily Penfold at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2014		
10-10	25 Free	15.16 *	6-Jun-15	VERT	Emily Penfold at Herts Peanuts Round2 2015	
	25 Free	15.16 *	6-Jun-15	VERT	Emily Penfold 2015 at Herts Peanuts Round2 2015	
	50 Free	33.86	26-Mar-11	VERT	Elena Baccas at Herts Major League 2011 Round 3	
	100 Free	1:17.02	4-Apr-09	VERT	Charlotte Fillmore at Costa/Verulam Champs	
	200 Free	2:51.51	22-Mar-15	VERT	Emily Penfold at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2015	
	400 Free	6:18.34	1-Mar-14	VERT	Emma Clarke at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2014	
	800 Free	12:27.06	7-Mar-09	VERT	Charlotte Fillmore	
	25 Back	18.03	10-Jan-15	VERT	Emily Penfold at Herts Major 2014/2015 Round 1	
	50 Back	39.63	27-Feb-10	VERT	Rosie Shreeves at Herts Major League 2010. Round 3	
	100 Back	1:28.71	25-Nov-17	VERT	Eva Glynn at Watford SC County Qualifier Open Meet	
	200 Back	3:02.44	19-Oct-08	VERT	Charlotte Fillmore at Barnet Cophthal 200s meet	
	25 Breast	20.55	26-Mar-11	VERT	Elena Baccas at Herts Major League 2011 Round 3	
	50 Breast	43.54	2-Dec-17	VERT	Amber Harber at CoStA Open Winter Meet 2017	
	100 Breast	1:38.71	7-May-11	VERT	Elena Baccas at SSC Sprint Meet 2011	
	200 Breast	3:31.99	1-Mar-14	VERT	Libby Chambers at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2014	

RECORDS Verulam Club Records

10-10	25 Fly	16.97	25-Mar-17	VERT	Rosie Hadfield at Herts Major League Round 3	
	50 Fly	40.71	27-Jun-15	VERT	Luci Stanley at WSC Terry Davies Alternative Nationals 2015	
	100 Fly	1:32.46	2-Dec-17	VERT	Keira-Mae Ingram at CoStA Open Winter Meet 2017	
	75 IM	1:10.23	31-Jan-10	VERT	Rosie Shreeves at Winter Sprint Meet 2010	
	100 IM	1:28.80	21-Jun-14	VERT	Isabel Harber at Verulam Club Summer Champs	
	200 IM	3:11.18	19-May-18	VERT	Erin Younger at Spring Development Meet 2018	
11-11	25 Free	13.05	25-Mar-17	VERT	Molly Young at Herts Major League Round 3	
	50 Free	31.81	7-Jan-12	VERT	Elena Baccas at Herts Major League 2011 Round 1	
	100 Free	1:10.50	12-May-12	VERT	Elena Baccas at Stevenage Swimming Club May Open Meet	
	200 Free	2:37.91	11-Mar-12	VERT	Elena Baccas at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2012	
	400 Free	5:59.32	28-Feb-15	VERT	Libby Chambers at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2015	
	25 Back	17.58	* 9-Jan-16	VERT	Emily Penfold Herts Major 2016 Round 1	
	25 Back	17.58	* 9-Jan-16	VERT	Emily Penfold at Herts Major 2016 Round 1	
	50 Back	35.12	31-Oct-15	VERT	Isabel Harber at Cheshunt 11 Anual Open Meet	
	100 Back	1:17.02	10-Oct-15	VERT	Isabel Harber at Arenal League	
	200 Back	2:50.28	3-Oct-15	VERT	Isabel Harber at Harpenden Legacy Open Meet 2015	
	25 Breast	19.06	* 2-Jul-11	VERT	Elena Baccas at Peanuts League Round 3 Elena Baccas at Peanuts League R	
