



WOLVERHAMPTON SC SPRING OPEN MEET

(Affiliated to SE West Midlands Region and Staffordshire ASA)

Saturday 26th and Sunday 27th March 2022
License Number 3WM220262

This is a Level 3 Licensed Meet
For entry into County and Regional Competitions.

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

VENUE	Central Baths, Wolverhampton, WV1 4EG
POOL	8 Lane - 25m pool - electronic timing - anti turbulence lane ropes
AGE GROUPS	9yrs; 10yrs; 11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16+
AGE	Age as at 27th March 2022
CLOSING DATE	Friday 4th March 2022
EVENTS	50m All strokes – all age groups 100m All strokes – all age groups 200m All strokes – all age groups 400m free – all age groups 100m IM – all age groups 200m IM – all age groups 400m IM – all age groups

All events will be heat declared winners

Meet Promotor: Mrs Louise Barnes treasurer@wolverhamptonsc.co.uk

Meet administrator: Mr Gary Barnes headcoach@wolverhamptonsc.co.uk

Covid Lead: Mr Lee Westwood covidlead@wolverhamptonsc.co.uk



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PROMOTERS CONDITIONS

- PROMOTER** The promoter of the Wolverhampton SC Winter Open Meet is Louise Barnes on behalf of Wolverhampton Swimming Club. (WSC)
- AWARDS** Awards will be given to the top 3 in each event/age category. There will be additional awards for overall Top Boy and Top Girl in each age category.
Points will be awarded: - 1st (8pts); 2nd (7pts); 3rd (6pts); 4th (5pts); 5th (4pts); 6th (3pts); 7th (2pts); 8th (1pt)
All awards must be collected on the day as we are unable to forward them after the event.
- ENTRIES** Due to the Coronavirus Pandemic that has curtailed training and competitions for swimmers since the end of March 2020, WSC wants this open meet to be as inclusive as possible to as many swimmers as possible. We are therefore allowing entry times that do not come from Rankings. There are upper cut off times for all events/age groups and all entry times must not be faster than these. Due to the current climate, we would ask coaches to verify that swimmers times, even if they are taken from rankings, are realistic times. WSC may exclude entries where they feel that the spirit of competition in the unusual situation that we have been in has not been adhered to. Entry times should be from 01.01.2021 to 04.03.2022.
- Swimmers with a disability are welcome to enter and will be included within the able bodied programme. A secondary strobe will be not be available at this Open Meet.
- Entry fee will be £6.50 per event, or £7 per event for paper entries..
- Entries to this meet are fist come first served. The date that entries are received is the date that the meet administrator has the completed entry file, summary sheet and payment.
- Closing date for entries will be 4th March 2022. We reserve the right to bring the closing date forward should the meet become oversubscribed. This will be publicised on our website.
- Entries should be made electronically using Sportsystems software, the entry packs/files can be obtained by emailing headcoach@wolverhamptonsc.co.uk it will also be available on our website www.wolverhamptonsc.co.uk
- We request that payments are made by bank transfer to WSC account number 70883107 sort code 40-47-11 using your club name as payment reference. Summary sheets and coach pass applications, should be emailed to the promoter at the above email address.
- A list of all accepted swims will be posted to the Wolverhampton SC website shortly after the closing date has passed (please bear in mind that the closing date may be brought forward as stated above). Rejected swims before the closing date will receive full refunds. Once entries have been accepted, no refunds will be given unless supported by a valid doctor's certificate.
- STRICTLY NO entries will be accepted on the day of the meet.**



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- WITHDRAWALS** Clubs should withdraw any swimmers who are not competing as soon as possible using the online withdrawal link on our website, at the latest by 12 noon the Day before the event.
- STARTS** Over the top starts may be used. Backstroke ledges will not be used at this Open Meet. A secondary strobe will not be available at this meet.
- SWIM DOWN** Pool swim down will be available after each session.
- RESULTS** Results will appear on Wolverhampton Swimming Club's website live, or as soon as possible.
- CAR PARKING** Free car parking is available at Central Baths, but spaces are limited and available on a first come first served basis.
- SPECTATORS** Entry £6.00 per day (£4 half day). OAP concessions of £3.00 entry per day (£2 half day).
Children under 5 years free to all sessions, subject to space, and may be asked to sit on their parent's knee.
We reserve the right to limit spectator numbers if necessary due to Covid or other considerations.
- REFRESHMENTS** Refreshments can be purchased from the coffee bar located in the main reception area of the swimming baths, subject to availability.
- POOLSIDE PASSES** Poolside passes may be purchased per club to include start sheets, buffet lunch and refreshments.
Cost per pass will be £12.00 per day or £20 for a full weekend pass. All team managers/coaches **must** have an up to date DBS certificate.
Passes must be worn at all times, and must be purchased in advance.
NO poolside passes will be available for purchase on the day of the meet.
There will be no access to the poolside for anyone who does not have a poolside pass.
- OFFICIALS** It is requested that all clubs try to provide at least one licensed official for each day and session please. Lunch and refreshments will be provided. A link to our online sign up service will be provided nearer the time.
- SWIM SHOP** A swim shop will be in operation throughout the meet.
- PHOTOGRAPHY** **Photography is strictly prohibited on poolside at any time in accordance with the WV Active centre policy.**
- GENERAL** Any point not covered in the above will be at the discretion of the Promoter.



