

CODE OF CONDUCT FOR PARENTS

Parents play an important role in the success of any swimmer, particularly young ones. With the right kind of support and encouragement, your swimmer will progress steadily and enjoy a rewarding experience.

- * Be a supporter and stabiliser through the inevitable ups and downs of victory and defeat. Encourage swimmers to take their swimming related problems to the coaching/teaching staff. They have the training, experience and perspective needed to deal with these problems.
- * Encourage your child to know the rules and play within them.
- * Be patient with your child's progress. Every athlete progresses at a different pace. Keep in mind that long-term improvement is the ultimate goal for a happy successful career.
- * Leave the coaching/teaching to the coaches/teachers. Do not pressure or offer swimming advice, it is the coaches/teachers job to offer constructive criticism of a swimmer's performance. It is the parent's role to supply the support, recognition and encouragement necessary to help their swimmers feel good about themselves.
- * Parents are welcome to attend swim practice but should not interfere or interrupt the coach/teacher. A two-way relationship exists daily at practice and it is imperative that coaches have the swimmer's full attention at this time
- * Nip your coaching/teaching concerns in the bud. Arrange a meeting away from the poolside and discuss your concerns. Coaches always have the best interest of swimmers in mind and at heart. Never let a disagreement with a coach/teacher be known to the swimmer. This can destroy a positive relationship.
- * Help swimmers develop good health habits with respect to pre-training and pre-race meals, general diet, rest, appropriate dress and positive attitudes.
- * Parents are the backbone of age group swimming. Please volunteer to help the club. Without your support, swimming would cost much more and the more support we receive, the less swimming will cost.
- * During competitions parents and family members should adopt a positive and sportsmanlike attitude and remain in the spectator area, not in the team area. Never dispute results and rulings of meet officials, that is the coaches job.
- * Stay informed. Check the notice boards, web site or ask at the desk and read handouts distributed at practices. If you are required to give a response or make payments, please do so promptly and on time.
- * Coaches or the committee will inform by letter, if necessary, the parents of any swimmer who has been subject to disciplinary action.

- * All SSC families are encouraged to participate in swim team related activities. Much can be gained from socialising away from the competitive and training arena.
- * Understand that all coaching/teaching decisions are just that. Coaches/Teachers are not perfect, but will always try to do what they feel is right and fair. Their job is to think of all the swimmers, not just one nor a few.
- * Do not force your child to take part in sport.