	25 Breast	19.06	* 2-Jul-11	VERT	Elena Baccas at Peanuts League Round 3	
	50 Breast	39.43	9-Dec-18	VERT	Amber Harber at Alan Doyle Memorial Sprint	
	100 Breast	1:28.57	6-Oct-18	VERT	Amber Harber at HSC Legacy Open Meet	
	200 Breast	3:13.10	1-Dec-18	VERT	Amber Harber at 2018 CoStA Winter Open Meet	
	25 Fly	16.74	* 5-Mar-16	VERT	Luci Stanley at Herts Major 2016 Round 2	
	25 Fly	16.74	* 5-Mar-16	VERT	Luci Stanley Round 2 at Herts Major 2016 Round 2	
	50 Fly	35.70	17-Oct-15	VERT	Isabel Harber at Verulam Club Champs	
	100 Fly	1:26.60	7-Mar-09	VERT	Emily Muggleton at Herts County Champs	
	200 Fly	3:14.31	19-May-18	VERT	Keira-Mae Ingram at Spring Development Meet 2018	
	100 IM	1:20.81	17-Oct-15	VERT	Isabel Harber at Verulam Club Champs	
	200 IM	2:57.61	3-Oct-15	VERT	Isabel Harber at Harpenden Legacy Open Meet 2015	
	400 IM	6:29.54	30-Sep-18	VERT	Keira-Mae Ingram at Team Luton Autumn Short Course	
	12-12	25 Free	14.32	25-Mar-17	VERT	Emily Penfold at Herts Major League Round 3
		50 Free	30.23	25-Jun-16	VERT	Libby Chambers at Terry Davies Alternative Nationals
		100 Free	1:08.70	12-Mar-16	VERT	Libby Chambers
200 Free		2:33.21	24-Sep-16	VERT	Libby Chambers at Team Luton SC Open2016	
400 Free		5:34.21	* 27-Jan-13	VERT	Elena Baccas at Controled time trials	
400 Free		5:34.21	* 27-Jan-13	VERT	Elena Baccas at Controled time trials Elena Baccas at Controled time trials	
800 Free		12:48.78	15-Nov-08	VERT	Elizabeth Healey at Verulam Club Champs	
25 Back		16.78	* 5-Mar-16	VERT	Isabel Harber Herts Major 2016 Round 2	
25 Back		16.78	* 5-Mar-16	VERT	Isabel Harber at Herts Major 2016 Round 2	
50 Back		33.38	7-May-16	VERT	Isabel Harber at Herts Peanuts League R1 2016	
100 Back		1:11.91	22-Apr-16	VERT	Isabel Harber at COPS Last Chance Regional Qualifier	
200 Back		2:38.75	24-Sep-16	VERT	Isabel Harber at Team Luton SC Open2016	
25 Breast		25.80	24-Apr-17	VERT	Stella Whitlum at Club Time Trials	
50 Breast		38.11	28-May-16	VERT	Libby Chambers at Eastern Regionals LC	
100 Breast		1:23.94	9-Mar-13	VERT	Elena Baccas at HERTFORDSHIRE COUNTY CHAMPIONSHIPS 2013	
200 Breast		3:00.83	27-Apr-13	VERT	Elena Baccas at Team Luton SC 2013 Short Course Open Meet	
25 Fly		22.90	24-Apr-17	VERT	Stella Whitlum at Club Time Trials	
50 Fly		32.00	4-Jul-09	VERT	Emily Muggleton at Peanuts League Rd 3	
100 Fly		1:19.20	17-Nov-12	VERT	Elena Baccas at Verulam Club Champs	
200 Fly		3:45.10	18-Oct-09	VERT	Lauren Herlock at 200s meet	
100 IM		1:15.21	25-Jun-16	VERT	Isabel Harber at Terry Davies Alternative Nationals	
200 IM		2:42.23	12-Mar-16	VERT	Libby Chambers at Watford Sc Open Meet	
400 IM		6:30.49	5-Oct-19	VERT	Maya Ghosh at HSC FINIS Legacy Open Meet 2019	
