

ANTI - BULLYING POLICY

OBJECTIVE: Boldmere SC does NOT accept bullying of any kind, and people found guilty of bullying will be dealt with severely¹, and expulsion from the Club may result.

What is bullying?

It is any behaviour that over time results in someone feeling bad or being hurt.

Who can be a bully?

Anyone can bully either intentionally or unintentionally; swimmers, coaches, teachers, parents, volunteers.

Who can be bullied?

Anyone can be bullied and be a victim.

What should an innocent bystander do?

Witnessing bullying and not doing anything about it is not acceptable.

What should do if I am being bullied or if I witness bullying?

You should do one or more of the following:

- Inform the teacher or coach or trusted adult in the Club.
- Discuss the issue with your parent/guardian
- Contact the Boldmere Welfare Officers:

Julie Wall/Melanie Mitulla Tel: 07879 912080 Email: melanie.mitulla@yahoo.com

- Phone Childline : **0808 800 5000**
- Phone Swimline : **0808 100 4001**

Notes:

Bullying may fall into the following categories: **2**

VERBAL: threatening consequences, spreading rumours, name calling, teasing, making sexual, racist, sectarian remarks, highlighting physical appearance or sporting ability.

PHYSICAL: kicking, punching, hitting, spitting, biting, tripping, theft or destruction of property and kit.

EMOTIONAL (often non-verbal): ignoring, excluding, getting people in to trouble, leaving them out of games, talking behind their backs, staring, writing unpleasant notes/letters/graffiti, writing letters/ text messages or comments on internet sites.

¹ In accordance with Club Constitution, Rules and ASA Rules.

² http://www.nspcc.org.uk/Inform/cpsu/Resources/Bullying/ChallengingBullyingInSportsClubs_wdf60571.pdf

The Committee of **Boldmere SC** will review this policy at regular intervals to ensure that it is effective and is achieving its stated objectives.