



WOLVERHAMPTON SWIMMING CLUB

Founded 1876

(Affiliated to Staffordshire ASA & Swim England West Midlands)

Code of Conduct for Swimmers

All swimmers of Wolverhampton Swimming Club (WSC) will be asked to sign and return their acceptance of this Code (“the rules”) as part of the membership agreement. This indicates that they have read and understood the rules, and that they agree to follow them at all training sessions and galas. Some of our younger swimmers may need to have the rules carefully explained to them by a parent or carer.

The aim of WSC is to promote competitive swimming with a friendly open approach. The club is committed to treat everyone equally within the context of their activity, regardless of sex, ethnic origin, religion, disability or political persuasion. WSC believes that the welfare of children is everyone's responsibility and that all children and young people have a right to have fun, be safe and protected from harm.

As a club affiliated to Swim England we are expected to conduct our activities within the rules of the Association. These rules include the Code of Ethics, Code of Conduct and Equality Policy.

General Swimmer Conduct

- Ensure that your behaviour and personal conduct is of a high standard and reflects well on the club and the sport of swimming.
- Show respect for others and treat them how you would expect to be treated yourself. Bullying of any sort will not be tolerated.
- Show respect for the property of others.
- Use all swimming equipment in the appropriate way.
- Arrive in good time for the start of training sessions and galas.
- Carry out all appropriate instructions given by the Coach, teaching staff, poolside helpers or team stewards to the best of your ability.
- Notify the Coach, teaching staff, poolside helpers or team stewards of any relevant medical problem, injury or illness that may affect your swimming (e.g. asthma).
- If you have an urgent need to contact your parent(s) and/or guardian(s) during any training session or gala, please alert the Head Coach/Coach/Team Manager and inform them of your requirement so that they can make contact in an appropriate way.
- Use appropriate and socially accepted language (no swearing).
- Recognise the value and importance of coaches, officials and helpers (whether employed or volunteers). They give their time and resources to provide recreational activity for you. Do ensure that you actively support them.

Mobile Devices including Phones, Tablets and Other Image Capturing Equipment

Many Leisure Centres and Swimming Pools across the country now have policies in place which strictly prohibit the use of **mobile devices including phones, tablets and other image capturing equipment** both within the spectator areas and on poolside.

Furthermore, Staffordshire Amateur Swimming Association endorses this approach to promote safeguarding for all swimmers and requests that its member clubs are responsible for monitoring compliance.

As a club affiliated to the Staffordshire ASA, we are committed to conducting our activities within the rules and expectations of the Association.

Club Policy

It is recognised that smartphones and tablets contain a wide variety of functionality which can be susceptible to misuse.

Misuse includes, but is not restricted to the following;

- taking of and distribution of indecent images
- exploitation
- bullying

Misuse of smartphones and tablets can cause distress to individuals, impact on self-confidence and mental well-being, as well as affecting privacy and rights to confidentiality.

Such concerns are not exclusive to children and young people.

It can be very difficult to detect when smartphones and tablets are being used, particularly in relation to some of the additional functionality.

Due to the reasons outlined above, we have decided to introduce “**mobile free areas**” within the Club environment.

We request that **NO MOBILE DEVICES** are to be used on poolside during the following times;

- at Club Training Sessions
- at Open Meets, Club Galas or Regional/National Events
- at League Events and Galas eg Staffs League, Arena League & Diddy League etc.

The Club recognises that some swimmers like the facility of their phone for warm up race music, so we would ask that alternatives are considered such as MP3 players provided that they do not contain image recording functionality.

Whilst at Club training sessions across all locations (WV Active Central, Colton Hills Community School, Smestow School and any other locations used for occasional training camps), the following areas are considered to be the most vulnerable and sensitive;

- Changing Rooms
- Toilets
- Showers
- Poolside

Therefore, and with immediate effect a **ZERO TOLERANCE** policy has been introduced with regards to use of mobile devices by any individual in these areas.

Inappropriate use

Everyone should be aware that any members taking photographs or using vulgar, derogatory or obscene language while using a mobile device in any of the designated mobile free areas will face disciplinary action as sanctioned by the Club, which could result in the withdrawal of their membership.

Additionally, the taking or sending photographs of objectionable images may be subject to criminal proceedings outside of the Club.