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Upper Cut-Off Times (short course) 01.01.2021 to 04.03.2022

Male								
Event	9	10	11	12	13	14	15	16/OV
50m Freestyle	32.37	32.37	31.00	28.39	26.27	25.31	24.30	24.00
100m Freestyle	1.11.92	1.11.92	1.06.43	1.02.47	59.31	55.62	54.27	53.00
200m Freestyle	2.39.57	2.39.57	2.19.42	2.13.55	2.07.00	2.00.16	1.59.30	1.59.00
400m Freestyle	6.05.40	5.25.10	5.00.40	4.45.80	4.35.20	4.22.90	4.15.60	4.12.00
50m Backstroke	37.01	37.01	36.24	31.86	31.20	28.71	28.52	28.00
100m Backstroke	1.19.04	1.19.04	1.14.88	1.10.54	1.06.26	1.02.46	1.01.00	1.00.00
200m Backstroke	2.51.77	2.51.77	2.38.73	2.32.82	2.20.00	2.11.82	2.11.50	2.11.00
50m Breaststroke	43.66	43.66	39.43	36.46	32.77	32.21	31.17	30.50
100m Breaststroke	1.34.84	1.34.84	1.28.39	1.18.68	1.11.70	1.10.34	1.09.18	1.08.00
200m Breaststroke	3.15.05	3.15.05	3.07.24	2.50.52	2.35.50	2.34.14	2.29.12	2.28.50
50m Butterfly	34.71	34.71	33.60	31.42	29.00	26.73	25.13	24.14
100m Butterfly	1.18.85	1.18.85	1.14.35	1.11.05	1.01.72	58.80	56.54	54.90
200m Butterfly	2.59.44	2.59.44	2.40.86	2.34.16	2.19.17	2.07.48	2.06.00	2.02.10
100m Ind. Medley	1.19.00	1.18.00	1.15.50	1.12.50	1.10.50	1.05.20	1.02.00	1.01.80
200m Ind. Medley	2.53.40	2.53.40	2.40.97	2.35.65	2.19.33	2.17.00	2.12.40	2.08.20
400m Ind. Medley	6.50.20	6.12.40	5.45.10	5.32.60	5.10.30	4.56.40	4.45.80	4.32.10

Female								
Event	9	10	11	12	13	14	15	16/OV
50m Freestyle	33.08	33.08	29.74	28.91	28.05	27.95	27.62	27.50
100m Freestyle	1.14.40	1.14.40	1.05.10	1.02.44	59.81	59.75	59.50	59.00
200m Freestyle	2.41.97	2.41.97	2.18.22	2.13.91	2.11.12	2.10.58	2.09.14	2.08.60
400m Freestyle	6.00.10	5.22.80	5.00.20	4.44.50	4.42.60	4.40.10	4.37.50	4.35.80
50m Backstroke	38.90	38.90	35.81	32.98	32.00	31.75	31.5	31.00
100m Backstroke	1.23.32	1.23.32	1.15.63	1.08.57	1.07.95	1.07.50	1.07.20	1.07.00
200m Backstroke	2.51.86	2.51.86	2.38.81	2.29.79	2.25.64	2.24.00	2.23.78	2.23.00
50m Breaststroke	42.25	42.25	37.17	36.50	35.00	33.81	31.60	30.50
100m Breaststroke	1.34.74	1.34.74	1.21.06	1.18.56	1.16.50	1.16.30	1.16.20	1.15.30
200m Breaststroke	3.22.01	3.22.01	2.54.89	2.47.39	2.44.50	2.43.75	2.43.31	2.43.00
50m Butterfly	37.08	37.08	33.42	31.21	30.20	29.38	29.20	29.00
100m Butterfly	1.26.22	1.26.22	1.16.92	1.08.94	1.07.57	1.06.04	1.05.58	1.05.30
200m Butterfly	3.23.14	3.23.14	2.58.90	2.29.98	2.25.92	2.25.87	2.25.60	2.25.50
100m Ind. Medley	1.20.00	1.19.00	1.17.00	1.15.50	1.10.50	1.10.40	1.08.50	1.07.50
200m Ind. Medley	3.04.03	3.04.03	2.41.29	2.33.20	2.28.49	2.25.98	2.25.69	2.25.40
400m Ind. Medley	6.45.30	6.10.20	5.45.90	5.33.40	5.20.80	5.17.30	5.16.10	5.14.90

Entry times should be NO faster than those stated above.