13-13		50 Free	29.55	1-Jul-17	VERT	Libby Chambers at Verulam Club Champs Summer 2017

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13-13	100	Free	1:06.56	21-Nov-15	VERT	Clementine Waterhouse at Verulam Club champs III	
	200	Free	2:26.36	17-Oct-15	VERT	Clementine Waterhouse at Verulam Club Champs II	
	400	Free	5:29.22	4-Nov-16	VERT	Libby Chambers at 400 Free time trials	
	800	Free	12:19.02	15-Nov-08		Amy Webb at Verulam Club Champs	
	1500	Free	59:59.59	1-Jan-01		TBA TBA	
	50	Back	32.62	1-Jul-17	VERT	Isabel Harber at Verulam Club Champs Summer 2017	
	100	Back	1:10.38	17-Jun-17	VERT	Isabel Harber at Terry Davies Alternative Nationals	
	200	Back	2:33.55	17-Jun-17	VERT	Isabel Harber at Terry Davies Alternative Nationals	
	50	Breast	38.70	26-Sep-15	VERT	Clementine Waterhouse at Verulam Club Champs Autumn 2015 Session 1	
	100	Breast	1:22.51	8-Feb-20	VERT	Amber Harber at Herts Major League Div 2 Rnd 1 Gala 2	
	200	Breast	3:02.97	* 12-Mar-16	VERT	Libby Chambers at WSC REGIONAL QUALIFIER 2016	
	200	Breast	3:02.97	* 12-Mar-16	VERT	Libby Chambers at WSC Open Meet Libby Chambers at WSC REGIONAL QUA	
	50	Fly	32.63	30-Jun-18	VERT	Luci Stanley at Verulam Club Champs Summer 2018	
	100	Fly	1:16.54	11-Nov-17	VERT	Lucy Jordan Caws NASL R2	
	200	Fly	2:59.85	* 27-Nov-16	VERT	Lucy Jordan-Caws at Hitchin Open 2016	
	200	Fly	2:59.85	* 27-Nov-16	VERT	Lucy Jordan-Caws at Hitchin Open 2016 Lucy Jordan-Caws at Hitchin Open	
	100	IM	1:14.10	17-Jun-17	VERT	Isabel Harber at Terry Davies Alternative Nationals	
	200	IM	2:40.68	* 19-Nov-16	VERT	Isabel Harber at Verulam Club Champs II 4ER161284	
	200	IM	2:40.68	* 19-Nov-16	VERT	Isabel Harber Verulam Club Champs II 4ER161284	
	400	IM	5:42.06	18-Nov-17	VERT	Lucy Jorda-Caws TeamLuton SC	
14-15	50	Free	29.35	1-Jul-17	VERT	Maisie Parkin at Verulam Club Champs Summer 2017	
	100	Free	1:03.11	25-May-08	VERT	Georgina Thornton Stevenage Open Meet	
	200	Free	2:22.60	8-Mar-01	VERT	Georgina Thornton at Herts County Champs	
	400	Free	5:20.23	30-Sep-17	VERT	Clementine Waterhouse at Harpenden Legacy Meet 2017	
	800	Free	10:27.57	3-Mar-07	VERT	Georgina Thornton at Herts County Champs	
	1500	Free	59:59.59	1-Jan-01		TBA TBA	
	50	Back	31.24	23-Jun-18	VERT	Isabel Harber at Terry Davies Alternative Nationals	
	100	Back	1:07.11	1-Dec-18	VERT	Isabel Harber at 2018 CoStA Winter Open Meet	
	200	Back	2:34.35	20-Jan-18	VERT	Isabel Harber at County Champs 2018	
	50	Breast	36.32	5-Mar-22	VERT	Amber Harber at WSC REGIONAL QUALIFIER 2022	
	100	Breast	1:20.39	11-Dec-21	VERT	Amber Harber at Arena 2021 R3	
	200	Breast	2:56.87	6-Nov-15	VERT	Elena Baccas at East Swimming SC Winter Champs 2015	
	50	Fly	31.86	25-Nov-17	VERT	Libby Chambers at Watford SC County Qualifier Open Meet	
	100	Fly	1:12.75	5-Mar-16	VERT	Elena Baccas at Herts Major 2016 Round 2	