Conduct during Training

- Listen to instructions from the Coach and/or teaching staff and ensure that you follow these instructions. You should take pride in your training and always perform to the best of your ability.
- Try to arrive in plenty of time with the correct equipment so that you can be ready to get into the water when the session begins.
- Do not enter the water until told to. You should not leave the poolside, for whatever reason, without permission from your coach.
- Do not push people off the blocks or off the poolside, and do not run on poolside.
- If you leave the session early for any reason, you must get changed and return to poolside promptly unless your parent is present.
- You, or your parent must inform the coach if you are to leave early.
- The coach cannot supervise you once you have left poolside. It is therefore preferable that an adult responsible for you is present at each training session.
- Failure to return to poolside if no responsible adult is present may put you in danger, and is a serious infringement of the code.
- Speak to the coach first if you are returning to training after illness or injury.
- Swimmers will not be permitted to train if the coach in charge of the session feels they are injured or unwell and training would be to their detriment. (Coaches will contact parents if a child is advised to leave the session)
- Swimmers are expected to concentrate on the training session and on instruction from the coaches. Do not be distracted, or distract others and do not keep looking over to the spectator area to parents/guardians.
- Swimmers are at the session to train. The important social side of being a member of the Club should take place before and after the session, and away from poolside.
- Maintain good lane discipline - this is essential if accidents are to be prevented. Swimmers should at all times follow the instructions of their coach as to all aspects of order, gap between swimmers, direction of swimming, and whether they should be swimming singly or otherwise.
- You should not interfere with other swimmers in the lane.
- You should swim complete lengths without stopping unless instructed otherwise.
- Swimmers should keep to the side of the lane to avoid collisions and enable overtaking. Any overtaking should be carried out with due care.
- Do not sit on lane ropes. These are expensive to repair and/or replace.
- When you have finished your set, move to one side to allow other swimmers to finish at the wall.

Long Course Training

- Conduct at long course training is as required for conduct on poolside for training.
- Remember you are representing the Club and good conduct is expected at all times.

Conduct at Galas

- Remember that you are representing the Club and that good conduct is expected at all times.
- Please respect the club's **NO MOBILE DEVICES** policy at all times.
- Be punctual. Arrive at least 15 minutes before the specified warm-up time.
- When first you arrive on poolside report to the team steward and remain with the team throughout the gala. If you need to leave the poolside for any reason get permission from the team steward or Coach. They need to know where you are at all times. If they can't find you, you may miss a race.
- Swim every event that you are asked to swim to the best of your ability, even if it is not your best or favourite stroke.
- Respect, encourage and support all of your teammates. They are as much a part of the team as you, and everyone's contribution to the team effort is important and should be valued and appreciated. Never denigrate the efforts of others.
- Do not leave litter on the poolside or in the changing room. Put all sweet wrappers, drinks bottles and other rubbish in a bin.

Failure to comply with the above rules will result in the coach/team manager taking the following actions:

- **1st offence: verbal warning.**
- **2nd offence: record name of swimmer in a logbook and parents to be informed after the session.**
- **3rd offence: as 2 above, but swimmer will be asked to leave poolside immediately. Staff will endeavour to contact parents to collect swimmer.**

The logbook will be reviewed on a monthly basis.

Swimmers appearing in the logbook more than **three times** will be spoken to along with their parent(s), the head coach and welfare officer. If a swimmer has been asked to leave a session **three times or more during a four week period** then the matter will be referred to a disciplinary panel as set out below.

As in the case above, or cases of deemed serious misconduct e.g. verbal or physical abuse, then swimmers will be asked to leave poolside immediately and coaches will contact parents to collect their swimmer. Coach(es) will report the incident to the welfare officer detailing as much information as possible as soon after the event as is allowed.

This will be recorded by the welfare officer, and if further investigations are required then it may be that the swimmer is temporarily suspended from training, dependent on the outcome of the investigation. The matter will be referred to a disciplinary panel.

The disciplinary panel will consist of at least one committee member; one member of poolside staff; one parent/member of the club and one adult (independent of the club and not related to the swimmer or directly involved in the incident). The panel will decide on an appropriate sanction: e.g. a fixed term suspension and/or behavioural contract, and in extreme cases it could result in permanent withdrawal from membership of the club (which may prevent a swimmer from joining another club). It could also result in the withdrawal of participation in club events, e.g. long course training.

If any case of serious misconduct by the same swimmer occurs within twelve months of the first infringement, and is subsequently proven by the panel, then the swimmer could be permanently excluded from the club. Any further misconduct or incidents logged by coaches within the same twelve months will result in a review of the swimmer by the panel and further sanctions may be imposed.

Please complete the information below

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I have read and understood the Wolverhampton Swimming Club

Code of Conduct for Swimmers

and agree to follow the Code at all training sessions, galas and events.

Name of swimmer (Print) _____

Signed (swimmer or parent/guardian if under 16): _____

Date: _____