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Schedule of Events

Session One (Saturday morning)		Session Two (Saturday afternoon)	
Warm up:	8:00am	Warm up:	TBA
Start:	9:00am	Start:	TBA
Event		Event	
101	Boys 400 Freestyle	201	Girls 400 IM
102	Girls 200 IM	202	Boys 200m Freestyle
103	Boys 100m Breaststroke	203	Girls 100m Butterfly
104	Girls 50m Butterfly	204	Boys 50m Backstroke
105	Boys 100m Freestyle	205	Girls 100m Backstroke
106	Girls 200m Backstroke	206	Boys 200m Breaststroke
107	Boys 200m Butterfly	207	Girls 50m Freestyle
108	Girls 50m Breaststroke	208	Boys 100 IM

Session Three (Sunday morning)		Session Four (Sunday afternoon)	
Warm up:	8:00am	Warm up:	TBA
Start:	9:00am	Start:	TBA
Event		Event	
301	Girls 400 Freestyle	401	Boys 400 IM
302	Boys 200 IM	402	Girls 200m Freestyle
303	Girls 100m Breaststroke	403	Boys 100m Butterfly
304	Boys 50m Butterfly	404	Girls 50m Backstroke
305	Girls 100m Freestyle	405	Boys 100m Backstroke
306	Boys 200m Backstroke	406	Girls 200m Breaststroke
307	Girls 200m Butterfly	407	Boys 50m Freestyle
308	Boys 50m Breaststroke	408	Girls 100 IM



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INDIVIDUAL ENTRY FORM

WOLVERHAMPTON SC LEVEL 3 OPEN MEET

(UNDER SE LAW and SE TECHNICAL RULES)

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

(Please complete in block capitals)

Club.....

Forename..... Surname.....

SE Reg No..... Male / Female

Date of Birth..... Age as at 27.03.2022.....

Address

Post Code..... Tel Number:

Email address.....

Event	Entry Time	Event	Entry Time
50m Freestyle		100m Breaststroke	
100m Freestyle		200m Breaststroke	
200m Freestyle		50m Butterfly	
400m Freestyle		100m Butterfly	
50m Backstroke		200m Butterfly	
100m Backstroke		100m IM	
200m Backstroke		200m IM	
50m Breaststroke		400m IM	

Number of electronic entries @ £6.50 per event

No of paper entries @ £7.00 per event

Total Amount

Signature of Competitor..... Date

I hereby confirm the above particulars are correct SIGNED..... (Club Official)



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SUMMARY OF ENTRIES

This form should be used as a summary of entries and coaches passes (separate application form required).
Entry to poolside will not be permitted without a coaches' pass.

Club:

Total Entries	@ £6.50 per event	£_____
Poolside Pass (Sat/Sun 1-day only)	@ £12.00 each	£_____
Poolside Pass (Full Weekend)	@ £20.00 each	£_____
	Total	£_____

Payment by BACS transfer as per terms and conditions please

Account Number 70883107 Sort Code 40-47-11

Please use Club name as payment reference

POOLSIDE PASS DETAILS

Person's Name	DBS Number

DBS Number must be supplied in advance of the meet,
Poolside passes **will not** be issued unless a valid DBS number has been provided.

I certify that all the above details are correct and that I will abide with the promoter's conditions:

Signed (Club Official): Date:

All entries accepted on a first come first served basis, the date that entries are received is the date the Meet Administrator has the completed Sportsystems entry file, summary sheet and payment.



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OFFICIALS - WE WOULD APPRECIATE YOUR HELP

Wolverhampton SC need many officials to run a successful open meet.

It is requested that all Clubs provide at least one licensed official per session.

If you are licensed and are willing to officiate at our open meet, could you complete the link to our officials sign up page when available. Entry Managers will be notified when the link is available. Lunch, refreshments and a gift will be provided.

To those officials in training, we are happy to offer mentoring and assessments subject to sufficient officials being available.

Any help you can offer will be very much appreciated.