Covid-19 Risk Assessment

Each risk is scored on Severity and Likelihood to get a rating using the following table.

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| Severity | Likelihood |
| 1 – Inconvenience | 1- Very Unlikely |
| 2 - Minor Injury | 2 – Likely |
| 3 – Major Injury | 3 – Very Likely |
| 4 – Death | 4 - Certain |

The Rating is the Severity X Likelihood

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| Rating | Risk Level |
| 0-2 | Low (L) |
| 3-6 | Medium (M) |
| 6 + | High (H) |

The Risk assessment has been made and should be read in conjunction with the following reference documents:

* **[NHS hand washing Guidance](https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/)**
* [**Paper towels v hand dryers**](https://www.nursingtimes.net/news/research-and-innovation/paper-towels-much-more-effective-at-removing-viruses-than-hand-dryers-17-04-2020/)
* [**Use of hand creams**](https://www.nhs.uk/conditions/emollients/)
* [**Health Surveillance**](https://www.hse.gov.uk/skin/professional/health-surveillance.htm)
* [**Public Health Advice**](https://www.publichealth.hscni.net/news/covid-19-coronavirus)
* [**Covid-19 posters**](https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19)
* [**Social Distancing Guidance**](https://www.publichealth.hscni.net/news/covid-19-coronavirus)
* [**Face Mask Fitting**](https://www.hse.gov.uk/news/face-mask-ppe-rpe-coronavirus.htm)

*The Covid-19 Lead isn’t personally responsible for anyone within the club contracting the virus or responsible for their behaviour. The role is a control measure put in place to support the club in mitigating risks. But like our guidance states, until Covid-19 has a vaccination or has been completely eradicated we cannot return to training without a level of risk****. – Swim England***

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| Name of Club: | Boldmere Swimming & Water Polo Club | | | | |
| Date initial risk assessment carried out: | 29/06/20 | Person: | Max Coleman | Last Review date: | 30/07/20 |

