STOURBRIDGE SWIMMING CLUB STORM FORCE MEET Short Course Upper Cut Off Times

 Level 3 License (LAP)

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Boys/ | Male |  |  |  |  |  | Event |  |  | Girls/ | Female  |  |  |  |  |
| 9 yra | 10 yrs | 11 yrs | 12 yrs | 13 yrs | 14 yrs | 15 yrs | 16/17yrs |  | 9yrs | 10 yrs | 11 yrs | 12 yrs | 13 yrs | 14 yrs | 15 yrs | 16/17yrs |
| 32.9 | 31.10 | 29.60 | 27.90 | 26.60 | 25.60 | 25.21 | 25.21 | 50 Free | 33.0 | 31.40 | 30.00 | 28.60 | 27.90 | 27.80 | 27.68 | 27.68 |
| 1.12.8 | 1.07.80 | 1.03.90 | 59.8 | 56.80 | 54.80 | 54.58 | 54.58 | 100 Free | 1.11.90 | 1.09.00 | 1.04.30 | 1.03.00 | 1.02.00 | 1.01.00 | 1.00.08 | 1.00.08 |
| 2.35.20 | 2.26.10 | 2.18.00 | 2.09.80 | 2.03.40 | 2.01.00 | 1.59.59 | 1.59.59 | 200 Free | 2.35.20 | 2.26.50 | 2.18.40 | 2.14.00 | 2.12.60 | 2.11.90 | 2.10.30 | 2.10.30 |
| 6.06.00 | 5.20.50 | 5.00.40 | 4.44.00 | 4.33.10 | 4.23.90 | 4.15.26 | 4.15.26 | 400 Free | 6.12.50 | 5.24.90 | 5.00.10 | 4.44.60 | 4.41.20 | 4.38.10 | 4.35.93 | 4.35.93 |
| 42.90 | 38.50 | 36.10 | 33.80 | 32.50 | 31.40 | 30.54 | 30.54 | 50 Breast | 42.50 | 41.00 | 38.50 | 36.40 | 35.20 | 34.50 | 34.53 | 34.53 |
| 1.35.10 | 1.29.30 | 1.22.70 | 1.17.20 | 1.12.30 | 1.10.00 | 1.09.52 | 1.09.52 | 100 Breast | 1.34.00 | 1.29.60 | 1.22.50 | 1.20.00 | 1.19.10 | 1.18.00 | 1.16.63 | 1.16.63 |
| 3.18.00 | 3.03.00 | 2.55.00 | 2.46.00 | 2.36.70 | 2.34.20 | 2.23.45 | 2.23.45 | 200 Breast | 3.22.10 | 3.05.10 | 2.56.90 | 2.50.20 | 2.48.10 | 2.46.70 | 2.44.76 | 2.46.76 |
| 35.60 | 34.90 | 32.80 | 31.00 | 29.00 | 27.70 | 26.02 | 26.02 | 50 Fly | 35.7 | 34.80 | 33.10 | 31.40 | 30.50 | 29.90 | 28.93 | 28.93 |
| 1.24.70 | 1.19.00 | 1.12.50 | 1.07.60 | 1.03.60 | 1.00.80 | 59.39 | 59.39 | 100 Fly | 1.23.40 | 1.19.30 | 1.12.60 | 1.08.20 | 1.07.20 | 1.06.60 | 1.05.85 | 1.05.85 |
| 3.15.40 | 2.54.00 | 2.38.30 | 2.28.80 | 2.20.50 | 2.14.60 | 2.13.82 | 2.13.82 | 200 Fly | 3.08.40 | 2.56.00 | 2.39.80 | 2.33.40 | 2.31.40 | 2.29.90 | 2.27.78 | 2.27.78 |
| 37.90 | 36.00 | 34.10 | 30.40 | 29.40 | 28.40 | 27.90 | 27.90 | 50 Back | 36.60 | 35.90 | 34.00 | 32.50 | 31.60 | 31.00 | 30.87 | 30.87 |
| 1.22.00 | 1.18.00 | 1.12.30 | 1.08.00 | 1.04.10 | 1.02.00 | 1.01.40 | 1.01.40 | 100 Back | 1.21.90 | 1.18.10 | 1.12.30 | 1.10.20 | 1.09.20 | 1.08.10 | 1.07.57 | 1.07.57 |
| 2.25.00 | 2.41.20 | 2.33.60 | 2.25.00 | 2.25.00 | 2.16.70 | 2.14.01 | 2.14.01 | 200 Back | 2.53.90 | 2.42.20 | 2.32.50 | 2.30.00 | 2.29.50 | 2.27.20 | 2.25.69 | 2.25.69 |
| 1.23.20 | 1.22.70 | 1.18.30 | 1.12.90 | 1.08.10 | 1.05.50 | 1.02.90 | 1.02.90 | 100 IM | 1.23.70 | 1.23.20 | 1.18.30 | 1.13.00 | 1.10.70 | 1.08.20 | 1.08.10 | 1.08.10 |
| 3.10.80 | 2.54.90 | 2.43.40 | 2.36.20 | 2.28.60 | 2.20.90 | 2.15.27 | 2.15.27 | 200 IM | 3.12.50 | 2.54.80 | 2.43.20 | 2.37.80 | 2.32.70 | 2.28.70 | 2.27.78 | 2.27.78 |
| 6.50.10 | 6.16.40 | 5.46.60 | 5.35.30 | 5.11.30 | 4.56.40 | 4.50.76 | 4.50.76 | 400 IM | 6.50.10 | 6.15.50 | 5.44.30 | 5.35.40 | 5.20.30 | 5.15.20 | 5.13.04 | 5.13.04 |