	200	Fly	2:44.53	24-Oct-17	VERT	Lucy Jordan-Caws at Lucy J-C results from Hatfield's entered comp	
	100	IM	1:11.78	23-Jun-18	VERT	Isabel Harber at Terry Davies Alternative Nationals	
	200	IM	2:37.12	10-Nov-18	VERT	Isabel Harber at The NAtional Arena 2018 R2	
	400	IM	5:39.23	1-Dec-18	VERT	Lucy Jordan-Caws at 2018 CoStA Winter Open Meet	
	16 & 0	50	Free	28.80	5-Mar-11	VERT	Georgina Thornton at Hert County Champs
		100	Free	1:02.27	9-Nov-19	VERT	Maisie Parkin at Arena 2019 R2
200		Free	2:20.06	16-Nov-19	VERT	Maisie Parkin at Verulam Club Champs Autumn P2 2019	
400		Free	5:07.38	17-Nov-08	VERT	Georgina Thornton at Verulam Club Champs	
800		Free	10:50.22	17-Nov-08	VERT	Georgina Thornton at Verulam Club Champs	
1500		Free	59:59.59	1-Jan-00		TBA TBA	
50		Back	31.37	27-Jan-19	VERT	Isabel Harber at SE Hertfordshire County Champ	
100		Back	1:08.30	27-Jan-19	VERT	Isabel Harber at SE Hertfordshire County Champ	
200		Back	2:33.17	28-Sep-19	VERT	Maisie Parkin at Verulam Club Champs Autumn P1 2019	
50		Breast	34.03	16-Jan-10	VERT	Victoria Healey at Costa Club Champs Sprints	
100		Breast	1:18.72	19-Nov-16	VERT	Elena Baccas at Verulam Club Champs II 4ER161284	
200		Breast	2:51.14	12-Mar-16	VERT	Elena Baccas at WSC REGIONAL QUALIFIER 2016	
50		Fly	32.23	30-Jun-19	VERT	Libby Chambers at Verulam Club Champs Summer 2019	
100		Fly	1:11.51	17-Nov-07	VERT	Georgina Thornton at Verulam Club Champs	
200		Fly	2:47.93	2-Oct-21	VERT	Lucy Jordan-Caws at HSC FINIS Legacy Meet 2021	
100		IM	1:13.69	19-Jan-20	VERT	Leora Gudgin at SEH County Championships 2020	

RECORDS Verulam Club Records

16 & 0	200 IM	2:37.63	8-Oct-16	VERT	Elena Baccas at Arena National Swimmin League R1
	400 IM	5:45.57	1-Nov-16	VERT	Elena Baccas at Controled 400 IM time trials

RECORDS Verulam Club Records

SC Meters-Male

8 & U	25 Free	19.16	20-Apr-10	VERT	Samuel McConnell	Verulam Club Champs	
	50 Free	43.25	16-Nov-13	VERT	Darcy Moffat	at Club Champs	
	200 Free	3:50.06	5-Oct-13	VERT	Darcy Moffat	at Club Champs	
	25 Back	22.19	21-Jun-14	VERT	Cameron Langfield	at Verulam Club Summer Champs	
	50 Back	49.63	30-Jun-19	VERT	Alexander Duncan	at Verulam Club Champs Summer 2019	
	200 Back	3:43.83	27-Apr-13	VERT	Luke Canning	Luton Open Meet	
	25 Breast	27.94	30-Jun-12	VERT	Ewan Muschamp	Verulam Club Champs	
	50 Breast	55.70	6-Oct-12	VERT	Luke Canning	at Club Champs 2012 - 06 Oct	
	200 Breast	3:55.29	27-Apr-13	VERT	Luke Canning	Luton Open Meet	
	25 Fly	29.03	6-Jul-13	VERT	Ewan Callaghan	at Verulam Summer Sprint Champ 2013	
	50 Fly	40.09	7-Nov-08	VERT	Harry Parker	HCC	
	0 IM	1:30.55	30-Jun-12	VERT	Luke Canning	at Verulam Summer Sprint Champs	
	75 IM	1:30.55	30-Jun-12	VERT	Luke Canning	at Verulam Summer Sprint Champs	