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| Area/ Activity | What is the Hazard? | Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| Carpark | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Parents * Guardians * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | Information to members on social distancing designated car parking signage and controls at facility.  Recommendation for wearing of facial covering during travel to and from training . | 4 | 1 | Medium (4 x 1 =4) | Club Committee and Facility Operator |
| Facility entrance and reception area | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers * Parents | 4 | 2 | High  (4 X 2 = 8) | Social distancing-via separate entry to exit  Information given to parents of protocols. wearing of facial covering during travel to and from pool | 4 | 1 | Medium (4 x 1 =4) | Club Committee and Facility Operator |
| Changing rooms | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | No use of lockers and changing rooms.  Athletes to arrive in costume ready to swim. | 4 | 1 | Medium (4 x 1 =4) | Club Committee and Facility Operator |
| Area/ Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| Health screening | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | Completion of screening club health checklist before training session.  Covid Liaison to ask if all athletes and coaches are well and symptom free before each session.  People who are high or at moderate risk (clinically extremely vulnerable or clinically vulnerable) need to have sought medical advice from their GP before they return to swimming | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches/Covid-19 Officer Records to be kept to ensure all contact at sessions can be traced |
| Someone becomes unwell during session | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | Isolate individual remove from pool building if possible if not provide PPE including a mask and sit more than 2M away. If the individual is not an adult they must await a parent or guardian. Do not isolate a child in a small room with a chaperone | 4 | 1 | Medium (4 x 1 =4) | Covid-19 Officer  Facility officer / Lifeguard (depending on hire agreements) |
| Area/ Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| During activity | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes | 4 | 2 | High  (4 X 2 = 8) | Appropriate training to achieve social distancing protocols during activity  Pre and post pool exercise are not permitted  Whilst swimming stick to pre- agreed lane widths to allow swimmers to pass this will be determined by the pool operator | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches |
| Poolside | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | Social distancing protocols to be followed at all times  1 Covid Liaison support person for each squad or each multi- squad training session. In adult sessions it is possible but not recommended for this to be a coach | 4 | 1 | Medium (4 x 1 =4) | Lead Coach and Duty Manger or other suitable member of staff |
| Area/ Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| During activity | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes | 4 | 2 | High  (4 X 2 = 8) | Determine bather load using swim England guidance for pool loading .  Lanes to have multiple starting points so that swimmers at rest can maintain social distancing, swimming in all lanes must be clockwise. | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches |
| During activity | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes | 4 | 2 | High  (4 X 2 = 8) | Determine changing areas pool side that allow social distancing guidelines to be adhered to. | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches |
| During activity | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes | 4 | 2 | High  (4 X 2 = 8) | Athletes to remain within training group to avoid the possibility of cross group contamination | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches |
| During activity | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Coaches | 4 | 2 | High  (4 X 2 = 8) | Coaches to set up safe zones to deliver training whilst maintaining social distancing | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches |
| Area/ Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| During activity Water Polo | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes | 4 | 2 | High  (4 X 2 = 8) | To avoid any possible contact during training the following practices are currently not permitted   * Scrimmages of any size (game play) of any type * Contact drills, marking, offensive/defensive manoeuvres * Shooting with goalkeeper | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches/ Coaches |
| Hygiene measures | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | Where toilet facilities are available. Normal Covid-19 Rules will apply and to be communicated to all members by the pool operators. All members to follow pool operator guidelines | 4 | 1 | Medium (4 x 1 =4) | Pool Operators |
| Area/ Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| Equipment | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes | 4 | 2 | High  (4 X 2 = 8) | Communication regarding use and sharing of equipment floats, fins, goggles etc is prohibited.  Recommendation of cleaning protocols after each training session to be circulated.  Water Polo balls to be cleaned after every session Submerging equipment in adequately disinfected swimming pool water will reduce the risk of transmission.  Water Polo goals to be wiped down after each session. | 4 | 1 | Medium (4 x 1 =4) | Club Committee |
| Food and Drink | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes | 4 | 2 | High  (4 X 2 = 8) | Communication regarding use and sharing of water bottles is prohibited  Food should not be bought into the training session. | 4 | 1 | Medium (4 x 1 =4) | Club Committee |
| Area/ Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| During activity Water Polo | Spread of Covid-19 Coronavirus leading to infection and possibly death | Athletes | 4 | 2 | High  (4 X 2 = 8) | Passing is allowed as long as athletes are trained to put hand in water after each pass, this training can be undertaken at 1st training session allowing passing from session 2 | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches/ Coaches |
| Land Training | Spread of Covid-19 Coronavirus leading to infection and possibly death | Coaches | 4 | 2 | High  (4 X 2 = 8) | All coaches performing land training must be trained in Land Training. | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches/ Coaches |
| Area/ Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| During activity | Spread of Covid-19 Coronavirus leading to infection and possibly death | Coaches | 4 | 2 | High  (4 X 2 = 8) | All coaching must be performed from the side of the pool with the coach out of the water | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches/ Coaches |
| Exit | Spread of Covid-19 Coronavirus Exit | * Parents * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | One-way system in place. Athlete to leave facility wearing wet costume. Include five-minute break between squad entry and exit to enable the maintaining social distancing rules at all times.  Instruction to parents for collection their children (younger age groups). | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches, Facility Operator |
| Athlete sign up | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | Completion of Swim England declaration before 1st training session to highlight importance of new Covid secure measures. Signed by Athlete or appropriate adult. | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches/Covid-19 Officer  Records to be kept |
| Area/ Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| Athlete with breathing difficulties | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | Follow RLSS guidance for aiding distressed individual DO NOT use recue breaths perform CPR until you can hand over to trained lifeguard or trained first aider wearing PPE | 4 | 1 | Medium (4 x 1 =4) | Coaches/ Swimming teachers |
| Athlete Coach or Volunteers report that they have tested positive for Covid19 | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | All people in training groups will be contacted and information given to Government track and trace teams | 4 | 1 | Medium (4 x 1 =4) | Coaches/ Swimming teachers |
| Area/Activity | What is the Hazard? | * Who might be harmed and How | Severity  (1-4) | Likelihood  (1-4) | Risk rating and score before controls | Controls required | Severity  (1-4) | Likelihood  (1-4) | Risk rating and Score after controls | Actioned by |
| Health screening for people who work with Covid 19 such as nurses | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | Health workers and individuals who are exposed to Covid 19 as part of their job should explain to their employer and ask advise if it is safe to train and coach in a pool environment. They should document a record of the conversation and include this when they return the Health survey. If their employers feel it is afe to return to the pool they can train but not coach. | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches/Covid-19 Officer Records to be kept to ensure all contact at sessions can be traced |
| Health screening | Spread of Covid-19 Coronavirus leading to infection and possibly death | * Athletes * Coaches * Volunteers | 4 | 2 | High  (4 X 2 = 8) | People who answer yes to having had covid 19 need to discuss with their doctor and seek agreement that they can train. They should document a record of the conversation and include this when they return the Health survey. | 4 | 1 | Medium (4 x 1 =4) | Lead Coaches/Covid-19 Officer Records to be kept to ensure all contact at sessions can be traced |