	100 IM	1:52.33	16-Nov-13	VERT	Darcy Moffat	at Club Champs	
	9-9	25 Free	17.10	14-Jun-08	VERT	Michael Cameraa	
		50 Free	34.64	16-Mar-19	VERT	Olly Fenwick	at WSC REGIONAL QUALIFIER 2019
100 Free		1:30.66	6-Jul-08	VERT	Harry Parker	Barnet Cophall Summer Sprints	
200 Free		2:50.97	16-Mar-19	VERT	Olly Fenwick	at WSC REGIONAL QUALIFIER 2019	
400 Free		8:26.23	* 4-Nov-16	VERT	Fin Hussain	at 400 Free time trials	
400 Free		8:26.23	* 4-Nov-16	VERT	Fin Hussain	at 400 Free time trials	
25 Back		20.28	9-May-15	VERT	Reece Dickson	at Herts Peanuts Round1 2015	
50 Back		38.96	23-Feb-19	VERT	Olly Fenwick	at Herts Major League Div 2 Rnd 2 Gala 2 entry	
100 Back		1:26.15	16-Mar-19	VERT	Olly Fenwick	at WSC REGIONAL QUALIFIER 2019	
200 Back		3:21.73	21-Nov-10	VERT	Samuel McConnell	at Herts Development Meet	
25 Breast		22.36	3-Jul-10	VERT	Samuel McConnell	at Peanuts League Round 3	
50 Breast		46.36	16-Mar-19	VERT	Olly Fenwick	at WSC REGIONAL QUALIFIER 2019	
100 Breast		1:54.36	17-Dec-09	VERT	Sammy Parker	at Verulam Time trials	
200 Breast		3:47.12	18-Jan-14	VERT	Luke Canning	at Watford SC County Qualifier Meet 14	
25 Fly		18.34	9-May-18	VERT	Olly Fenwick	at Peanuts League 2018	
50 Fly		38.92	16-Mar-19	VERT	Olly Fenwick	at WSC REGIONAL QUALIFIER 2019	
0 IM		1:20.63	18-Jun-11	VERT	Jack Liversidge	at Verulam Summer IM Championship	
75 IM		1:20.63	18-Jun-11	VERT	Jack Liversidge	at Verulam Summer IM Championship	
100 IM		1:33.07	1-Dec-18	VERT	Olly Fenwick	at 2018 CoStA Winter Open Meet	
200 IM		3:13.23	16-Mar-19	VERT	Olly Fenwick	at WSC REGIONAL QUALIFIER 2019	
10-10	25 Free	15.60	11-Jun-16	VERT	Reece Dickson	at Herts Peanuts League R2 2016	
	50 Free	33.96	27-Apr-19	VERT	Oliver Fenwick	at 2019 St Albans District Prim Sch Trials Gala	
	100 Free	1:15.12	8-Dec-19	VERT	Olly Fenwick	at HSC FINIS Last Chance County Qualifier	
	200 Free	2:48.67	16-Nov-19	VERT	Olly Fenwick	at Watford SC County Qualifier Open Meet 2019	
	400 Free	7:30.49	* 4-Nov-16	VERT	Harry Lawrence	at 400 Free time trials	
	400 Free	7:30.49	* 4-Nov-16	VERT	Harry Lawrence	at 400 Free time trials	
	800 Free	50:01.01	8-Jan-17	VERT	TBA	TBA	
	25 Back	18.47	* 11-Jun-16	VERT	Reece Dickson	R2 at Herts Peanuts League R2 2016	
	25 Back	18.47	* 11-Jun-16	VERT	Reece Dickson	at Herts Peanuts League R2 2016	
	50 Back	37.61	8-Feb-20	VERT	Olly Fenwick	at Herts Major League Div 2 Rnd 1 Gala 2	
	100 Back	1:23.03	5-Mar-22	VERT	Tommy Fenwick	at WSC REGIONAL QUALIFIER 2022	
	200 Back	3:00.05	28-Sep-19	VERT	Olly Fenwick	at Verulam Club Champs Autumn P1 2019	
	25 Breast	19.88	7-Feb-09	VERT	Stanley Tinkler	at Herts League Rd 2	
	50 Breast	45.67	16-Nov-19	VERT	Olly Fenwick	at Watford SC County Qualifier Open Meet 2019	
	100 Breast	1:37.39	8-Dec-19	VERT	Olly Fenwick	at HSC FINIS Last Chance County Qualifier	
	200 Breast	3:29.90	19-Oct-19	VERT	Olly Fenwick	at Hemel Hempstead SC 106th Birthday Open	
	25 Fly	16.26	8-Feb-20	VERT	Olly Fenwick	at Herts Major League Div 2 Rnd 1 Gala 2	
	50 Fly	34.98	8-Feb-20	VERT	Olly Fenwick	at Herts Major League Div 2 Rnd 1 Gala 2	

RECORDS Verulam Club Records

10-10	100 Fly	1:24.72	14-Dec-19	VERT	Olly Fenwick at Arena 2019 Round 3	
	200 Fly	3:57.94	19-Oct-08	VERT	Stanley Tinkler	
	75 IM	1:21.86	30-Jun-12	VERT	Jack Latter at Verulam Summer Sprint Champs	
	100 IM	1:24.06	5-Oct-19	VERT	Olly Fenwick at HSC FINIS Legacy Open Meet 2019	
	200 IM	3:08.17	19-Oct-19	VERT	Olly Fenwick at Hemel Hempstead SC 106th Birthday Open	
11-11	25 Free	15.46	7-Mar-15	VERT	Nicholas Casey at Herts Major R3	
	50 Free	32.68	3-Nov-20	VER	Olly Fenwick at Compteiotion X run 1	
	100 Free	1:14.36	20-Oct-18	VERT	Max Whelan at Club Champs R1	
	200 Free	2:35.35	19-Jan-20	VERT	Olly Fenwick at SEH County Championships 2020	
	400 Free	5:42.97	12-Jan-20	VERT	Olly Fenwick at SEH County Championships 2020	
	25 Back	18.34	28-Jan-12	VERT	Samuel McConnell at Herts Major League	
	50 Back	36.93	26-Jan-20	VERT	Olly Fenwick at SEH County Championships 2020	
	100 Back	1:19.17	12-Jan-20	VERT	Olly Fenwick at SEH County Championships 2020	
	200 Back	2:51.79	26-Jan-20	VERT	Olly Fenwick at SEH County Championships 2020	
	25 Breast	19.84	28-Feb-09	VERT	Stanley Tinkler at Herts League 2009 Round 3	
	50 Breast	43.08	1-Jul-17	VERT	Reece Dickson at Verulam Club Champs Summer 2017	
	100 Breast	1:33.93	3-Nov-20	VER	Olly Fenwick at Compteiotion X run 1	
	200 Breast	3:22.72	5-Mar-05	VERT	Jack Donoghue at Herts County Chmaps	
	25 Fly	16.34	20-Jun-09	VERT	Stanley Tinkler at Verulam Intra-club gala 2009	
	50 Fly	34.76	19-Jan-20	VERT	Olly Fenwick at SEH County Championships 2020	
	100 Fly	1:19.56	12-Jan-20	VERT	Olly Fenwick at SEH County Championships 2020	
	200 Fly	3:41.72	7-Mar-09	VERT	Stanley Tinkler at HERTS ASA CHAMPS 2009	
	100 IM	1:22.95	3-Nov-20	VER	Olly Fenwick at Compteiotion X run 1	
	200 IM	2:54.82	7-Mar-20	VERT	Olly Fenwick at WSC REGIONAL QUALIFIER 2020	
	400 IM	59:59.59	1-Jan-01		TBA TBA	
	12-12	25 Free	14.88	2-Jul-11	VERT	Louis Heath at Peanuts League Round 3
		50 Free	29.83	25-Jun-22	VERT	Karson Chan at Summer Sprints 2022
100 Free		1:07.51	5-Feb-11	VERT	Stanley Tinkler at Herts Major League	
200 Free		2:26.37	4-Dec-21	VERT	Olly Fenwick at 2021 CoStA Winter Open Meet	
400 Free		5:16.98	12-Dec-21	VERT	Olly Fenwick at HSC FINIS Last Chance County Qualifier	
800 Free		59:59.59	1-Jan-01		TBA TBA	
1500 Free		22:12.28	23-Jan-11	VERT	Stanley Tinkler at VASC Champs	
25 Back		17.27	* 9-Jan-16	VERT	William Benson Herts Major 2016 Round 1	
25 Back		17.27	* 9-Jan-16	VERT	William Benson at Herts Major 2016 Round 1	
50 Back		34.62	25-Jun-22	VERT	Karson Chan at Summer Sprints 2022	
100 Back		1:13.33	5-Mar-22	VERT	Olly Fenwick at WSC REGIONAL QUALIFIER 2022	
200 Back		2:43.05	15-Jan-11	VERT	Stanley Tinkler Watfprd Open Meet	
25 Breast		25.10	24-Apr-17	VERT	Laurence Dunkley at Club Time Trials	
50 Breast		35.43	25-Jun-22	VERT	Karson Chan at Terry Davies Alternative Nationals	
100 Breast		1:20.75	11-Dec-21	VERT	Karson Chan at Arena 2021 R3	
200 Breast		3:07.77	4-Mar-06	VERT	Jack Donoghue at Herts County Champs	
25 Fly		19.28	7-Mar-15	VERT	Joshua Langfield at Herts Major League	
50 Fly		32.47	5-Feb-11	VERT	Stanley Tinkler at Herts Major League	
100 Fly		1:13.31	5-Mar-22	VERT	Olly Fenwick at WSC REGIONAL QUALIFIER 2022	
200 Fly		2:50.19	5-Mar-22	VERT	Olly Fenwick at WSC REGIONAL QUALIFIER 2022	
100 IM		1:12.42	25-Jun-22	VERT	Karson Chan at Summer Sprints 2022	
200 IM		2:39.72	5-Mar-22	VERT	Olly Fenwick at WSC REGIONAL QUALIFIER 2022	
400 IM		5:54.78	20-Nov-21	VERT	Olly Fenwick at Watford SC County Qualifier Open Meet 2021	
13-13		50 Free	27.45	16-Oct-11	VERT	Stanley Tinkler at National County Team
		100 Free	1:02.72	4-Feb-12	VERT	Stanley Tinkler at Hatfield Open Meet
		200 Free	2:22.50	19-Nov-11	VERT	Stanley Tinkler at Verulam club Champs
		400 Free	5:14.71	10-Mar-07	VERT	James Devine at Herts County Champs
	800 Free	59:59.59	1-Jan-01		TBA TBA	

RECORDS Verulam Club Records

13-13	1500 Free	23:28.50	7-Nov-09		Elija Eaves-Bunce	Verulam Club Champs	
	50 Back	34.00	10-Dec-11	VERT	Stanley Tinkler	at Arena League Rd 3	
	100 Back	1:13.04	2-Dec-17	VERT	Nathaniel Hopkins	at CoStA Open Winter Meet 2017	
	200 Back	2:36.47	2-Dec-17	VERT	Nathaniel Hopkins	at CoStA Open Winter Meet 2017	
	50 Breast	37.34	3-Mar-07	VERT	Jack Donoghue	at Herts County Champs	
	100 Breast	1:22.17	17-Mar-07	VERT	Jack Donoghue	at Herts County Champs	
	200 Breast	2:58.62	7-Oct-17	VERT	Nathaniel Hopkins	at Hemel Hempstead SC 104th Birthday Open	
	50 Fly	30.95	17-Nov-12	VERT	Stanley Tinkler	at Hatfield Open Meet	
	100 Fly	1:14.23	10-Dec-11	VERT	Stanley Tinkler	at Arena League Rd 3	
	200 Fly	3:12.55	5-Oct-19	VERT	Janek Matheson-Chubb	at HSC FINIS Legacy Open Meet 2019	
	100 IM	1:11.19	17-Nov-12	VERT	Stanley Tinkler	at Verulam Club Summer Champs	
	200 IM	2:39.47	4-Feb-12	VERT	Stanley Tinkler	at Hatfield SC Open Meet	
	400 IM	6:03.54	21-Jan-17	VERT	Nathaniel Hopkins	at Herts ASA County Championships 2017	
	14-15	50 Free	27.13	* 24-Oct-15	VERT	Ignatius James	Luton SC Short Course Meet
50 Free		27.13	* 24-Oct-15	VERT	Ignatius James	at Luton SC Short Course Meet	
100 Free		1:00.61	5-Oct-13	VERT	Stanley Tinkler	at Verulam Club Champs	
200 Free		2:14.49	* 24-Oct-15	VERT	Ignatius James	at Luton Open Meet Ignatius James at Luton SC Short Course	
200 Free		2:14.49	* 24-Oct-15	VERT	Ignatius James	at Luton SC Short Course Meet	
400 Free		5:06.26	22-Jan-06	VERT	Rob Van-Tromp	at Biggleswade 7th Open Meet	
800 Free		59:59.59	1-Jan-01		TBA	TBA	
1500 Free		21:27.79	* 15-Nov-08	VERT	Jack Donoghue	at Verulam Club Championships 2008	
1500 Free		21:27.79	* 15-Nov-08	VERT	Jack Donoghue	Verulam Club Championships 2008	
50 Back		32.64	18-Sep-21	VERT	Harry Lawrence	at CoStA Sprint and Freestyle Open Meet	
100 Back		1:10.41	27-Jan-19	VERT	Nathaniel Hopkins	at SE Hertfordshire County Champ	
200 Back		2:31.63	23-Jun-18	VERT	William Benson	at Terry Davies Alternative Nationals	
50 Breast		35.73	7-Mar-09	VERT	Jack Donoghue	at HERTS ASA CHAMPS 2009	
100 Breast		1:19.04	15-Nov-08	VERT	Jack Donoghue	at Verulam Club Championships 2008	
200 Breast		2:51.84	19-Oct-19	VERT	Nathaniel Hopkins	at Hemel Hempstead SC 106th Birthday Open	
50 Fly		29.39	13-Dec-15	VERT	Ignatius James	at Luton Last Chance CQ	
100 Fly		1:07.32	14-Nov-15	VERT	Ignatius James	at Arena National Swimming League Round 2	
200 Fly		2:55.37	10-May-09	VERT	James Devine	at Stevenage Open Meet	
100 IM		1:08.54	19-Jun-16	VERT	Ignatius James	at Verulam Summer Sprint Championships	
200 IM		2:31.27	14-Nov-15	VERT	Ignatius James	at Arena National Swimming League Round 2	
400 IM		5:45.60	17-Nov-18	VERT	Nathaniel Hopkins	at Watford SC County Qualifier Open Meet 2018	
16 & 0		50 Free	25.06	18-Jan-14	VERT	Luke Target	at Watford SC County Qualifier Meet
		100 Free	55.63	19-Apr-08	VERT	Tom Hayward	at Herts League Round 3
		200 Free	2:07.23	4-Nov-06	VERT	Tom Hayward	at Verulam Club Champs
	400 Free	4:44.00	15-Nov-08	VERT	Rob Van-Tromp	at Verulam Club Champs	
	800 Free	59:59.59	1-Jan-00		TBA	TBA	
	1500 Free	19:59.03	15-Nov-08	VERT	Rob Van-Tromp	at Verulam Club Champs	
	50 Back	30.92	25-Jun-22	VERT	Nathaniel Hopkins	at Summer Sprints 2022	
	100 Back	1:05.73	16-Oct-21	VERT	Nathaniel Hopkins	at VSC Autumn Club Champs Part 1	
	200 Back	2:26.10	7-Mar-09	VERT	Rob Van-Tromp	at Herts County Champs	
	50 Breast	31.93	18-Jan-14	VERT	Luke Target	at Watford SC County Qualifier Meet	
	100 Breast	1:12.41	13-Dec-14	VERT	Luke Target	at National Swimming League R3	
	200 Breast	2:57.47	19-Jan-20	VERT	Nathaniel Hopkins	at SEH County Championships 2020	
	50 Fly	28.40	30-Jun-18	VERT	Rhys Armstrong	at Verulam Club Champs Summer 2018	
	100 Fly	1:04.45	5-Mar-16	VERT	Jack Donoghue	at Herts Major 2016 Round 2	
	200 Fly	59:59.59	1-Jan-01		TBA	TBA	
	100 IM	1:06.89	18-Nov-06	VERT	Tom Hayward	at Verulam Club Champs	
	200 IM	2:23.90	14-Dec-09	VERT	Rob Van-Tromp	at Verulam Time Trials	
	400 IM	5:33.12	23-Jan-11	VERT	Stuart Webb	at VASC Long Distance and CQ Champs	